

American University of Beirut

The Farm: An Advancement Back to Nature

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SUBMITTAL FORM

[THE FARM: AN ADVANCEMENT BACK TO NATURE]

by

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(as listed in AUB Catalogue of current year)

Date of Thesis final presentation: [May 17, 2020]

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The isolation of people from nature and its consequences has been a disaster to the human race. Arguably, this isolation happened at the dawn of the industrial revolution. While industrial society opened the doors to mass production, infrastructure, and technological advancements, the doors that connected the human spirit to nature and the simplicities of life were inevitably shut. The repercussions have not gone by unnoticed.

The “advancement” of modern society has led to an industrial-technological system that has destabilized, and disregarded, traditional “primitive” societies, while leading the average human into a mind-space and heart-space of unfulfillment, psychological instability, and detachment from the inner self and natural human senses. The physical world has also paid a price. Environmental degradation and the destruction of wild nature are clear exemplifications that we the human race, somewhere and somehow, have gone wrong.

Advancements in infrastructure and technology have made it easy for the economic and technological society to overshadow rural agricultural societies. Consequently, this has left insufficient public attention on rural communities where the human is still able to lead simple lifestyles, living closely with nature.

This dissertation raises a question on the potential of architectural interference. If the development of agricultural societies 20,000 years ago was the starting point of human settlement, therefore the development of architecture was only ever made possible due to agriculture. Unfortunately though, agricultural societies are not given the praise and justice they deserve. So what does the architectural discourse think of this? This thesis poses two main questions. Firstly, considering the irony of the statement, is it possible for an architectural and technological innovation to stand for advanced sustainability yet achieve the simplicity of the primitive past? Secondly, how can one practice architecture not only sustainably, but also mindfully, in the revival of rural communities?

“Society is collapsing and people are starting to recognize that the reason they feel like they’re mentally ill is that they are living in a system that is not designed to suit the human spirit.”

-Jim Carrey

Part one

Since the beginning of time, the Homo Sapien has evolved to live in wilderness. Our minds and bodies have evolved under the guidelines that nature set for survival. With time, the human grew powerful and was able to “outsmart” the laws of nature through advancements that have led us to believe that we no longer need the river, the rock, the tree, or the goat to get by our daily lives. What we did not notice, however, is that the detachment from nature continues to impact us in the one place where the fate of humanity lies: our minds.



“I spend a lot of my time working with folk who simply don't notice things, cannot work their ears or drive their eyes, in fact, use their senses in a way that seems natural and instinctive to me.” (Nick Baker, Rewilding: the Art of Returning to Nature)

Of the many fantasies of natural wilderness is the ways through which simple interactions between the human and the Earth may activate and enrich the human sensual experience.
An architecture that is sensible to nature is one that will allow and strengthen this experience of the human senses.



Sensual engagement



Interacting with nature



Interacting with nature



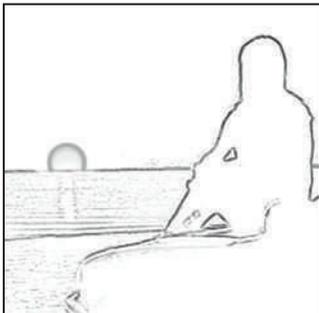
Sensual engagement



Interacting with nature



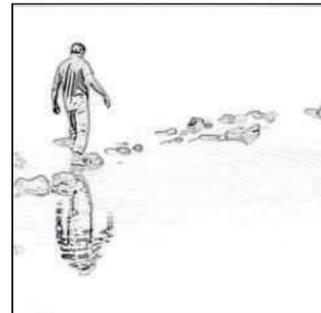
Sensual engagement



Sensual engagement



Interacting with nature



Interacting with nature

Almost anyone today will agree that we live in a deeply troubled society, and considering how far off we have drifted from the natural environment where our minds and bodies have evolved to live, this realization is no coincidence.

Throughout the architectural discourse, the architect is taught the rules of construction. She or he grows the skill required in order to design and construct in our expanding society. The architect knows that there is a direct relationship between the well being of the human and her or his physical surrounding. And so where does this leave the architect who believes that excessive construction, consumption, and consumerism are the cause to the troubles of our society. Perhaps the architect can use her or his skill and knowledge in innovation to defy the odds and propose a progression that allows for regression.

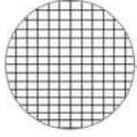
Detachment
to nature



Overpopulation



Unnatural
geometric
surrounding



Air pollution



City sound
pollution



Man-made
views



Technological
enmeshment

Depressive
tendencies

Lack of
sensuality

Environmental
degradation

Complexity

Anxiety

Materialistic
mindset

Health
risks



Physical
wellbeing

Minimalistic
mindset

Mindfulness

Simplicity

Sensibility to
nature

Attentiveness to
senses

Sense of
fulfillment

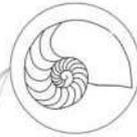
Sense of
freedom



Interaction
with earth



Interaction
with animals



Natural
proportions/
shapes



Natural
airflow



Sounds of
nature



Natural
views



Megaphones: Sensual enhancements



Earthship Patagonia, Argentina

Free Spirit Spheres, Canada

Stf Kolarbyn Eco Lodge, Sweden

Research on healing gardens concludes that there are certain factors (listed on the right of the below diagram) that dictate the extents to which the human is affected by his or her natural surrounding. The intersection between those factors and the levels through which our minds are impacted by nature (listed on the left of the diagram below), allows for the speculation of certain architectural and programmatic gestures that enhance the humans experience in nature. Those guidelines will inform future decisions that will be taken in the realization of this project.

Materiality

Scensory stimulation

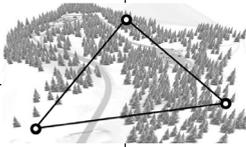
Direct and Indirect interactions

User interaction

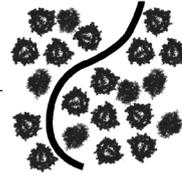
The Physical



Constrcution materials exist harmohiously with nature



Program distribution that encourages circulation through nature



Nature dictates circulation



Programs that encourage the interaction with nature

Fascination

The properties of the space that holds ones attanetion effortlessly

The visual and acoustic



Various degrees of disconnection to infrastructure

Compatibility

The properties of the environment that supports what one wants to do

Observation and reflection



Offgrid zones and gradation of wildreness

Being away

A physical or conceptual distance in ones mind from usual

The unnoticed impact



Opportunities provided along circulation to interact with nature



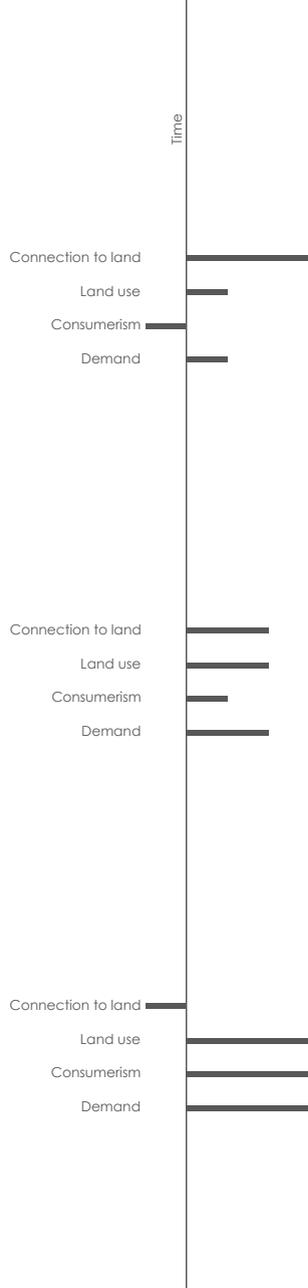
Priority to all species

Extent

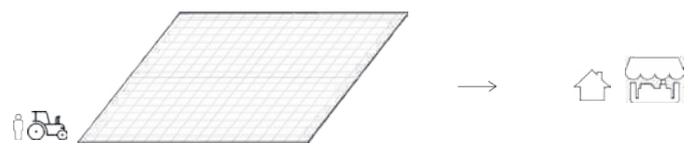
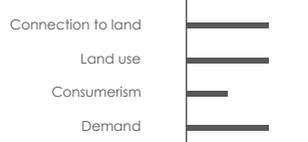
The extent to which the environment allows one to be

With the rise of the industrial revolution, the machine has allowed man to surpass his natural capabilities. Excessive exploitation of land mass happened in parallel with over population.

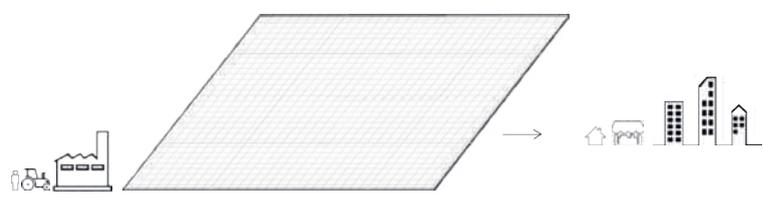
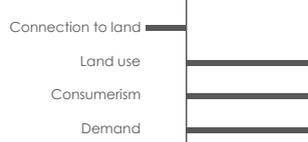
As a result, humans lost the personal connection to their land, and lent it over to the machine. Insensitivity to nature was simply a by-product of human greed.



The single man had just enough man power to cover a plot of land large enough to sustain feeding his family. The man worked the field with his bare hands and had a greater personal connection to his land.



With the introduction of the machine, the man was able to cover larger plots of land. The man produced more, therefore he began to market and sell. The machine began to take the place of the mans bare hands.



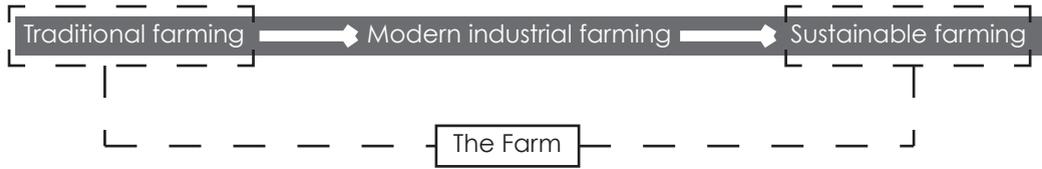
Industrialization grew, along with demand. The man needed more land to produce more. The man lost the connection to his land.



Rather than paying attention to the need to bring the human back to nature, technological innovations in farming have focused on methods that widen the gap between the human and the land from which her or his life is made possible.



The intenton of this project will be to draw from the simplicity and sensitivity of traditional farming methods, as well as from the advancements in sustainable agriculture, while learning from the wrong doings of modern industrial farming, to arrive at a decentralized rural farm. The farm will be a tool to enahnce to livelihoods of local farmers while presenting the platform for individuals to emmerse themselves in nature.



Case 1: Vejlskovgaard Stable / LUMO Architects

Case 2: Goldsmith Architects / Floating Dairy Farm

Case 3: Natuurderij Keizersrande / DAAD Architects

A productive floating farm system to bring food closer to cities.

A replicable and scalable modular design that can be done on a worldwide scale at different locations.

Combines different market available technologies into a simbiotic single productive platform.

Case study 1: Sustainable farming
Floating farms



Rainwater collection

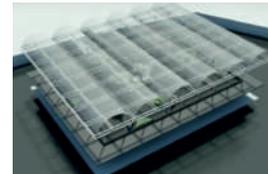
- 1 Food wall irrigation
- 2 Water filtering
- 3 Drinking water (cows)
- 4 Clean water for aquaponics (vegetable and fish)

Urine/Feces collection

- 5 Artificial grass/Substrate urine collection
- 6 Feces collection by robot

Energy production

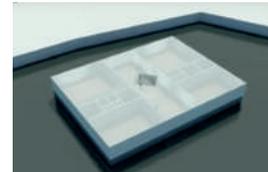
- 7 Biogas (biogas and fertilizers)
- 8 Power plant (Heat and electricity)
- 9 Photovoltaic panels
- 10 LED lighting (grass production)



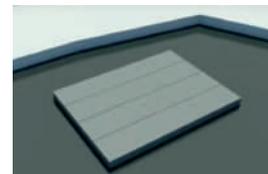
Layer 4: Roof structure



Layer 3: Cow stable



Layer 2: Rainwater collection and manure processing



Layer 1: Base structure

Similar example: Floating aquaponic farm



Layer 1: Aquaculture - Fish and other species



Layer 2: Hydroponics - Crop production



Layer 3: Solar energy plant

An open structure on the green field with as much oversight as well as insight for the cows, staff, and visitors.

Enhances and respects the quality of the surrounding nature through shape and structure.

Connects to different and important surrounding spaces and qualities.

Architectural intent is focused on animal welfare, quality and openness rather than signaling the industry.

Case study 2: Animal sensitive farming Dairy farm



A balcony and path in the grounds around the building gives opportunities to educate and communicate the agriculture industry to visitors.



The free stall barn promotes ethical attitude to the animals as they are the focal point of the entire production.



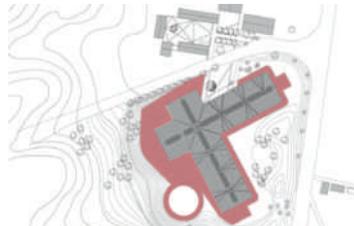
The architecture is characterized by the dormer profiles where roof and facade flow together and are of the same material.



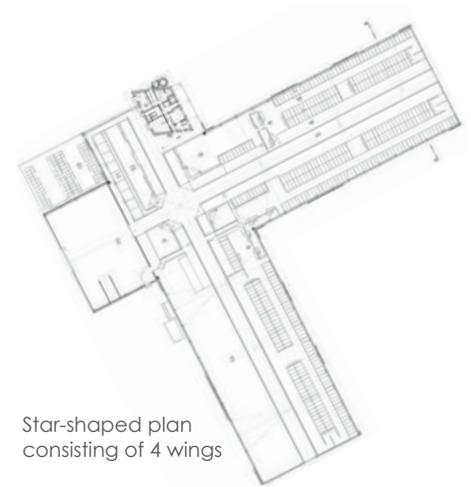
Connection to old barn house



Openings for views and ventilation



Openings for views and ventilation



Star-shaped plan consisting of 4 wings

Program and functions:

1. Entrance to service building
2. Office
3. Milk shop
4. Milk processing
5. Feed preparation area
6. Slatted floor above slurry channel
7. Cubicle
8. Milking station
9. Grooming area
10. Calving area
11. Mother-calf cubicles
12. Calf boxes
13. Storage
14. Reserves

Sustainable farming, estate development, and environmental and water management are interconnected.

The use of sustainable and local material and construction and temporary facades.

Exhibits sensibility to the surrounding natural landscape.

Case study 2: Sustainable farming Dairy farm



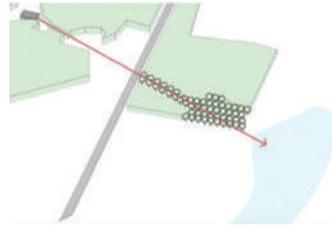
The estate is located where the lower and higher floodplains meet. The spatial configuration ensures that water floods towards the floodplains.



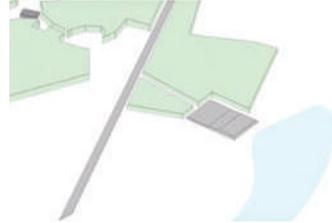
The farm is designed to provide space for education.



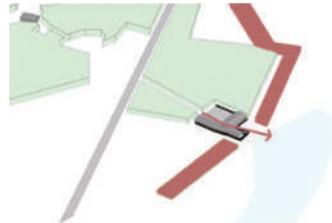
Felled oak trees are used for construction. Slats and stacked straw bales are used as façade covering. Through these temporary facades, useful internal spaces can be constructed.



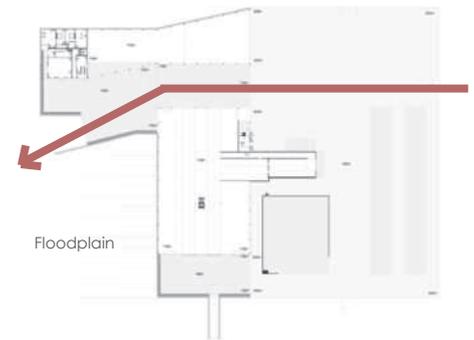
Oak trees to be felled for construction to maintain sight line from old KeizersRande estate



Ground composed of three terraces at different heights, ensuring flow into the floodplains at all water levels.



Final design with new avenue and continuous water path to flood plain



Floodplain

“Within nature lies the cure for humanity”

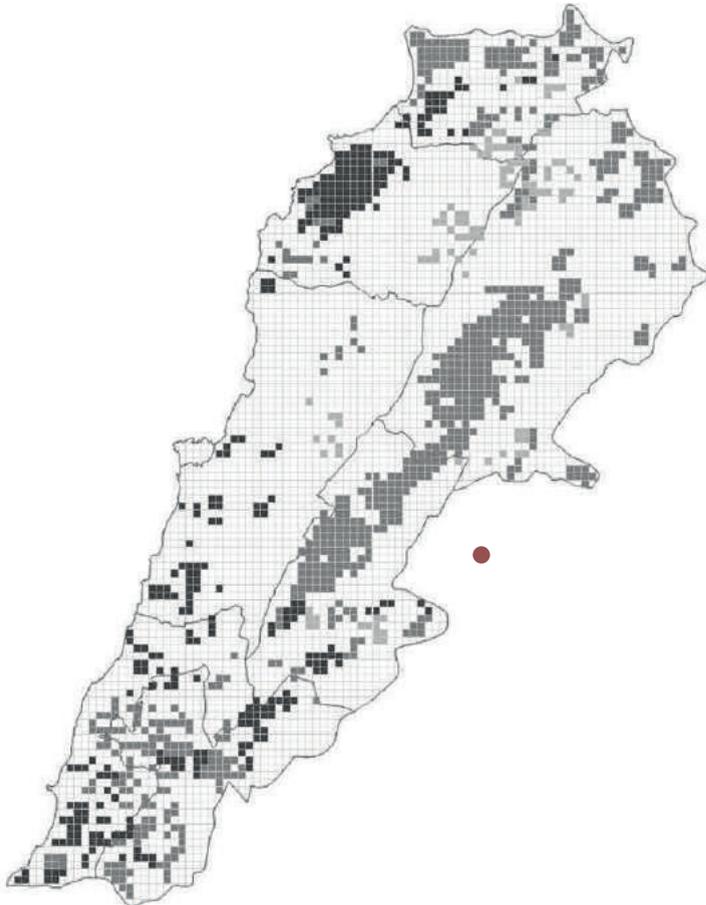
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Part two

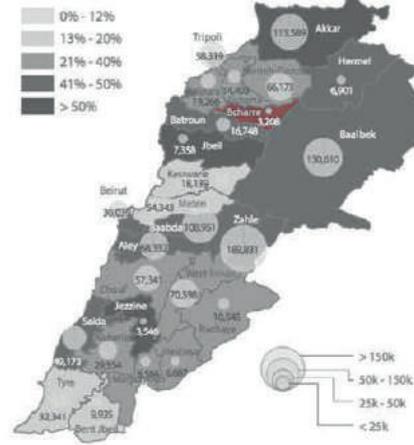
It goes without mention that Lebanon's agricultural sector is the main source of income to many households based in the rural regions of the country. At a larger scale, these agricultural businesses, due to the strong inter-sector linkages, remain to be important in the country's national economy. Agribusinesses, whether small scale or large scale, make a steady contribution to national output, as well as provides employment opportunities to many individuals. In addition to playing a vital role in the country's national resource management, agriculture contributes significantly to Lebanon's status on sustainable development.

The unfortunate matter of fact is that the agricultural sector contribution to Lebanon's GDP is dropping annually at a rate of 3.9%. This decline in percentage is associated with certain socio-economical as well as spatial challenges that farmers face. Consequently, It is estimated that over 40% of households working in agriculture in Lebanon are poor, and that workers in agriculture are the poorest amongst all workers.

Promoting sustainable agriculture and rural development in North Lebanon, where agricultural is not as successful as in the remainder of the country, will be a major intent of this project.



Food shortage by district



Major goat farms



District	Operations with goats	Number of goats	Average per herd
West Bekaa	343	52,265	152
Zahle	279	20,155	72
Baalbak	1,150	75,305	65
Hermel	515	30,729	60
Rachaya	209	27,851	133
Bcharre	Negligible	Negligible	Negligible

Domestic goats in Lebanon

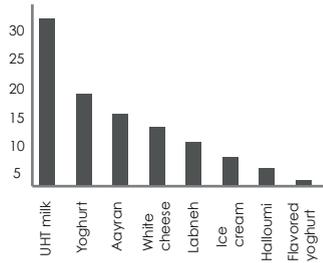
Chami



Lebanese Baladi Goat

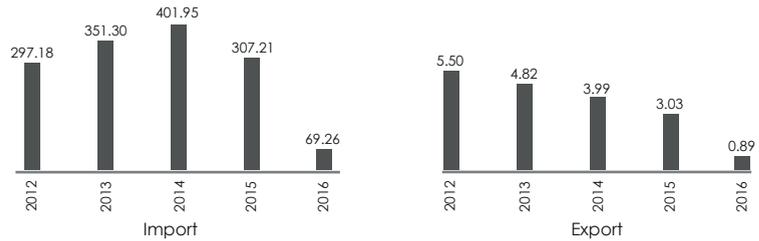


Milk product consumption (%)



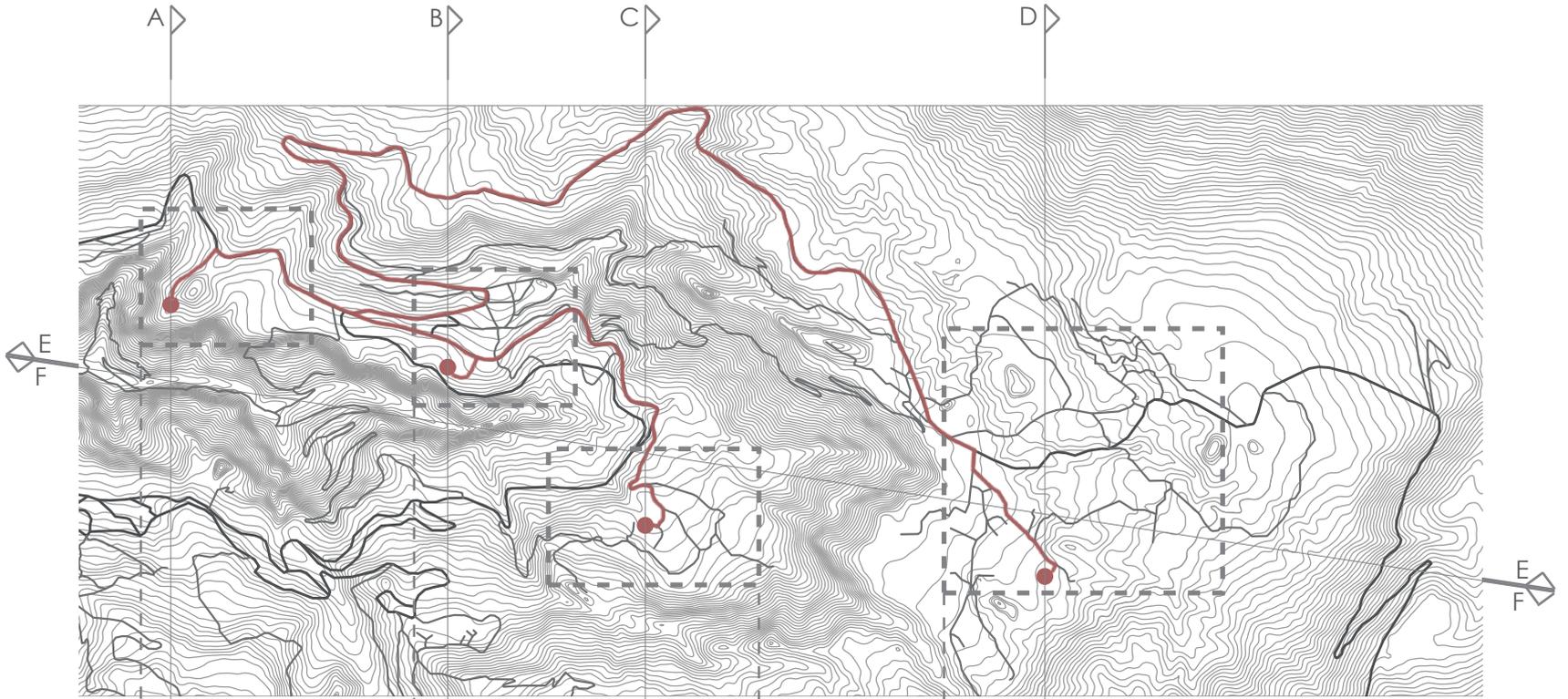
Milk product import vs. export (Million \$)

Note: graphs not to scale



The four chosen site locations were decided upon based on the thematic qualities of the areas, all within the Bcharre district. An interplay between an agricultural area, a touristic area, a town market center, and a barren natural attraction will allow for a set of farms that work together to create a network. This network exists in order to:

- 1) Enhance the businesses of small and large scale farmers in the area
- 2) Engage agri/eco-tourism in the rural development of Bcharre
- 3) Promote sustainable farming methods through an efficient network of production and distribution.



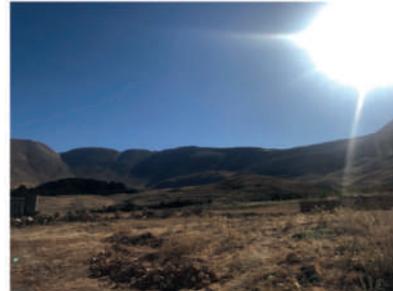
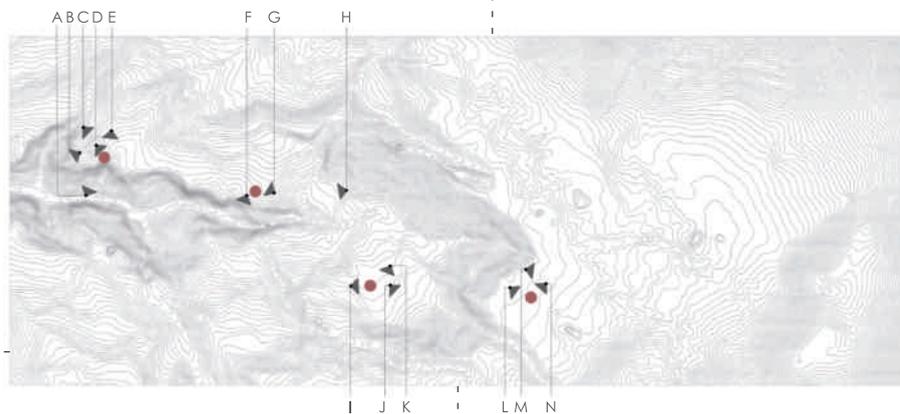
El Huwwe
Natural landmark

Bcharre town
Town center

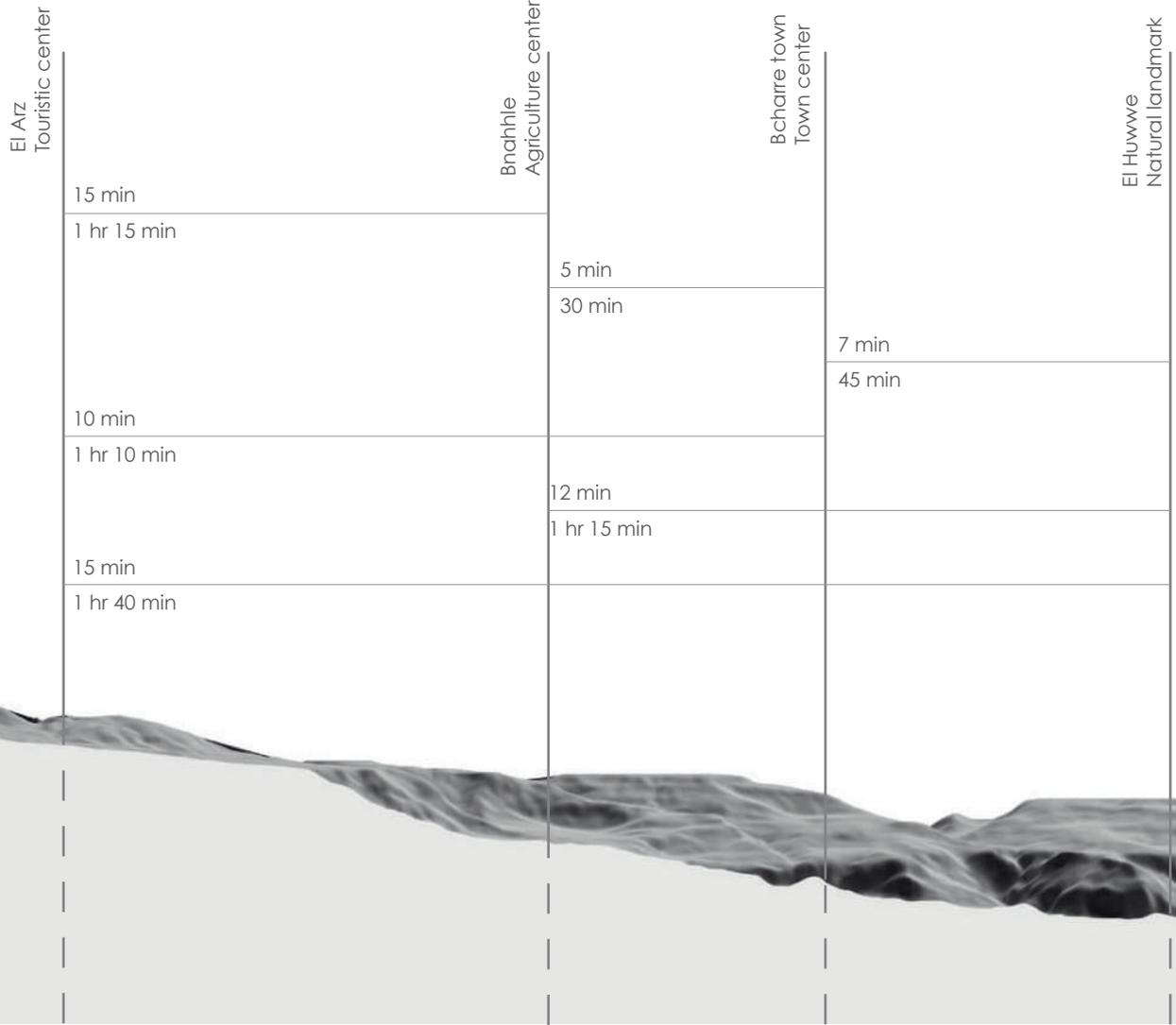
Bnahhle
Agriculture center

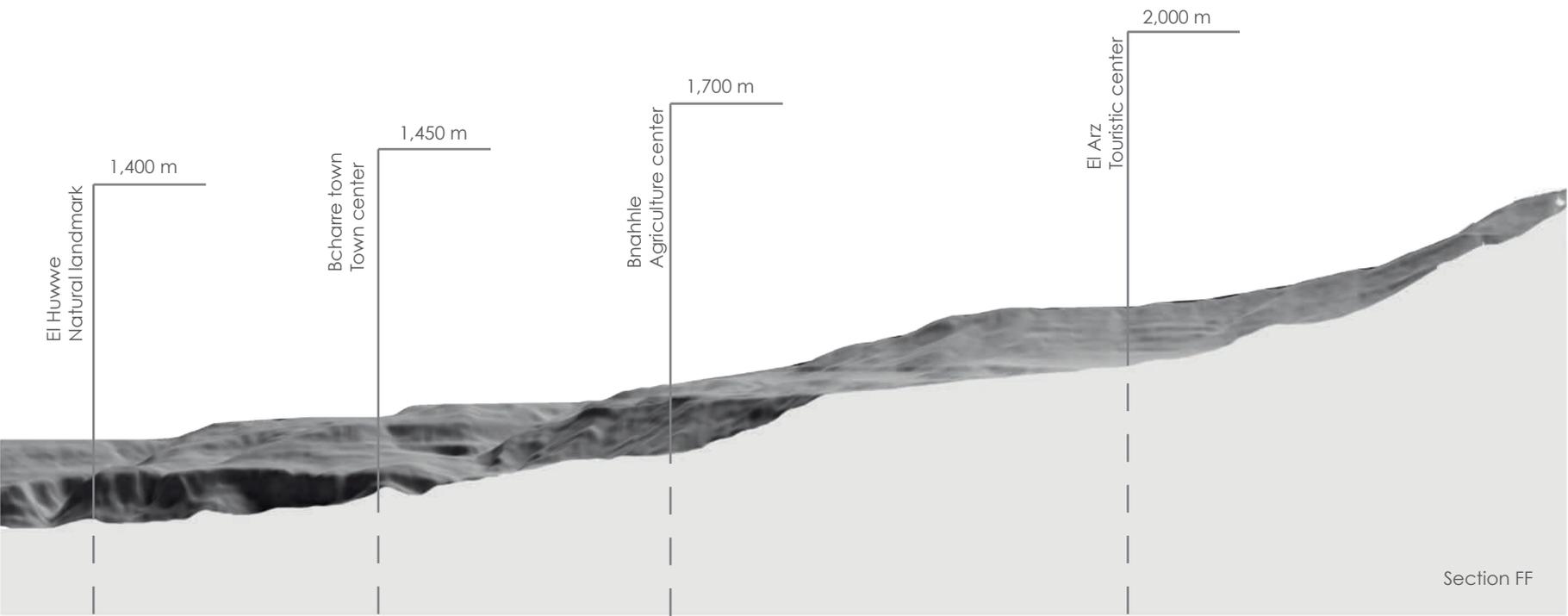
El Arz
Touristic center

Although there is only a maximum of 7 kilometers in the distance between the four sites, each has a distinct landscape and topographical character that allow for different possibilities in agricultural as well as programmatic functions.



x min	Car
x min	Foot





El Huwwe
Natural landmark

1,400 m

Bcharre town
Town center

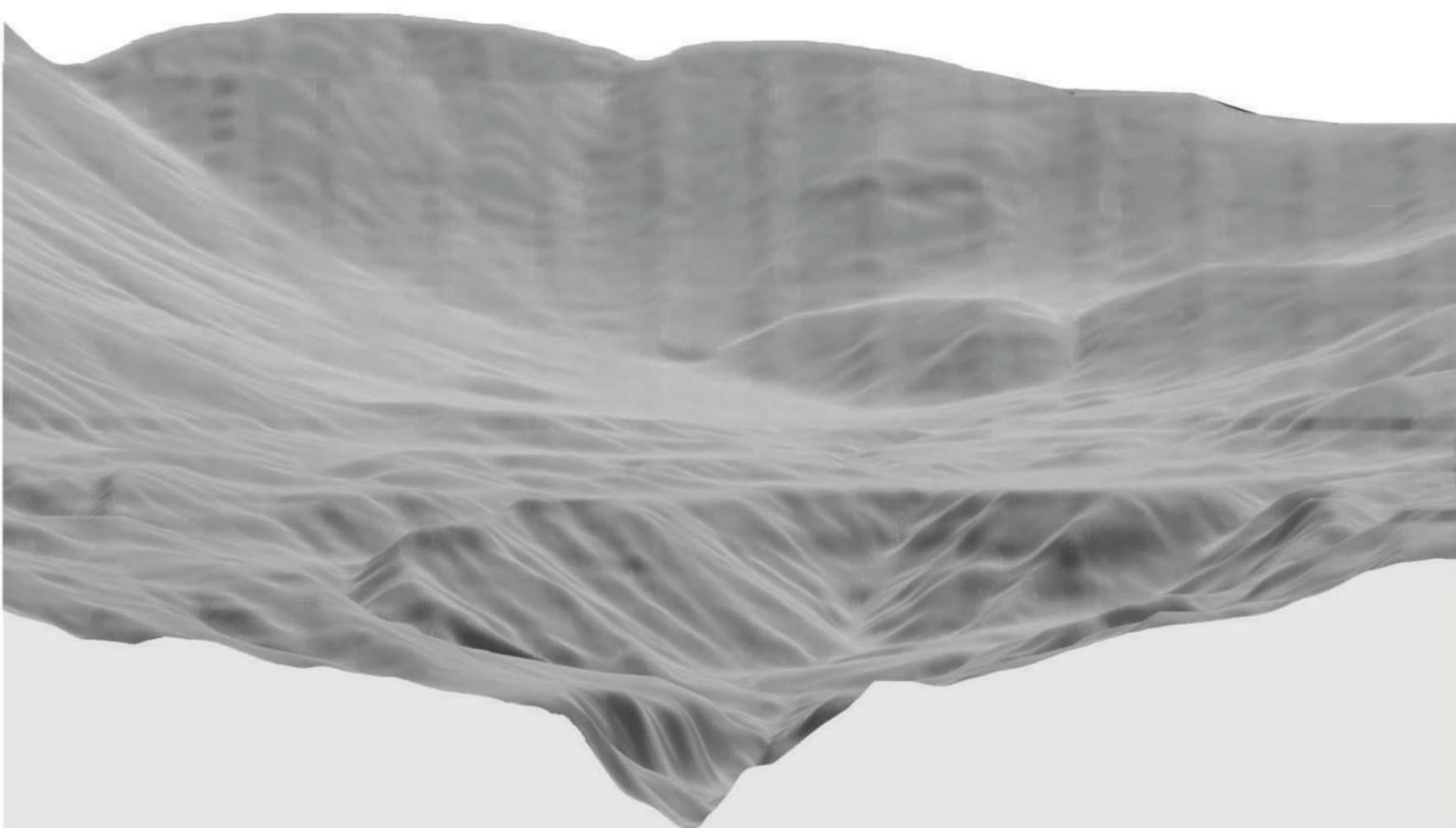
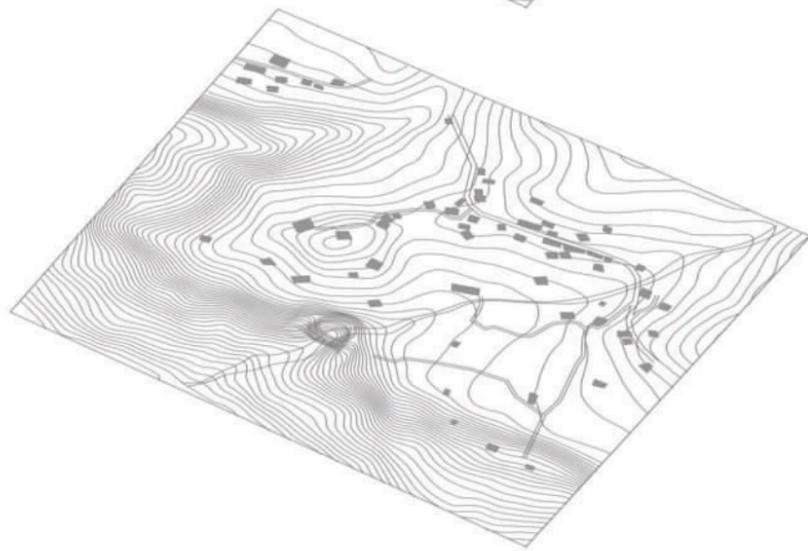
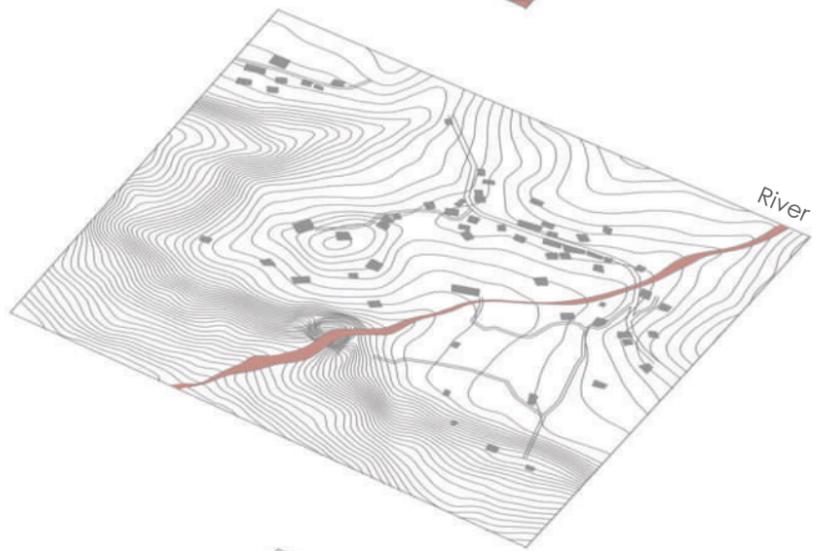
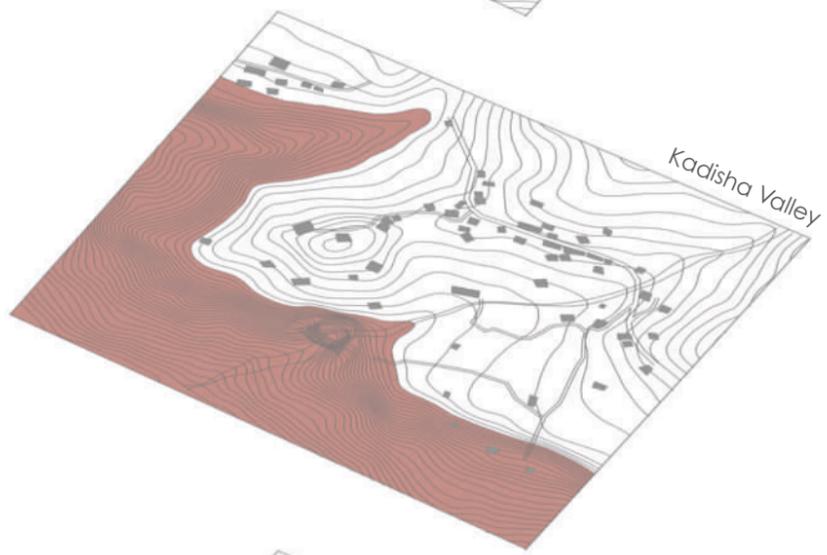
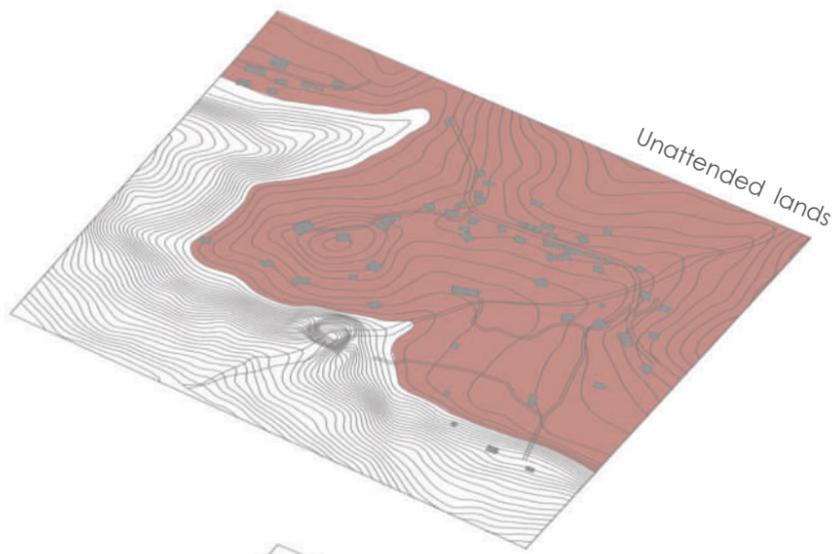
1,450 m

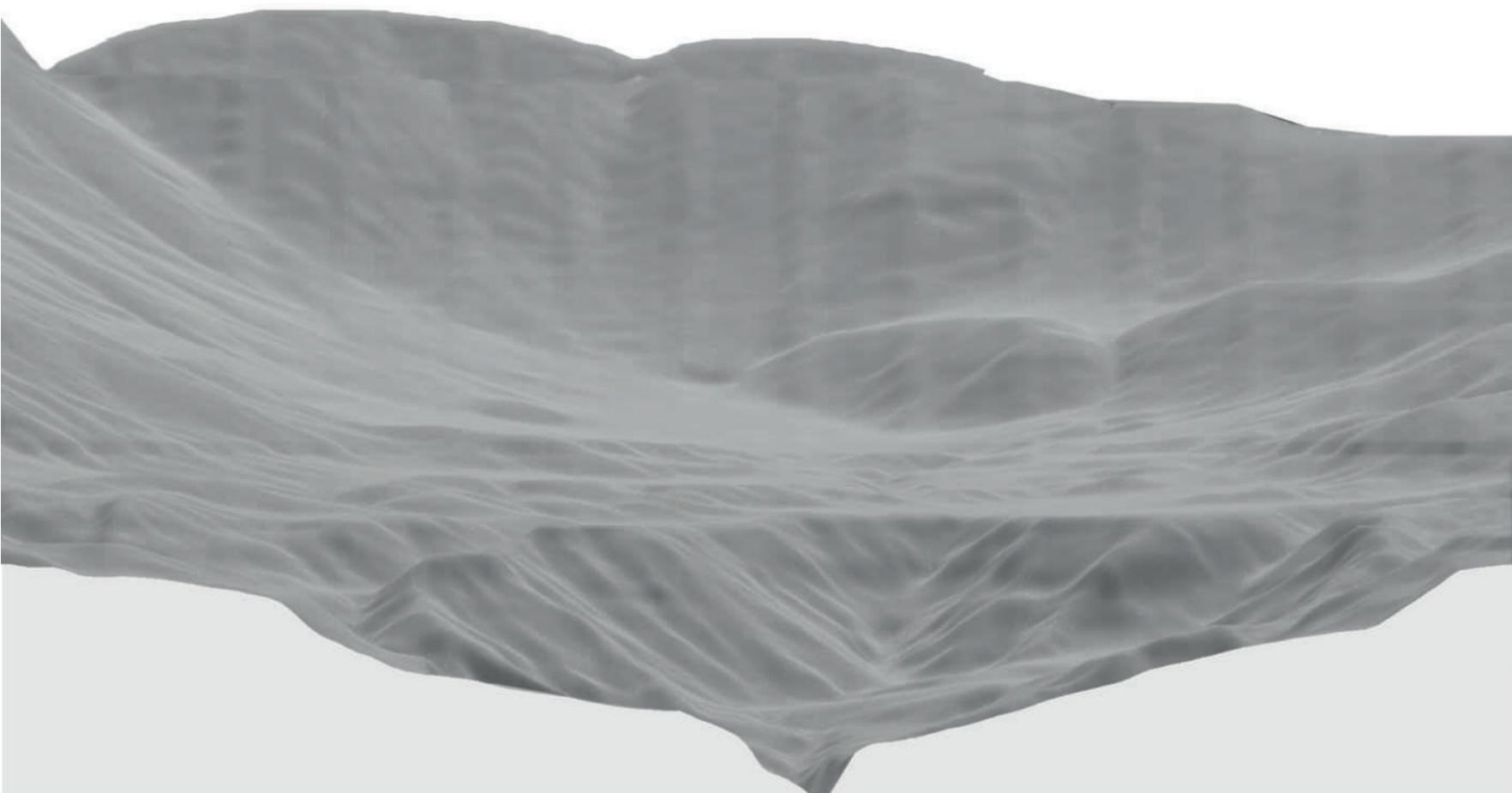
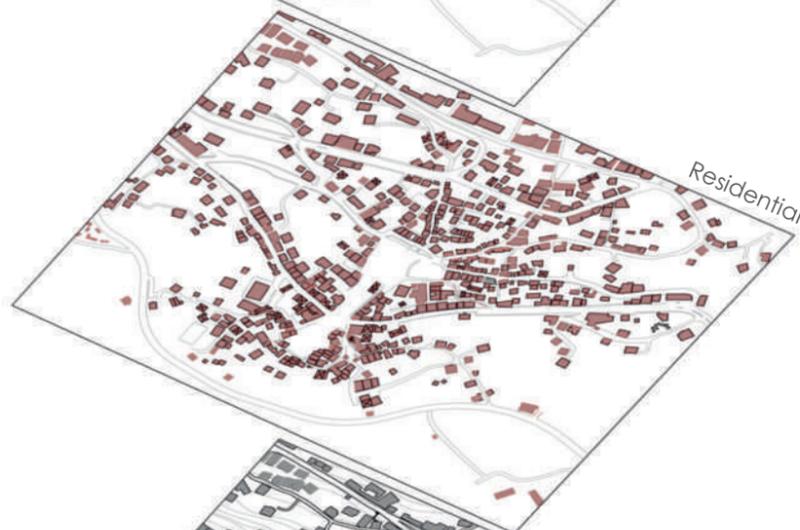
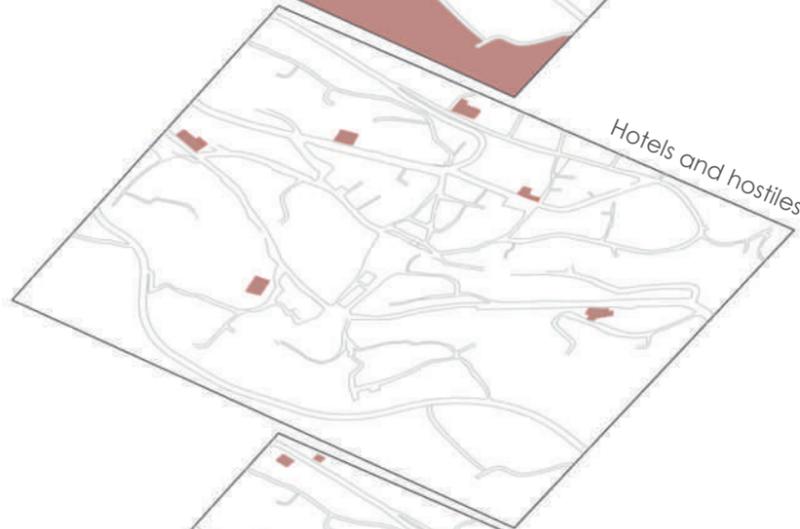
Bnahnle
Agriculture center

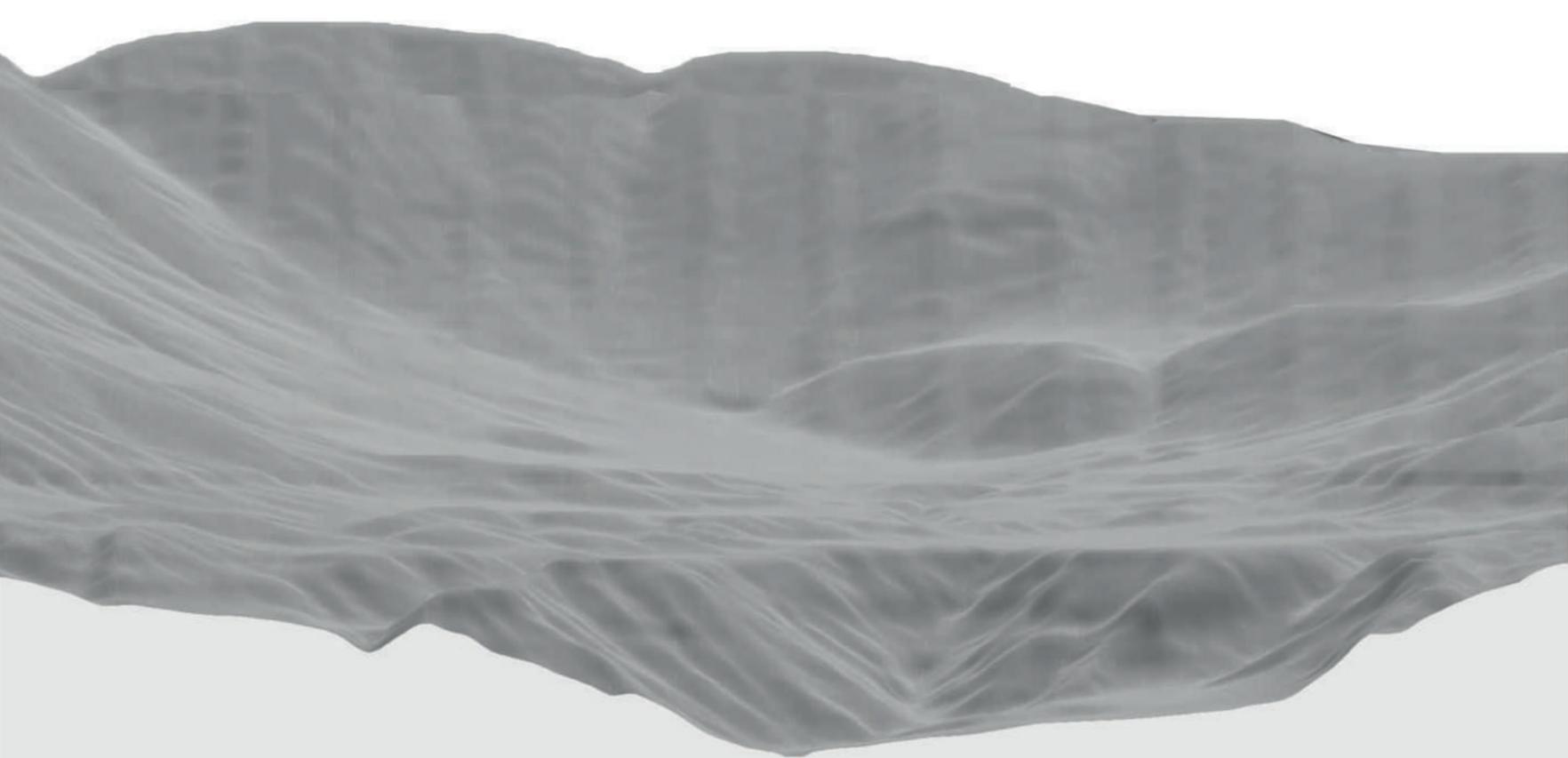
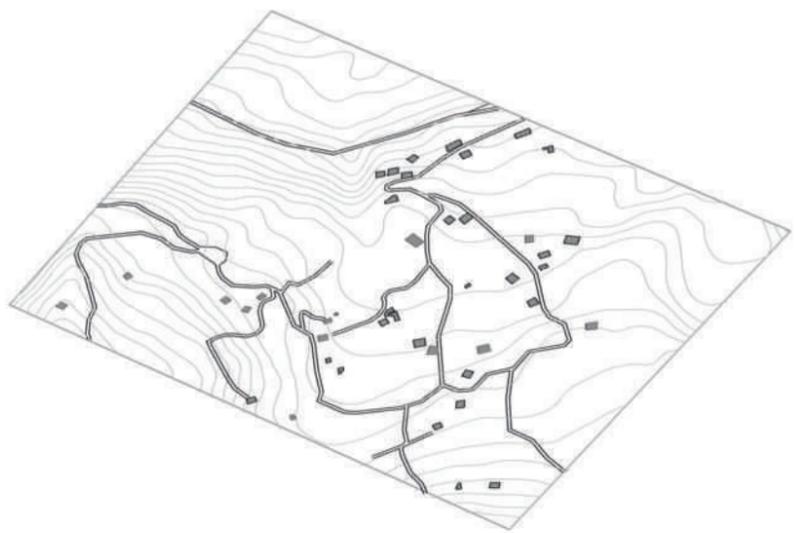
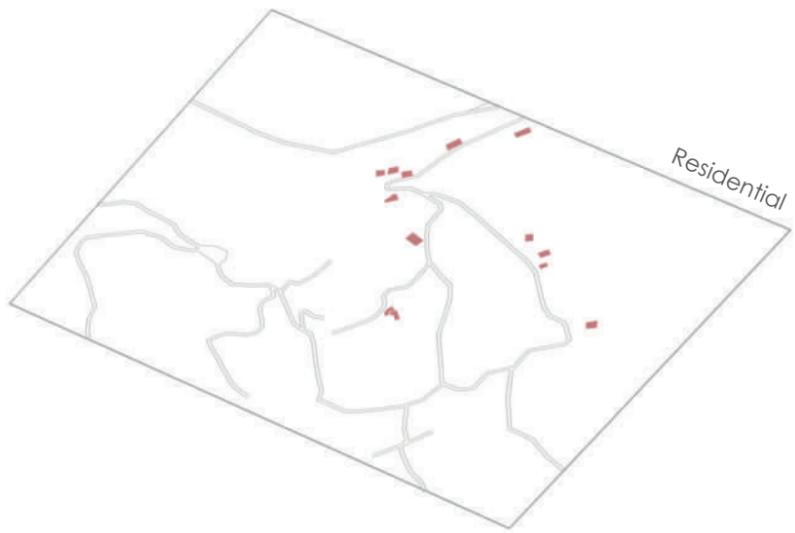
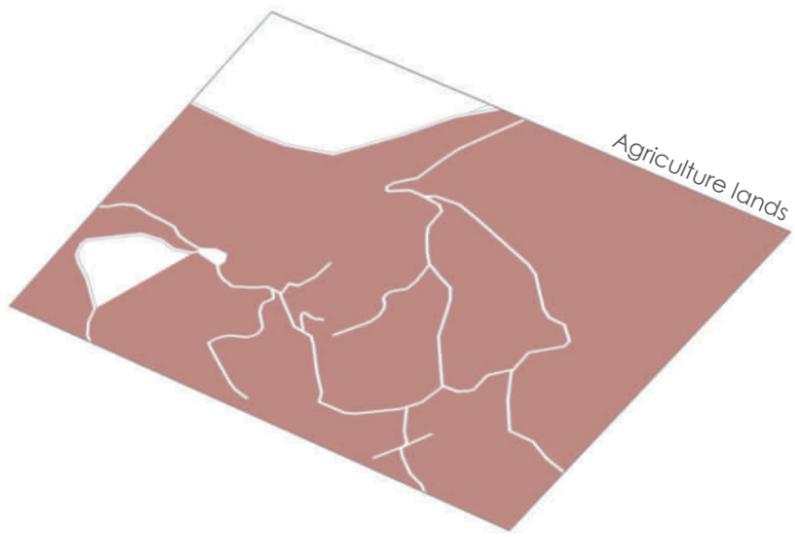
1,700 m

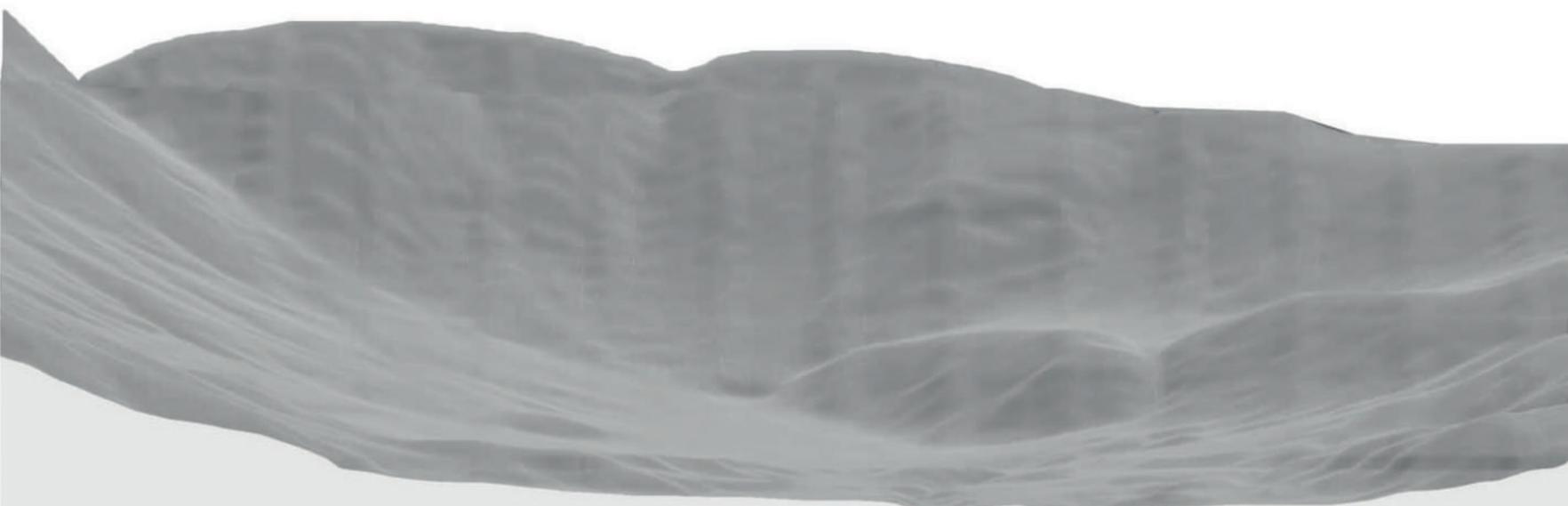
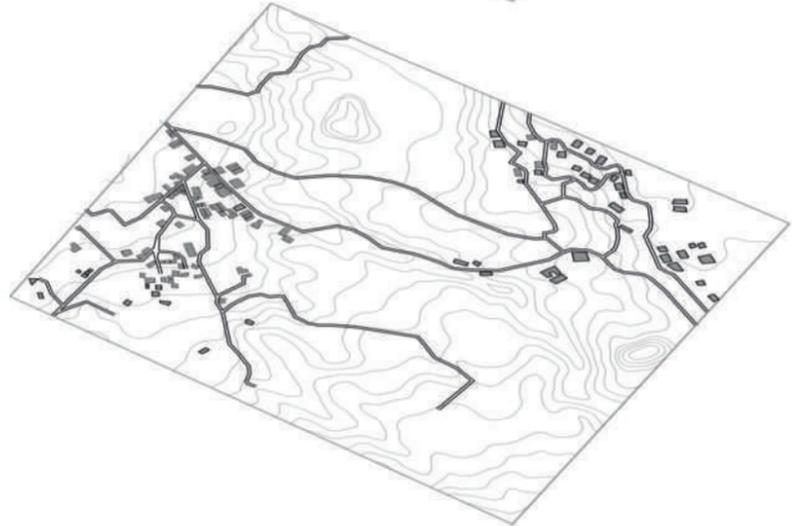
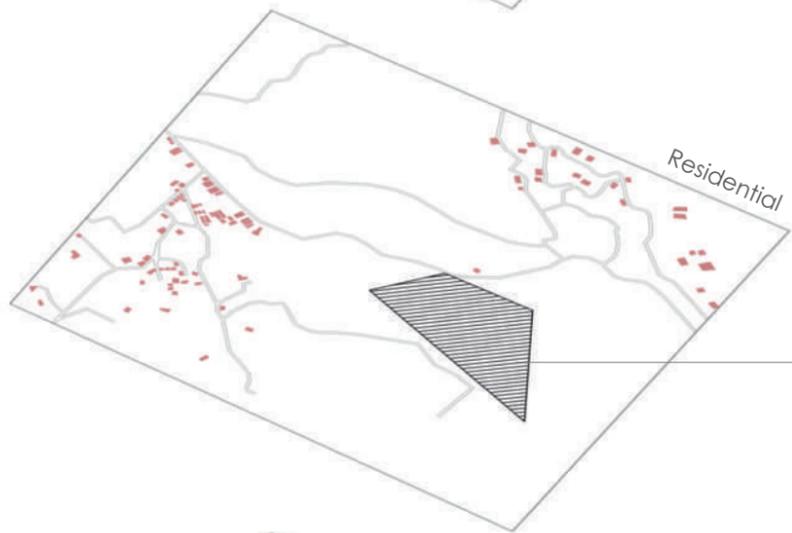
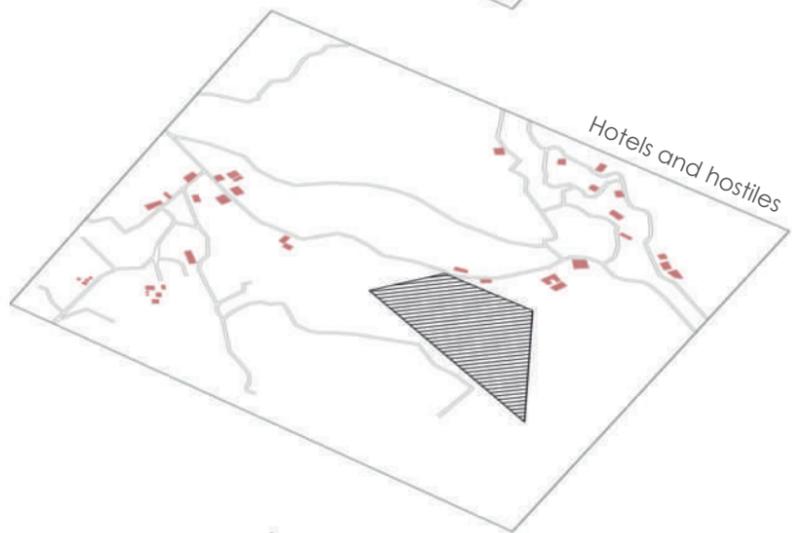
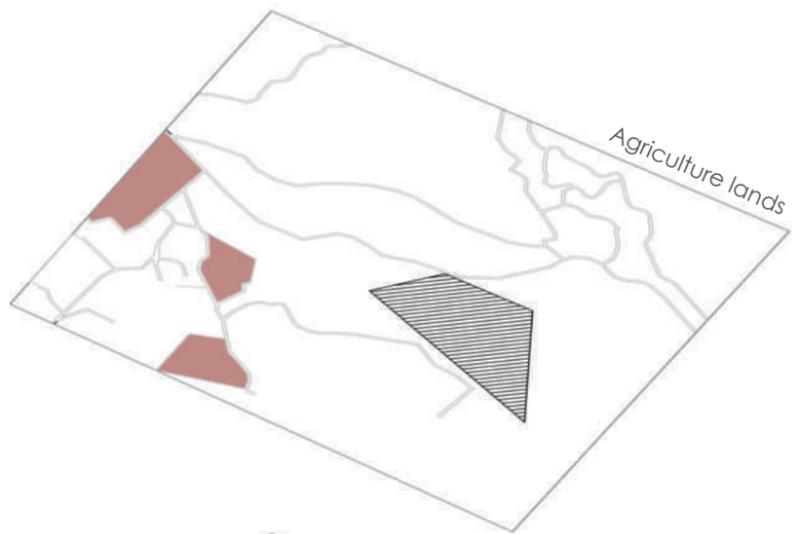
El Arz
Touristic center

2,000 m

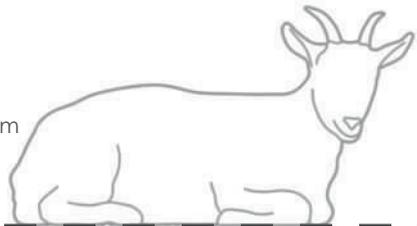








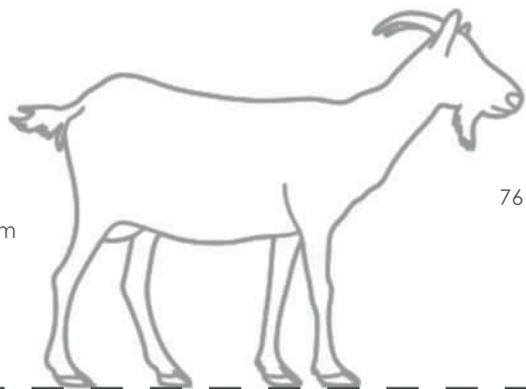
42 cm



33 cm



61 cm



76 cm



Birth/0yrs

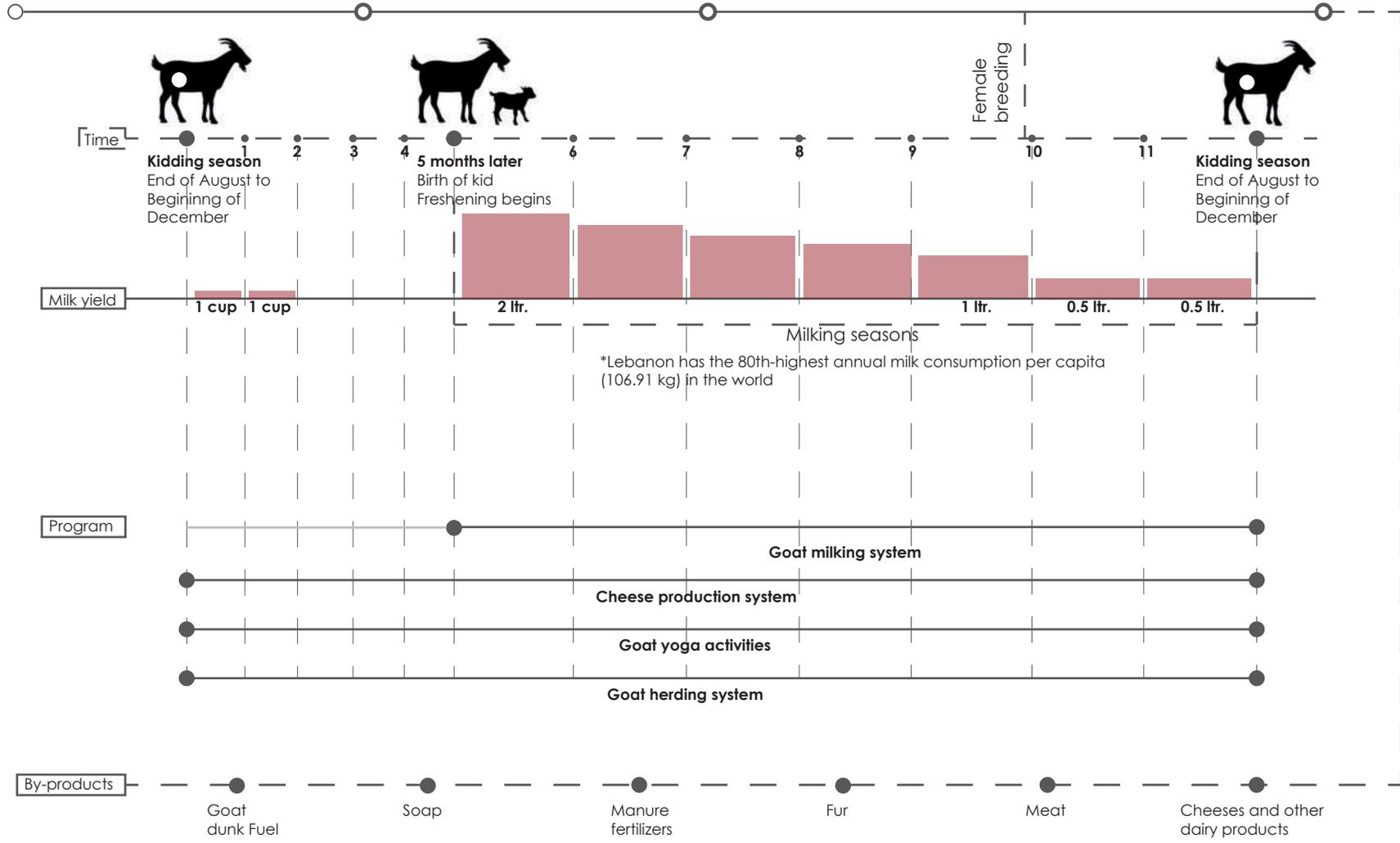
4-8 months

7-10 months

End of Life/12-15yrs

7-10 months

8-10 months



Arrive at goat shed



6:00 am

Prepare for goat milking



6:05 am

Milk goats



7:00 am

End of goat milking
Carry milk back to kitchen



7:10 am

Herd goats

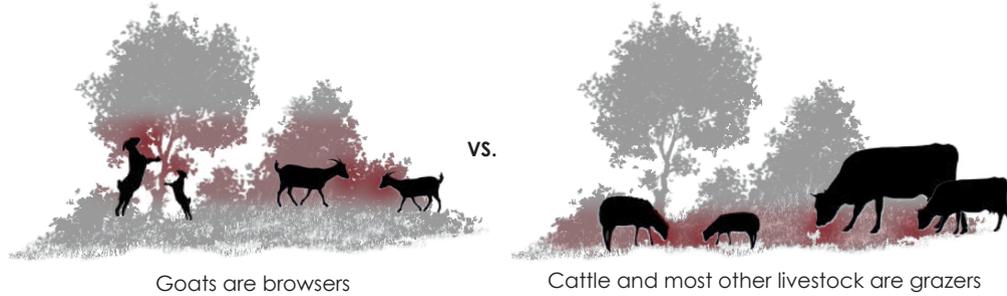


9:00 am

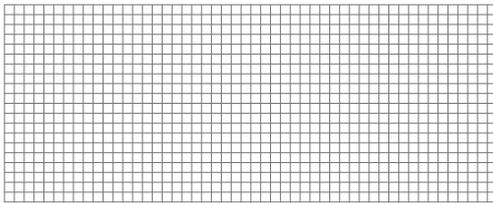
Return to kitchen.
Process milk to cheeses



11:00 am

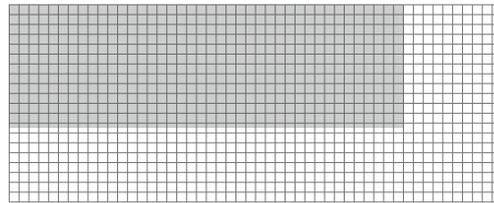


10 



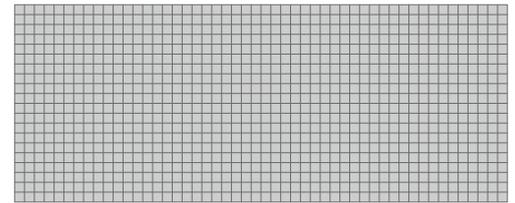
10,000 sqm

50 



50,000 sqm

100 

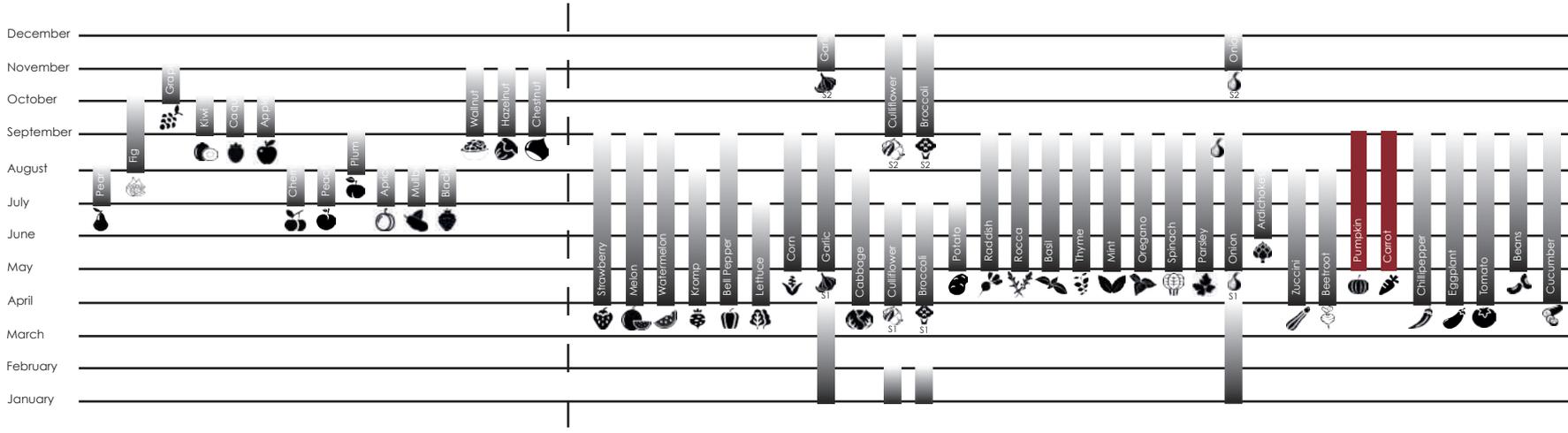


100,000 sqm

Pasture area

800-1200 sqm. /goat

A general rule of thumb is that ten goats will clear an acre in about one month.





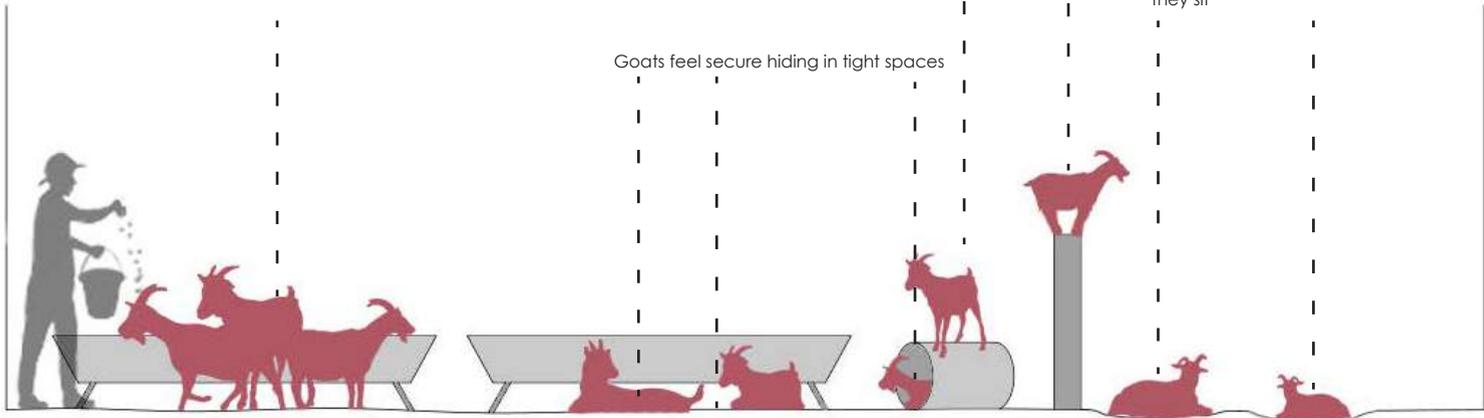
Goats like to live collectively

Goats feel secure hiding in tight spaces

Goats like to climb onto surfaces

Goats dig 50mm depressions where they sit

Goats like to live under open roofs



Bcharre the dwelling of my heart

-Gibran Khalil Gibran

Part three

The sustainability of this project happens through the interrelation between the programmatic and production systems of the site. Those systems will take place through types of farm architecture that will be situated across designated site locations and provide the functional and programmatic spaces required.

The architecture of the decentralized farm will be one that gradually ranges across semi-industrial, recreational, and residential spaces that happen within the ecological context of their sites.

Sustainability

Programatic

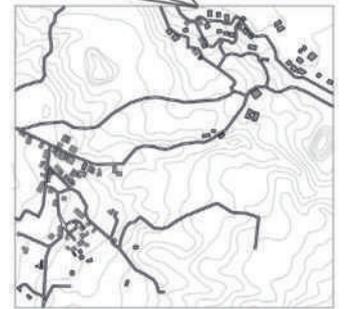
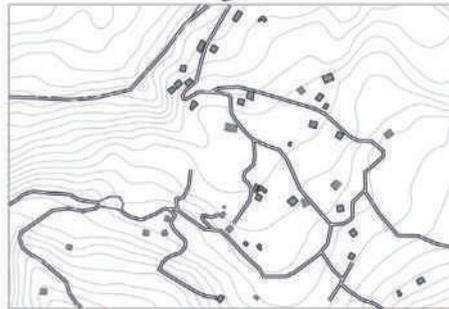
Production

Architecture

Semi-industrial

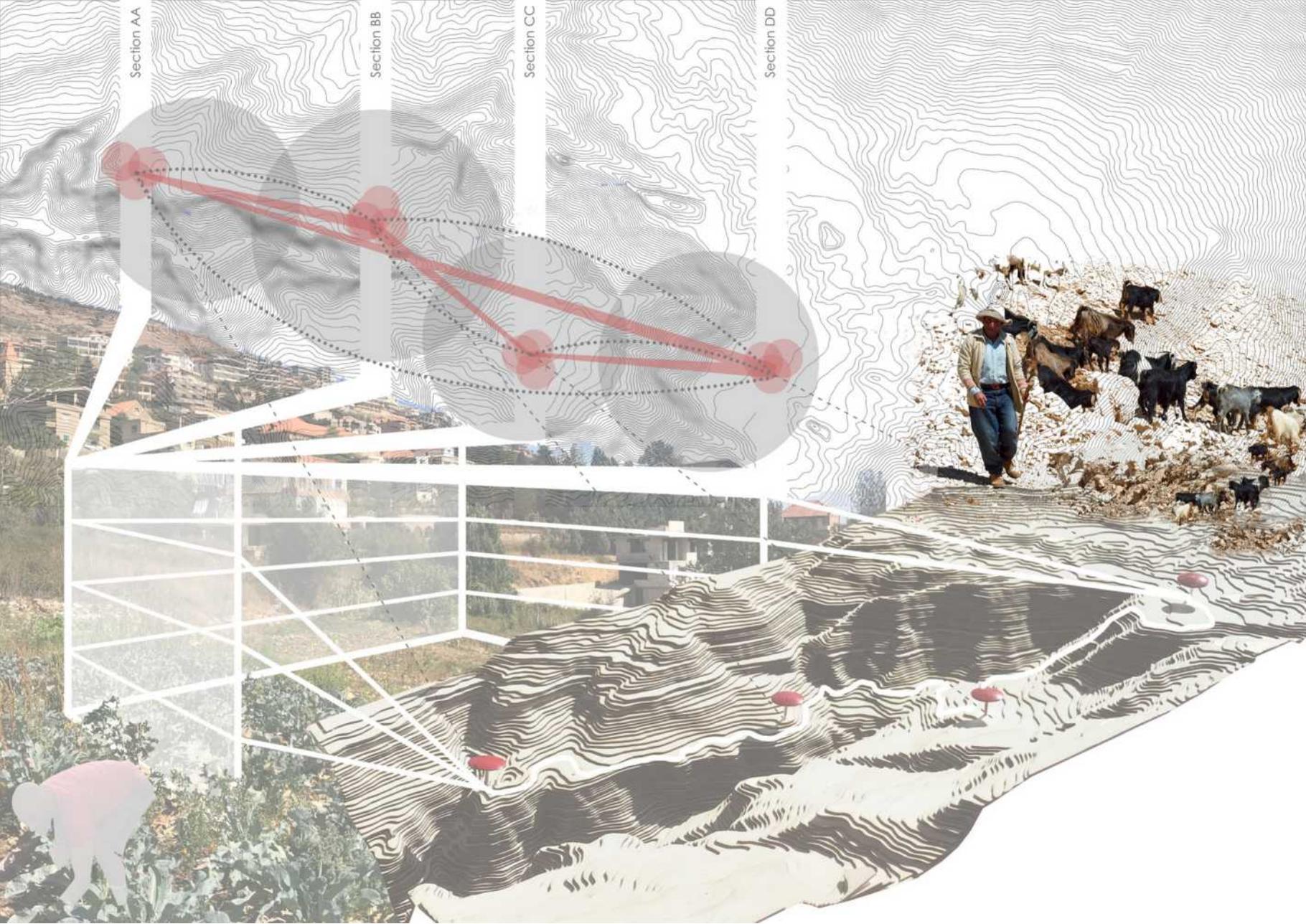
Residential

Recreational



Vision

As a stepping stone into the second phase of my project, I will be treating my 4 sites not as individual points but rather as connectors that run across the district of Bcharre. My intention will be to allow the user, to her or his own extent, experience Bcharre from within functional and non functional spaces that celebrate Bcharre by bringing the spirit of the place into my architectural spaces.



Section AA

Section BB

Section CC

Section DD

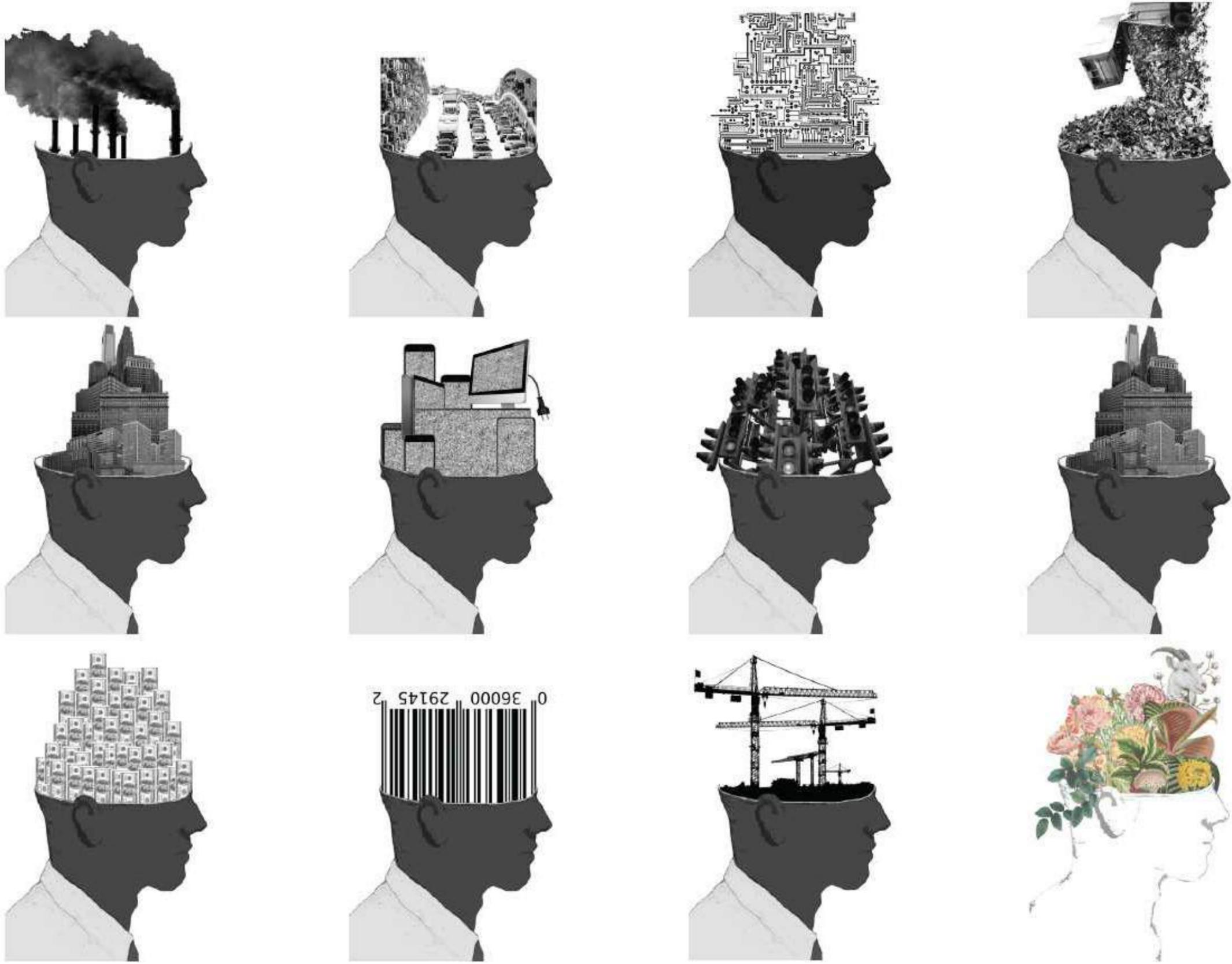
The Farm: Back to Nature
Maria Khatib



Table of contents

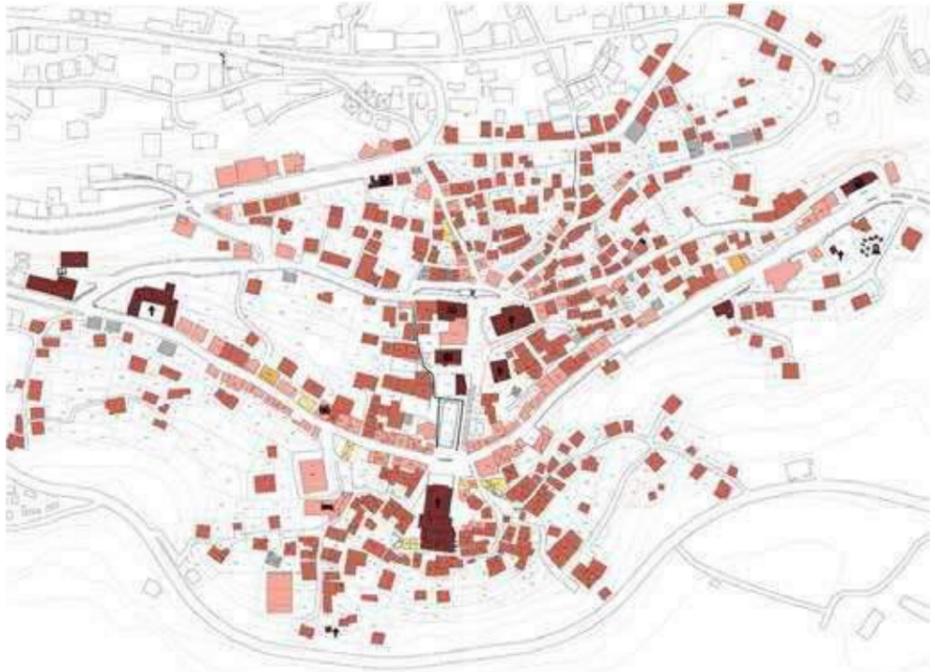
1. Thesis 1 kickoff
2. The urban context
3. Program and zoning
4. Bcharre: typological and morphological inspiration
5. Circulation and user cycle
6. Sustainable strategies
7. Materiality
7. Landscape treatment: vegetation zones

Thesis 1 kickoff

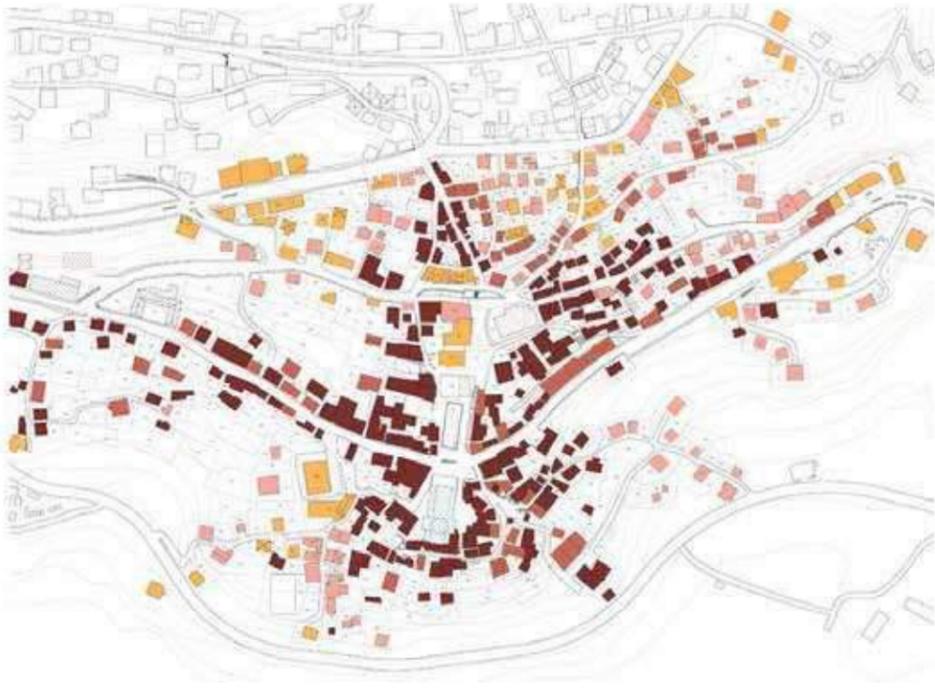


My thesis is about finding the way to build sustainably in a rural region while celebrating the simplicity of the rural lifestyle. My project is a decentralized rural farm that benefits from eco-tourism in order to help improve the socio-economic lives of local farmers and villagers.

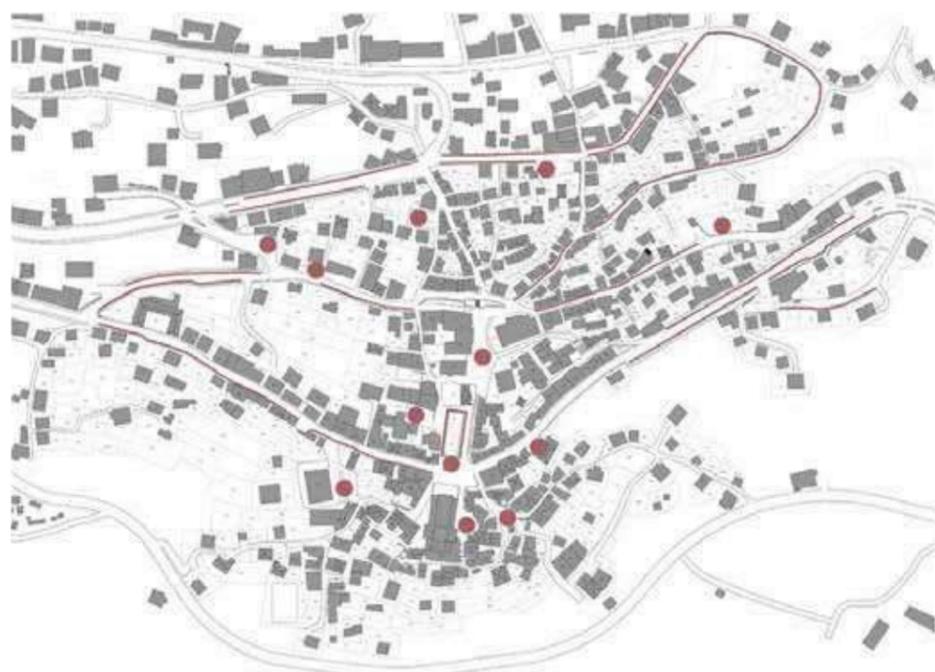
The Urban Context



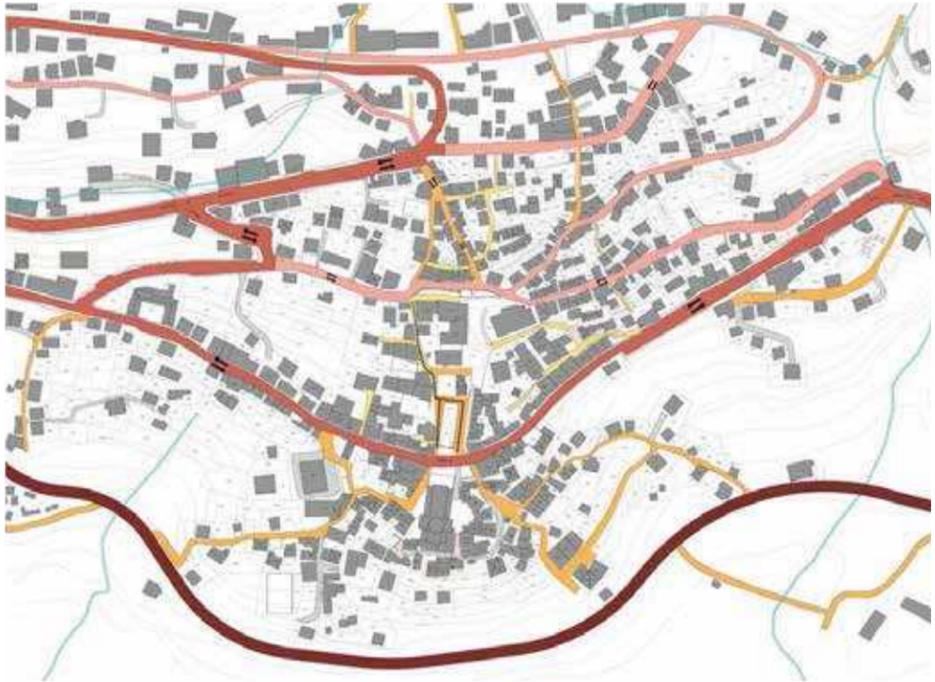
- Ground floor use**
- Institutional
 - Residential
 - Commercial
 - Industry
 - Offices
 - Abandoned
 - Recreational
 - Hotel/hostel
 - Hospital
 - Church
 - Educational
 - Cemetery
 - Gas station



- Building age**
- 1900 - 1945
 - 1945 - 1975
 - 1975 - 1990
 - 1990 - today
 - 1912
 - 1935
 - 1955
 - 1968



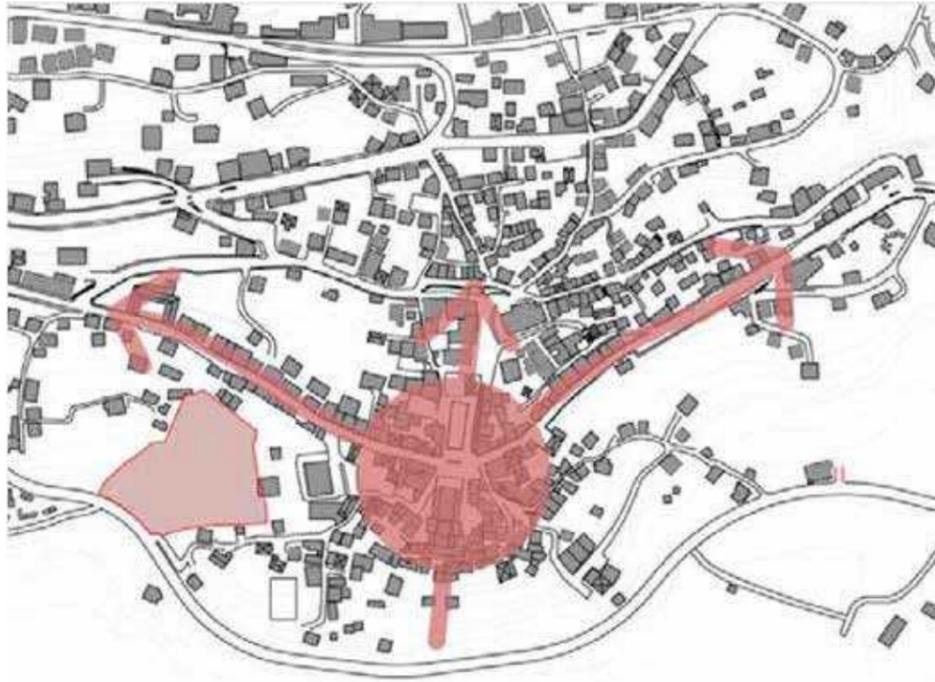
- Parking spaces**
- Parking lots
 - Road side parking



- Road heirarchy**
- Main roads
 - Primary roads
 - Secondary roads
 - Tertiary roads
 - Pedestrian roads
 - Stairs
 - Dead end road
 - Rivers

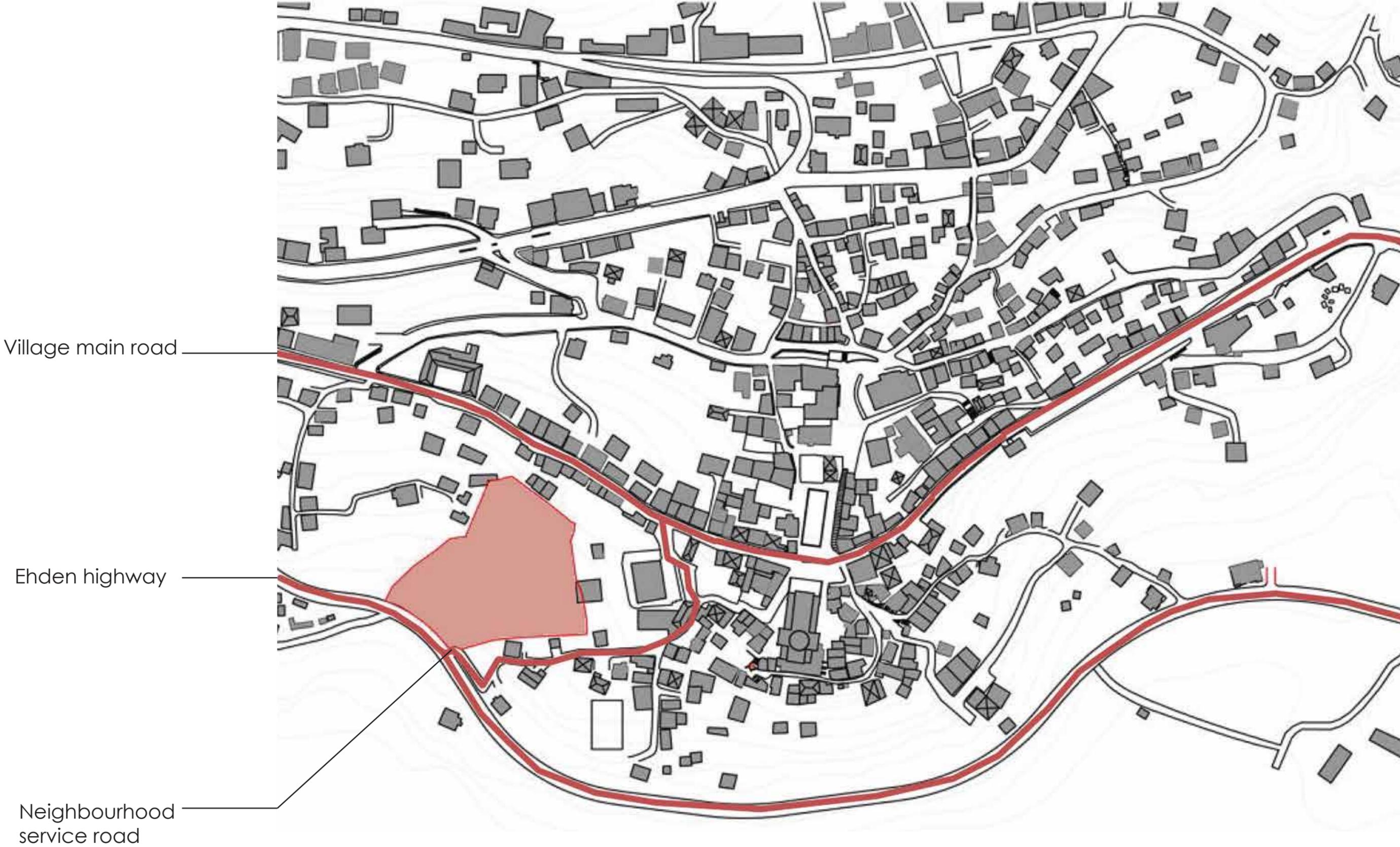


- Building floor count**
- 1
 - 2
 - 3
 - 4



- Growth Pattern**

The Urban Context
Roads

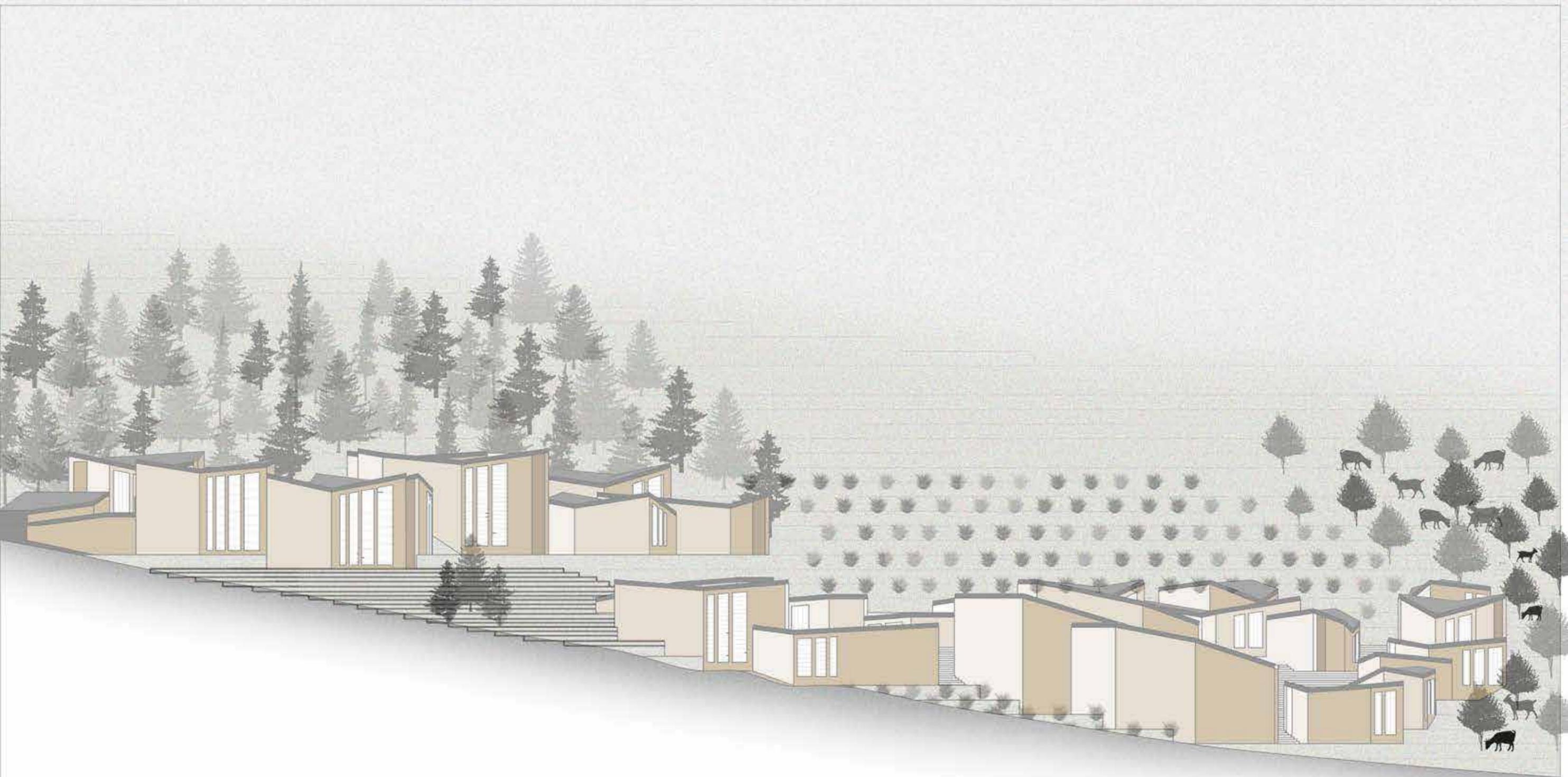


The Urban Context
The urban connector









West elevation



South elevation



⊕15.3

⊕17.0

⊕16.0

⊕15.6

⊕13.0

⊕14.8

⊕14.6

⊕12.0

⊕15.6

⊕13.0

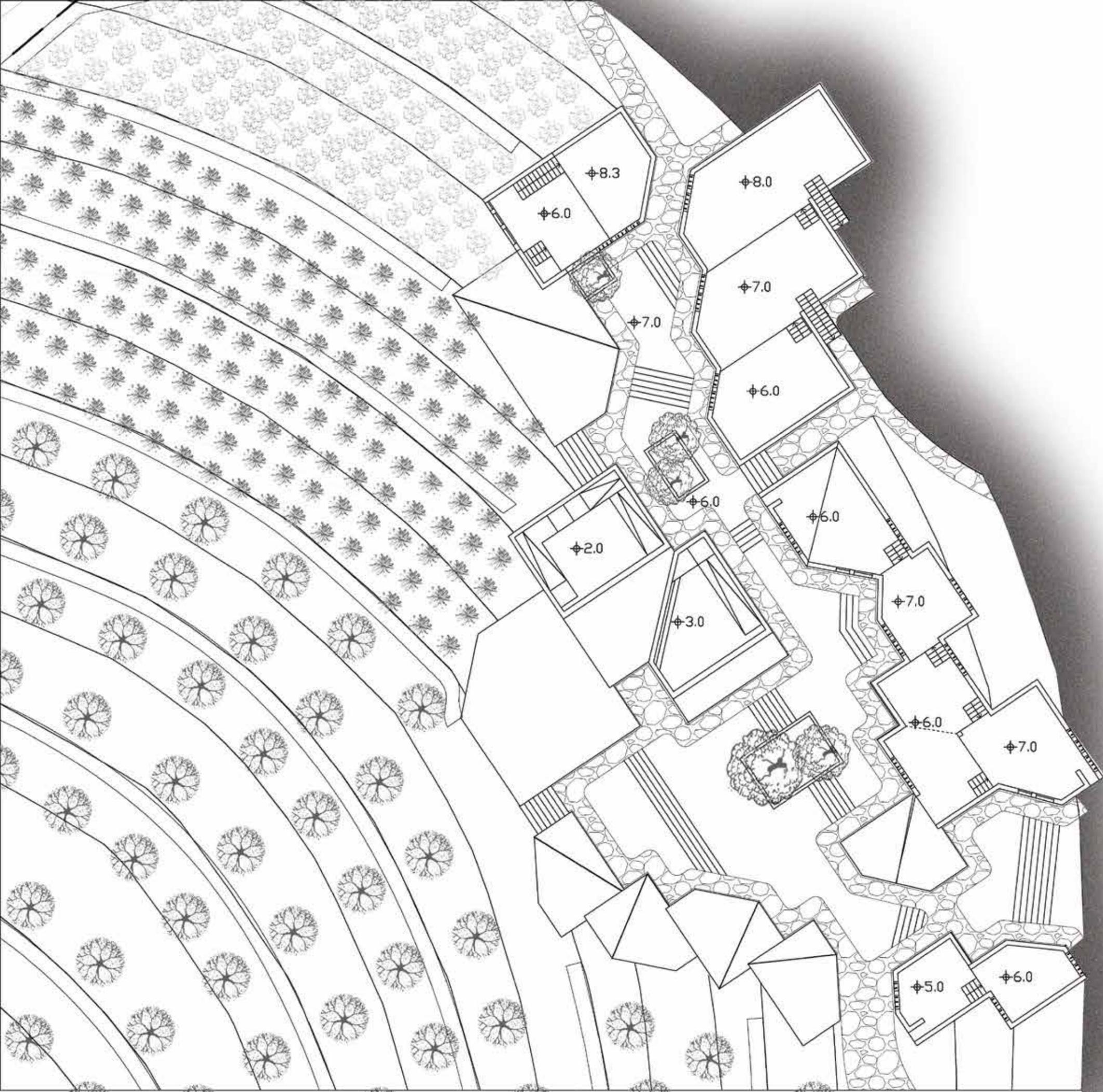
⊕17.3

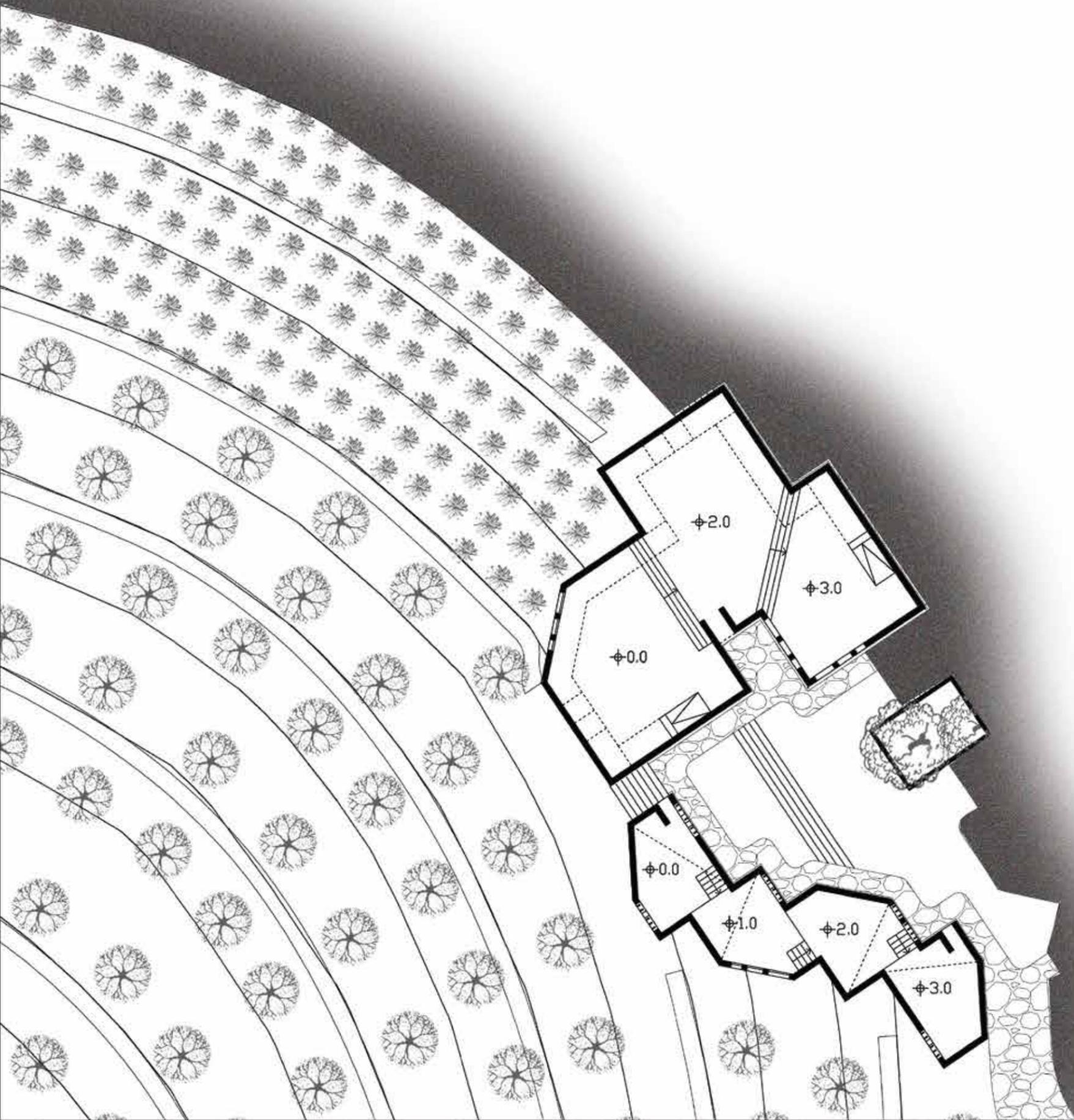
⊕16.0

⊕14.0

⊕16.0







Program and Zoning

- Office zone
 - Entrance / reception
 - Offices
 - Conference room
 - Produce shop
 - Check point
 - Packaging
- Production zone
 - (Shankleesh and apple jam)
 - Processing room
 - Drying room
 - Ripening room
 - Refrigeration room
 - (Goat food and goat milk soap)
 - Processing room
 - Drying room
 - Saponification room
- Agriculture work zone
 - Goat milk storage
 - Apple storage
 - Corn and carrot storage
 - Harvest sorting room
 - Firewood storage
- Multi-use public zone
 - Seminar space
 - Goat shelter
 - Multi-use rooms (x12)



Program and Zoning



Office zone	265
1 Entrance / reception	57
2 Offices	50
3 Conference room	41
4 Produce shop	36
5 Check point	12
6 Packaging	69
Production zone	308
(Shankleesh and apple jam)	
7 Processing room	59
8 Drying room	32
9 Refrigeration room	34
10 Ripening room	39
(Goat food and goat milk soap)	
11 Processing room	49
12 Saponification room	45
13 Drying room	50
Agriculture work zone	289
14 Apple storage	67
15 Corn and carrot storage	59
16 Goat milk storage	47
17 Harvest sorting room	64
18 Firewood storage	52
Multi-use public zone	545
19 Seminar space	129
20 Goat shelter	91
21 Multi-use rooms (x12)	325

Program and Zoning



Wild trees	x
Apple tree field	x
Horticulture field	x
Outdoor circulation	x
Courtyards	584
Parking	722
Indoor	1,406
Outdoor	13,000

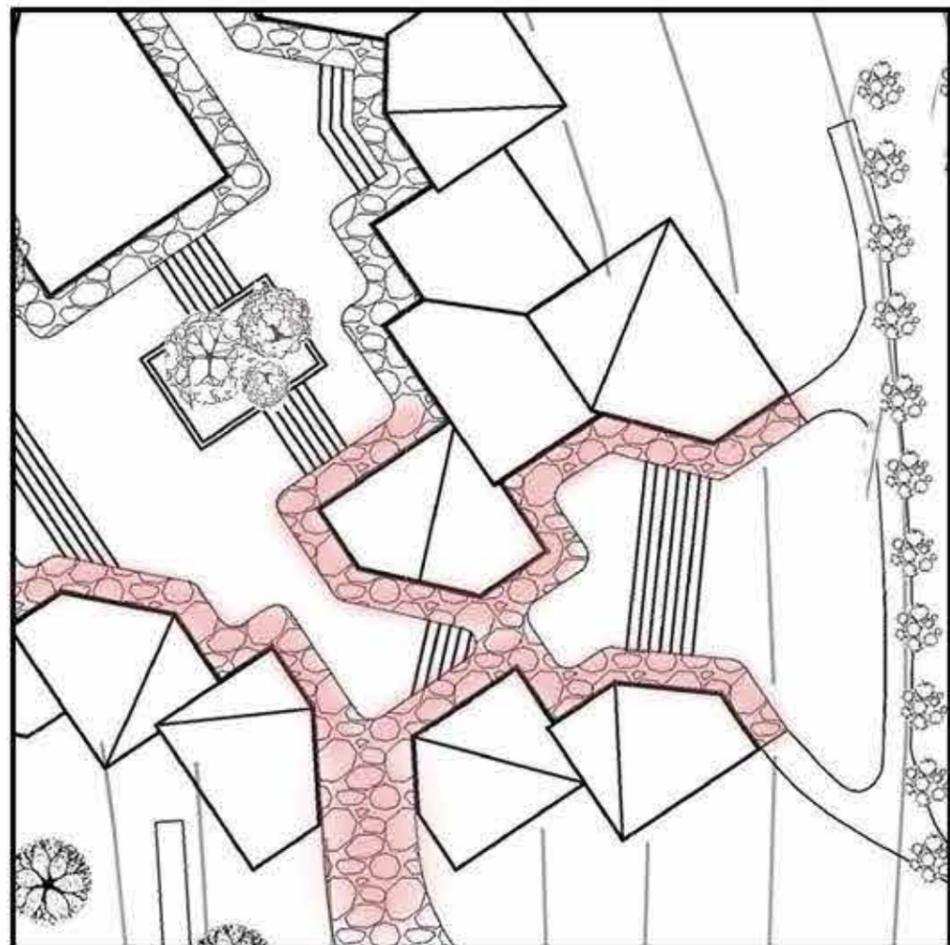
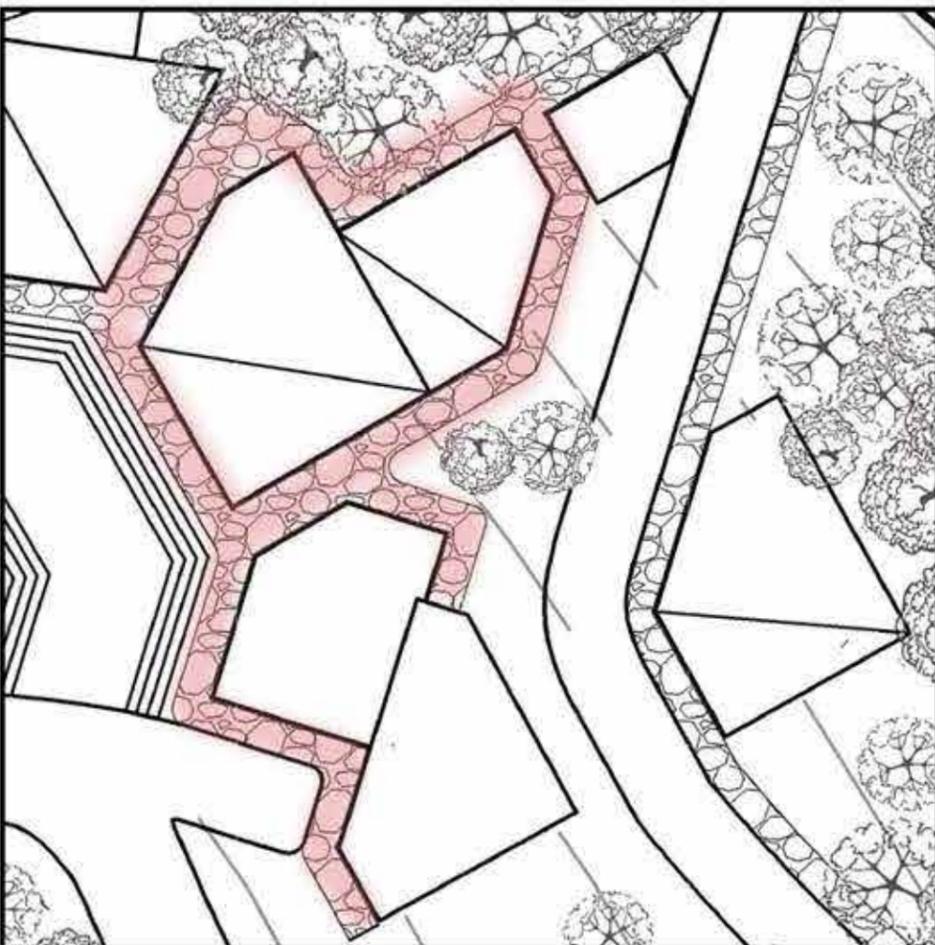
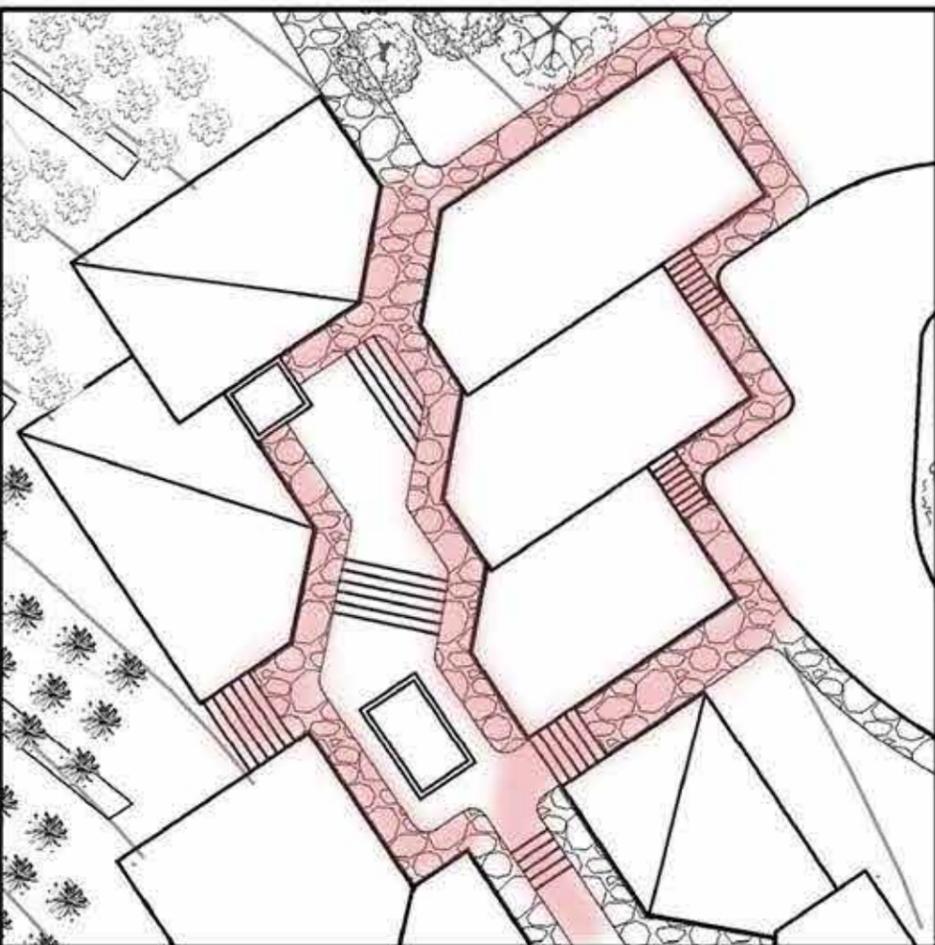
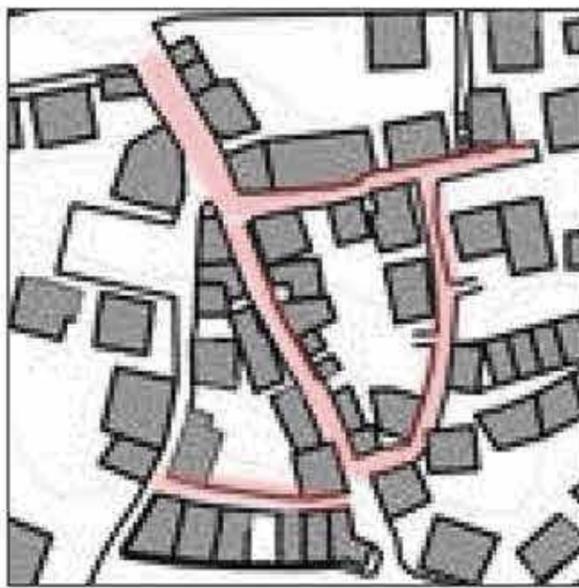
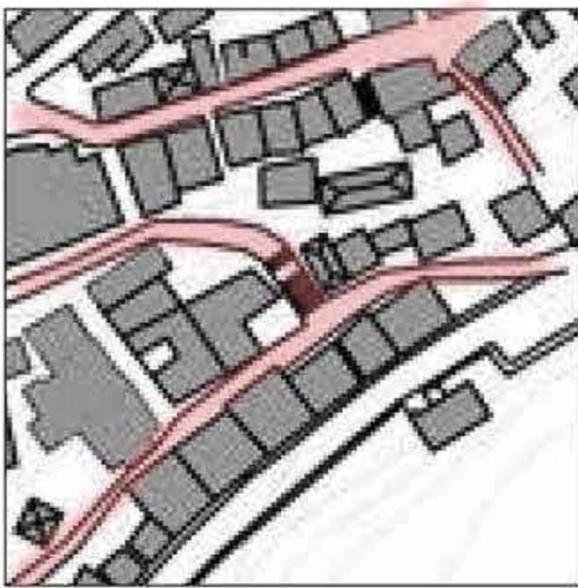
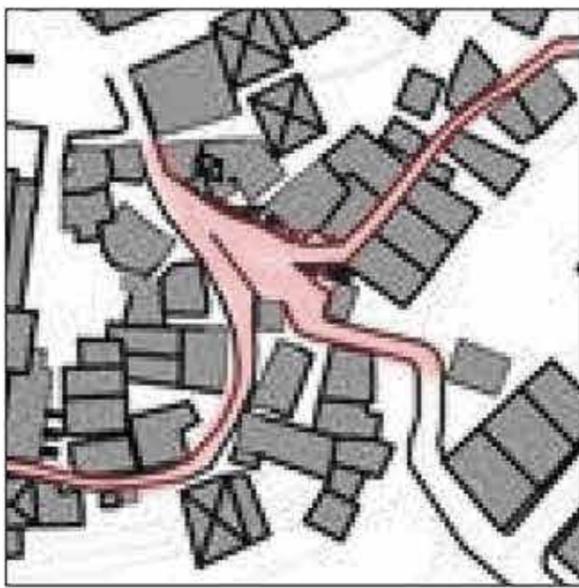
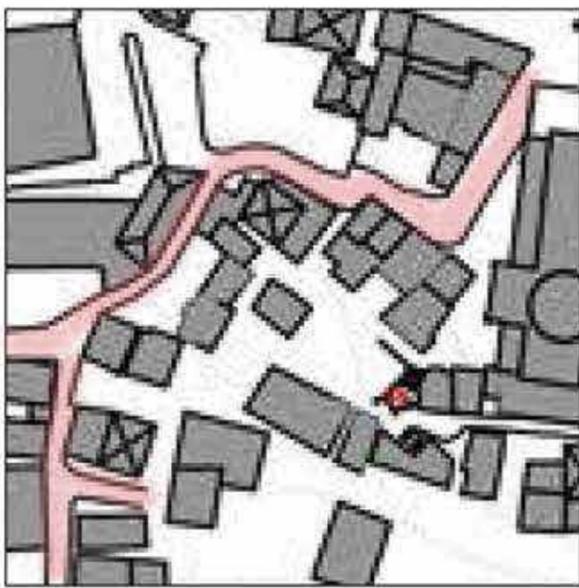
Building law allows for 20%
(2,600)

Bcharre: Typological and Morphological Inspiration

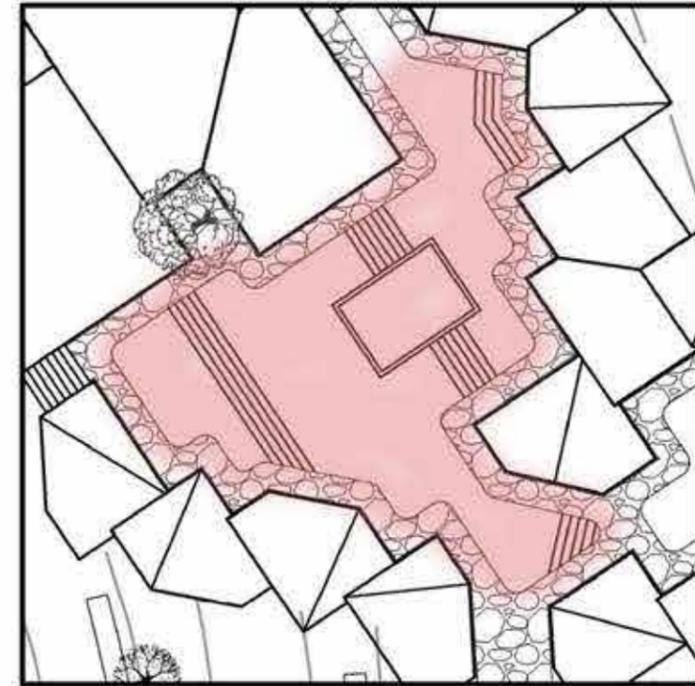
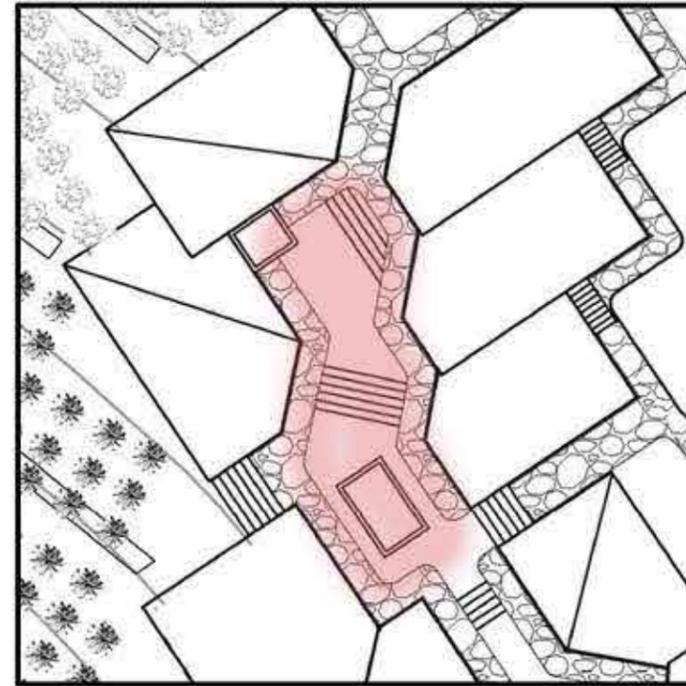
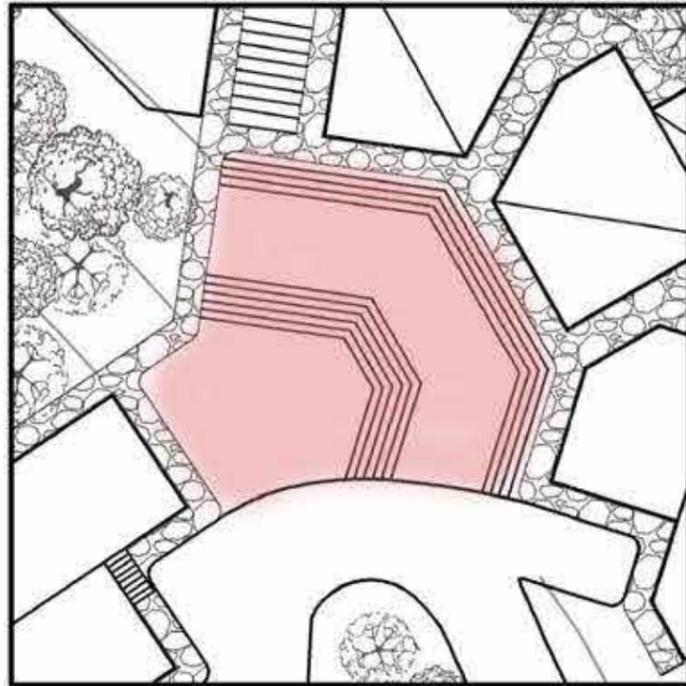
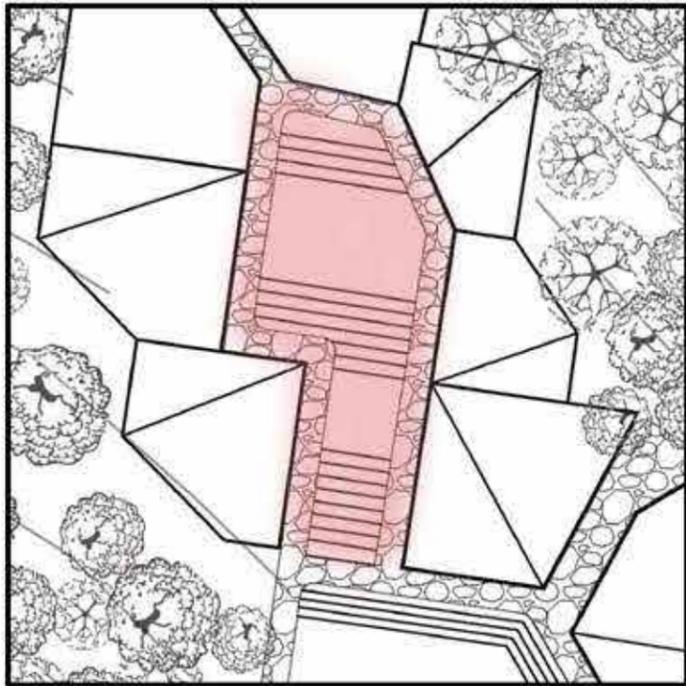
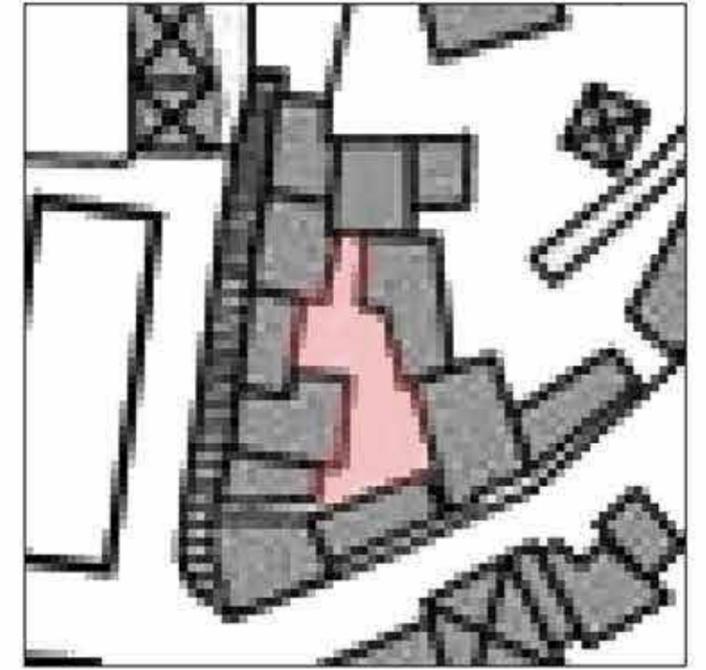
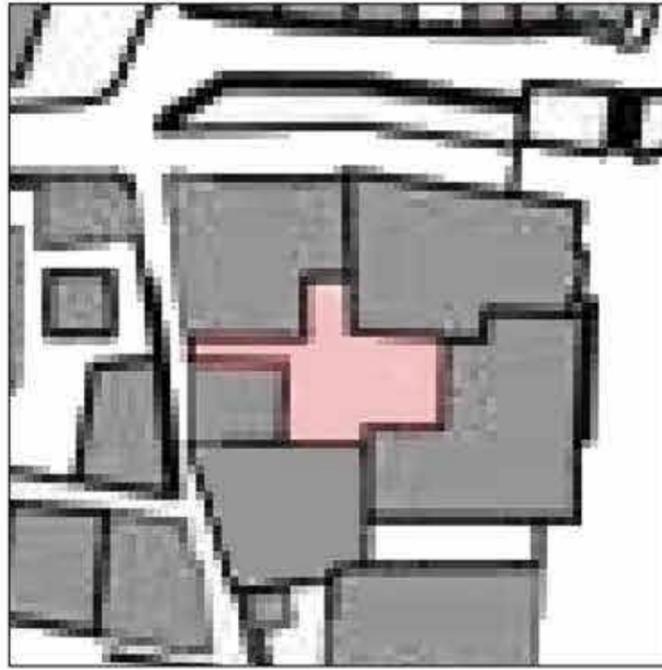
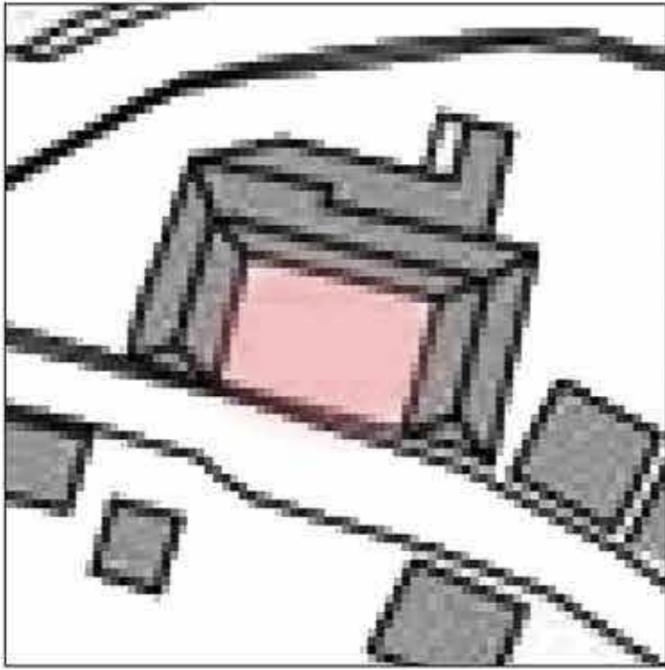
1. Roof elevations



2. Narrow pathways (زواريب)



3. Courtyard typology



Circulation and User Cycle

The employed villager

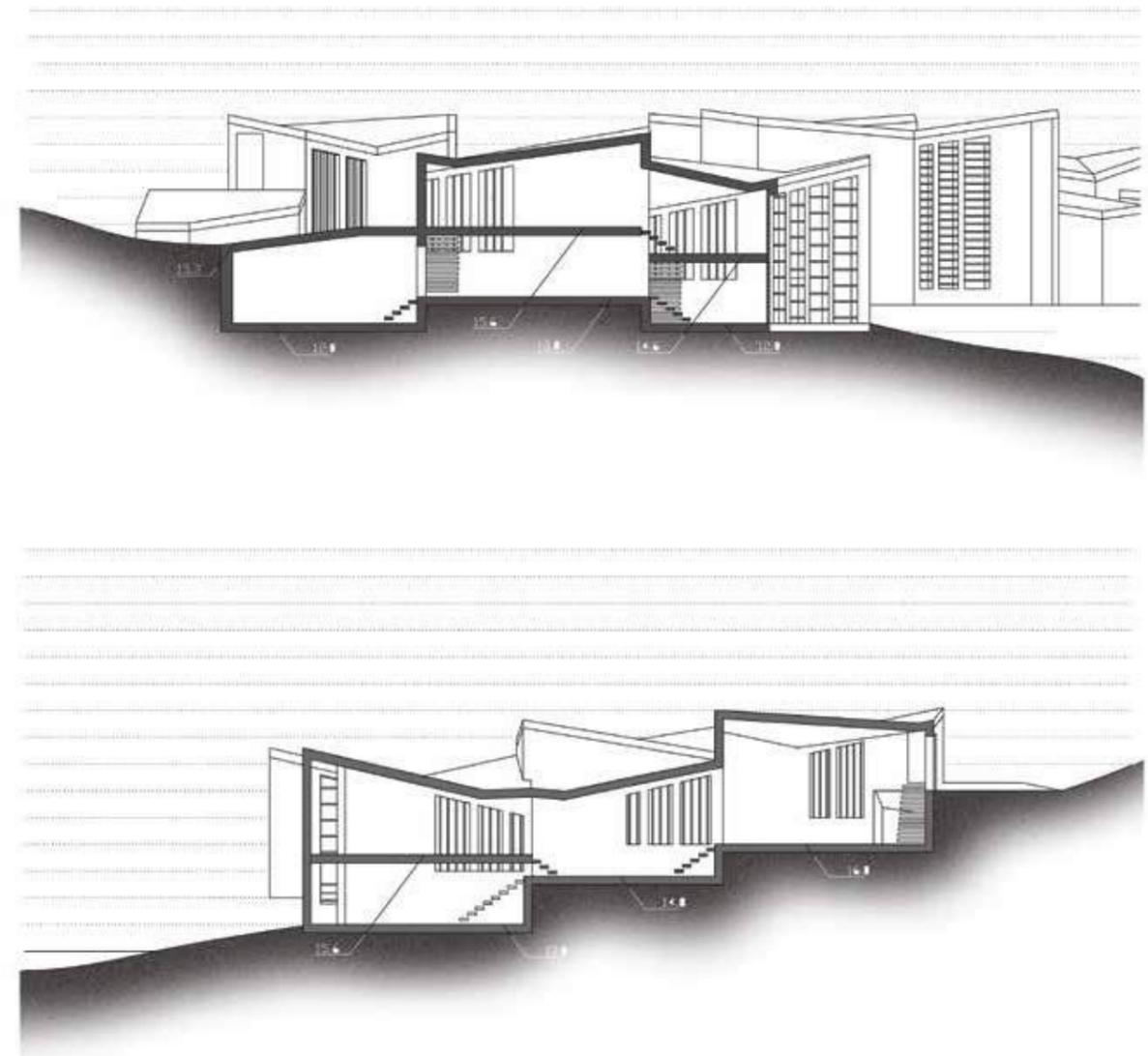
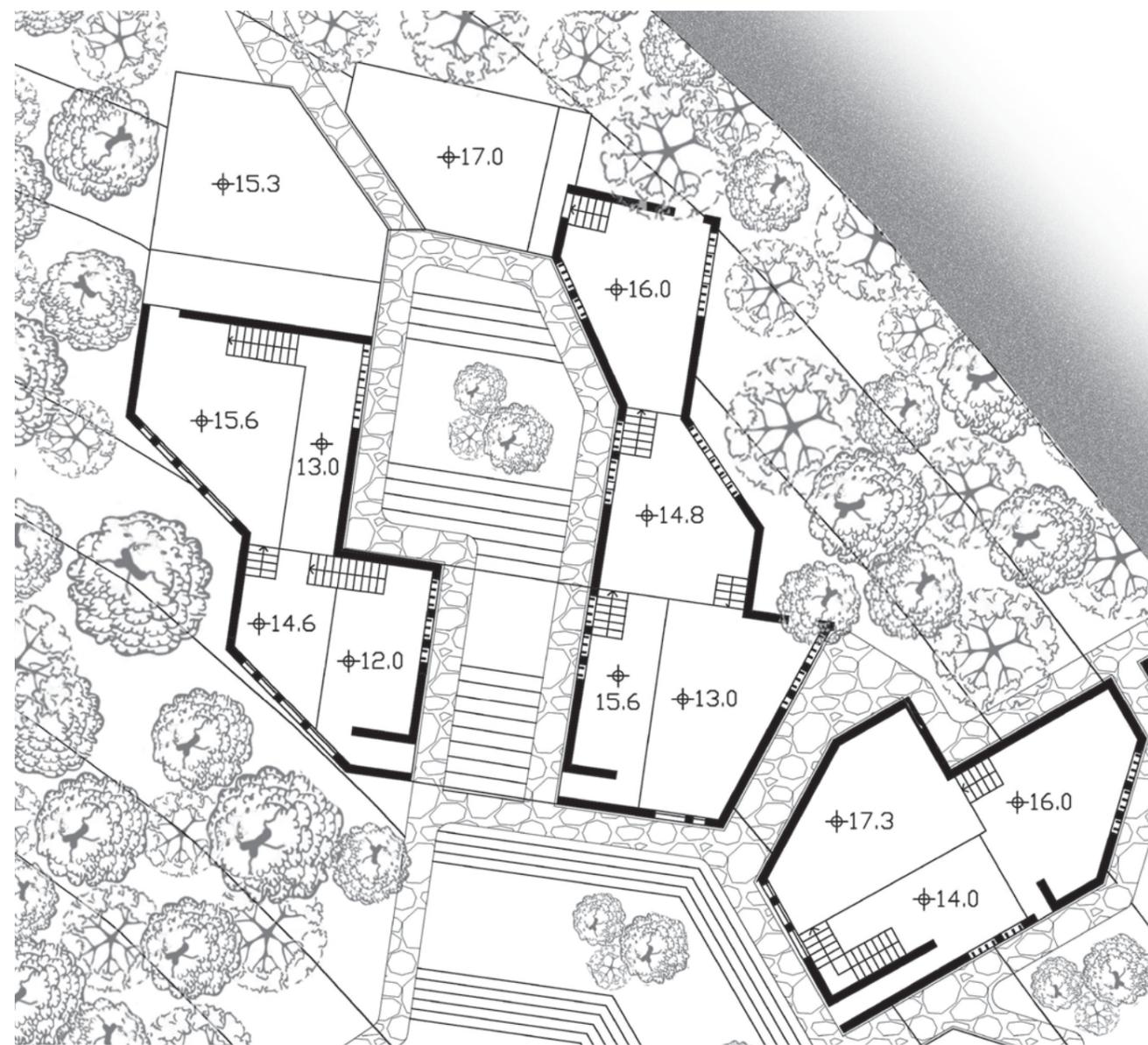
**Pedestrian entry
from village road**



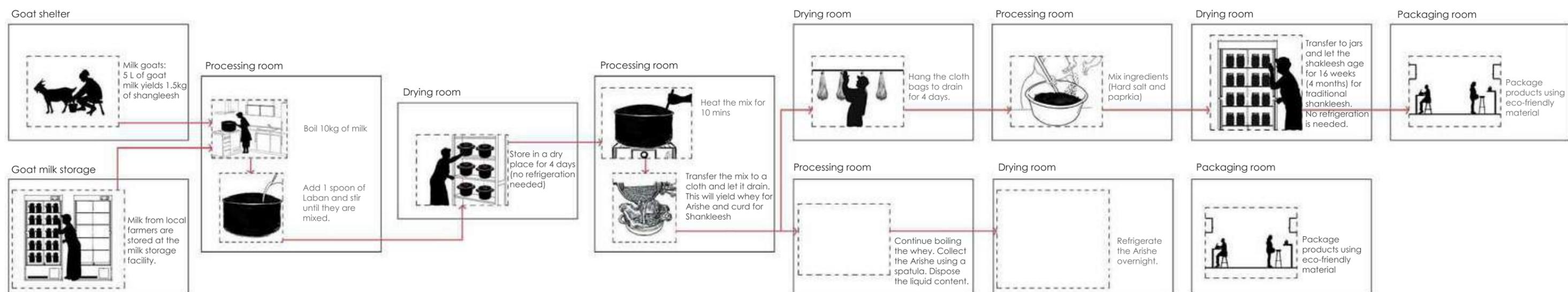
Arriving through the **porous entry points**, the employed villagers spend most of their time at the production zone. **During the summer**, they are producing traditional Shankleesh and soap, both made of goat milk. **During the winter**, they are producing goat food made of carrots and pumpkins produced on site, and apply jam, made of apples **produced on site**.

Management employees work nearby the production zone for **close communication**.

A **common courtyard space** is adjacent to all.



Shankleesh making process (the traditional way)

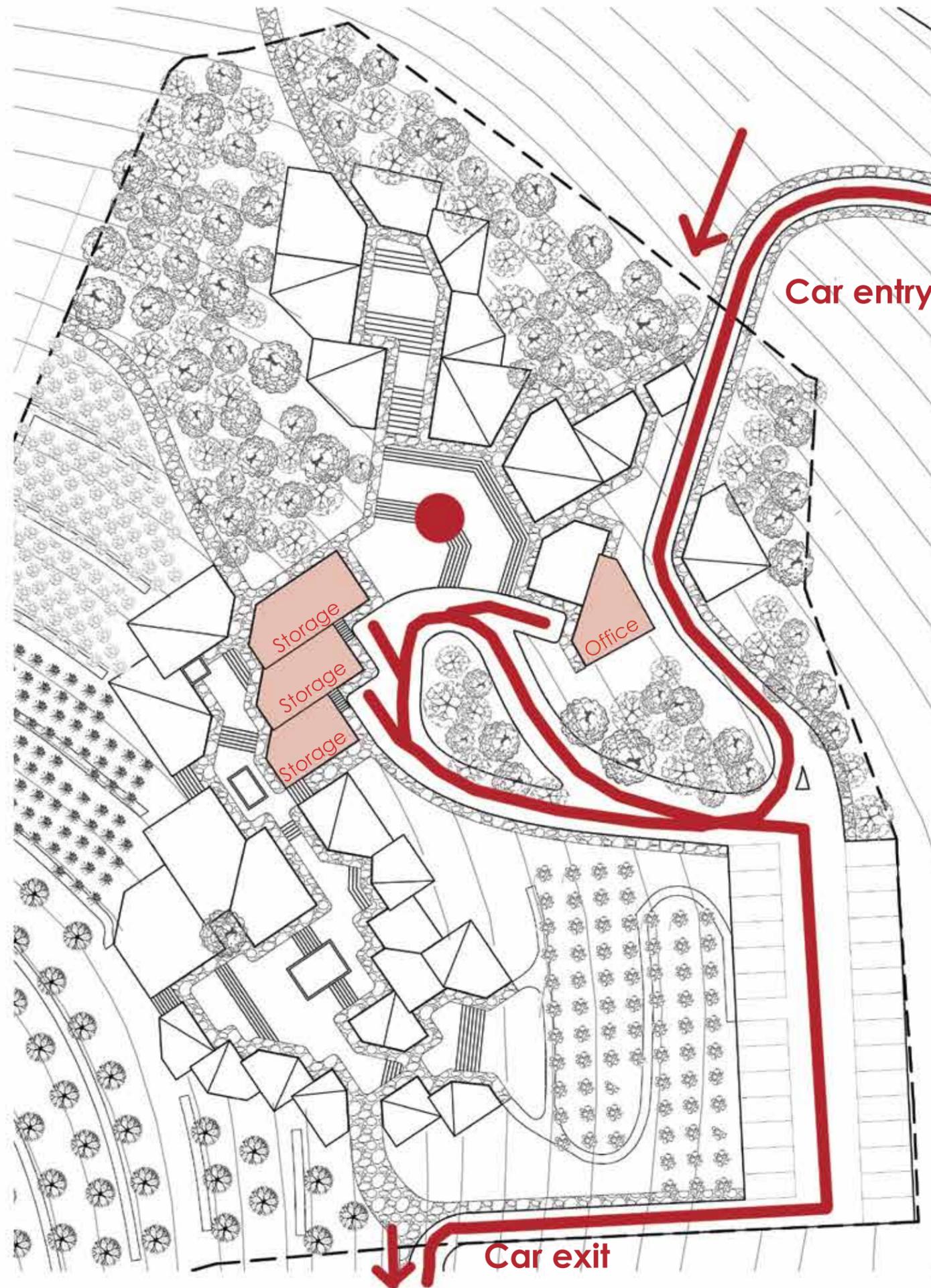


Perspective 12



Circulation and User Cycle

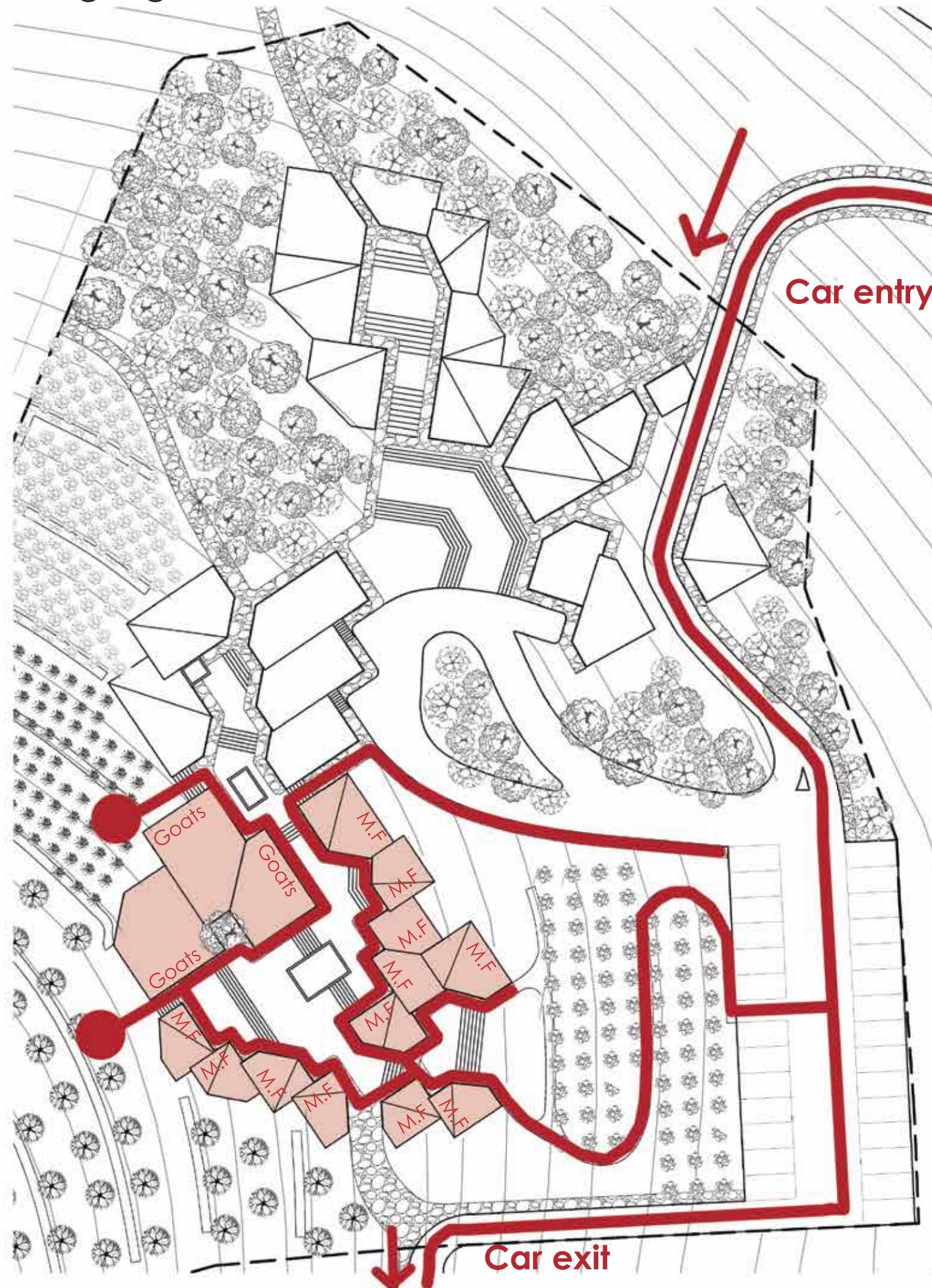
The local farmer



Local farmers arrive in their trucks to the Farm. They take a **designated road** to arrive first at the packaging facilities where they **park their trucks and drop off their products**. They then proceed to the offices where they are paid for their goods. A nearby **courtyard** is a place to mingle with the employees. They then continue their road and exit through the lower end of the project to the **Ehden highway**.

Circulation and User Cycle

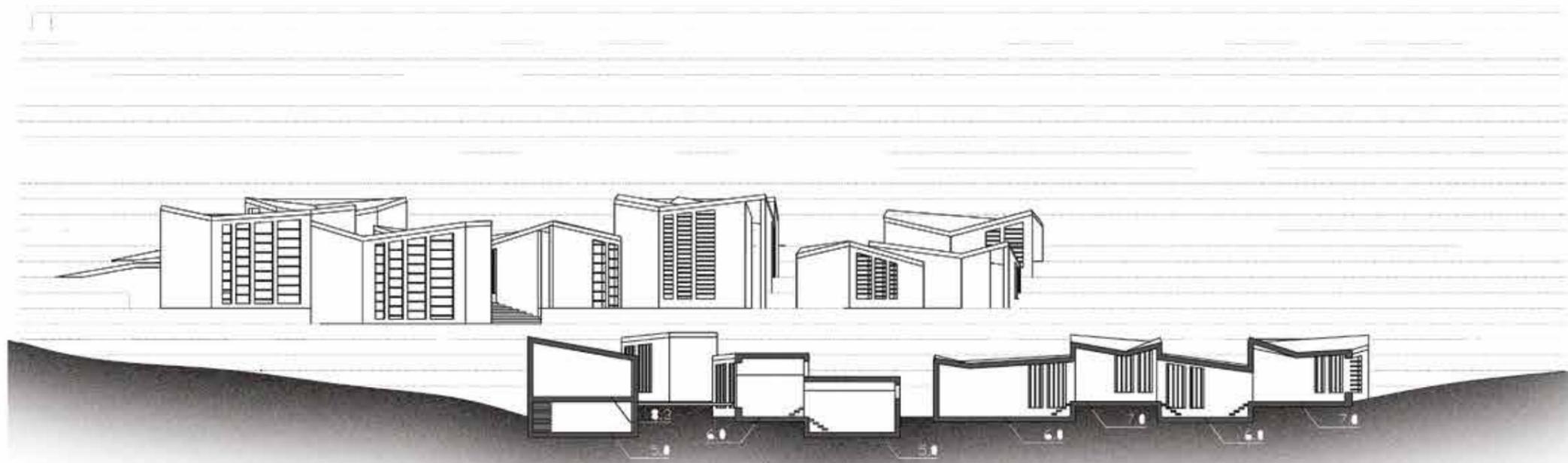
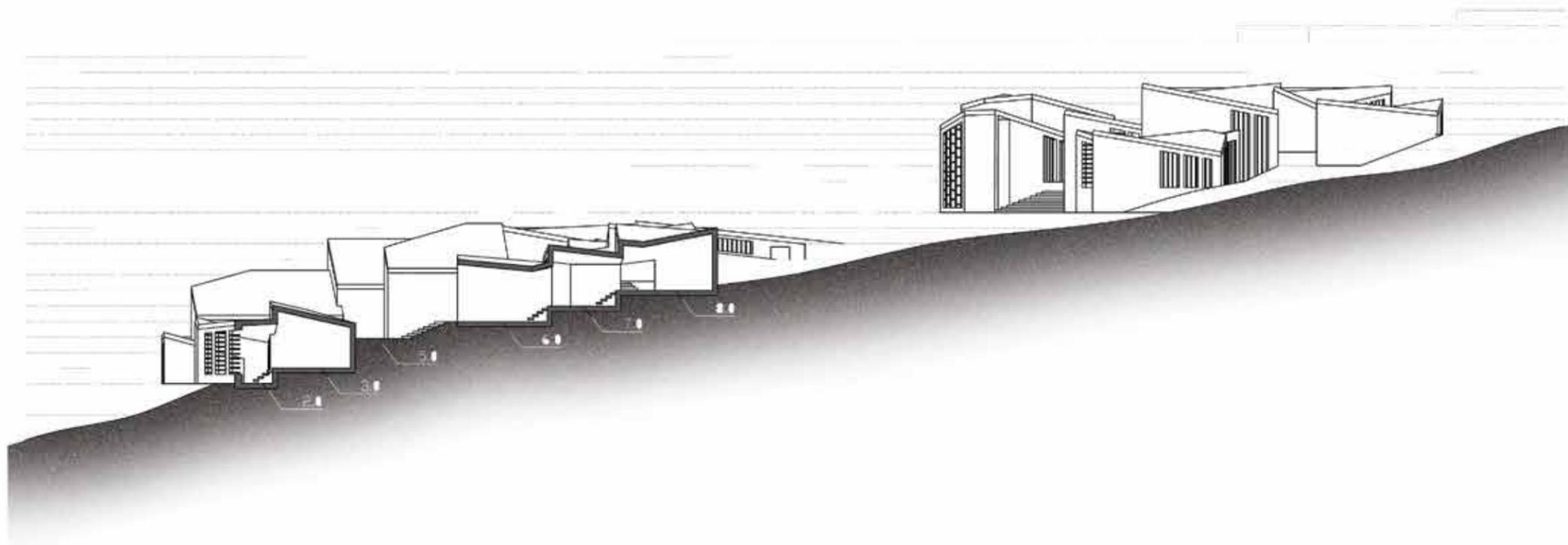
The visiting organizations

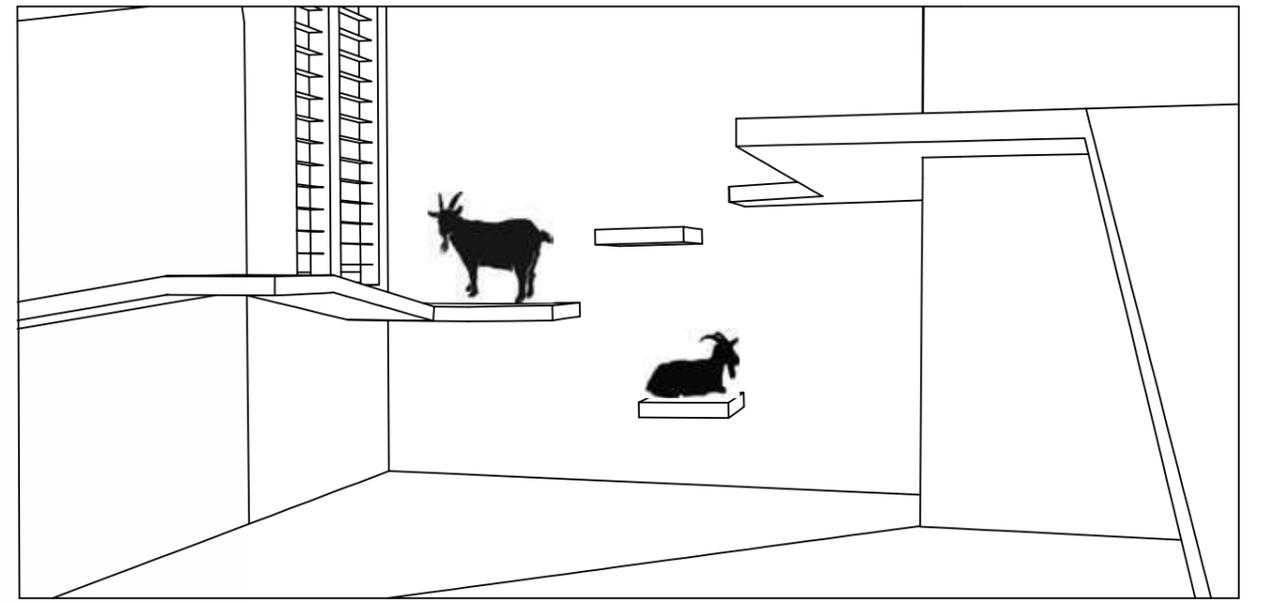
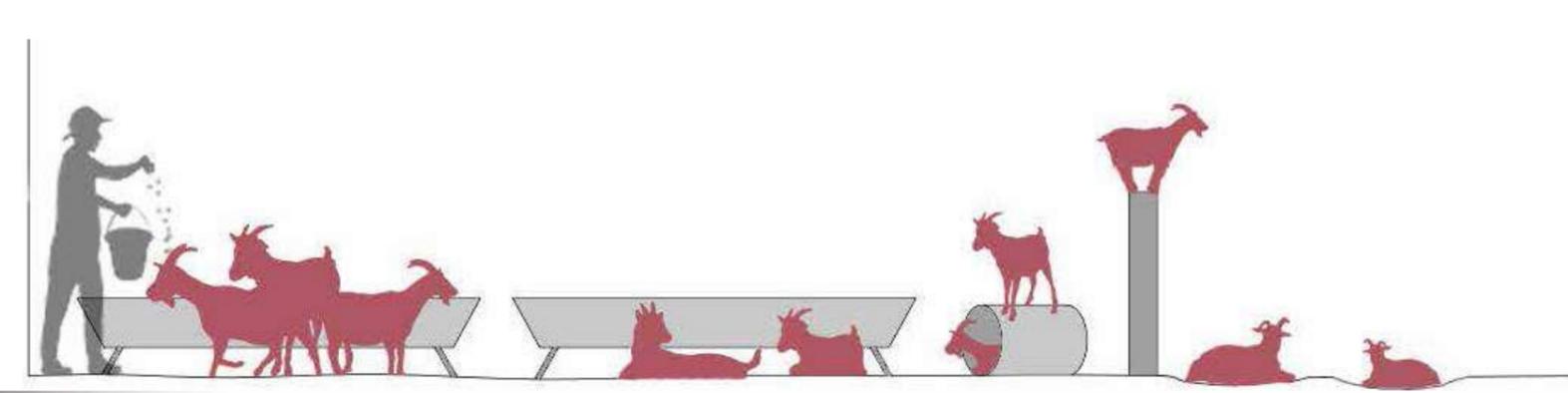


Visiting organizations, such as **Maronite Scouts of Bcharre, Municipality of Bcharre, and The Local Gibran Art Fairs** host workshops and seminars at the multifunctional spaces. They park their cars and **walk through the pumpkin fields to the courtyard.**

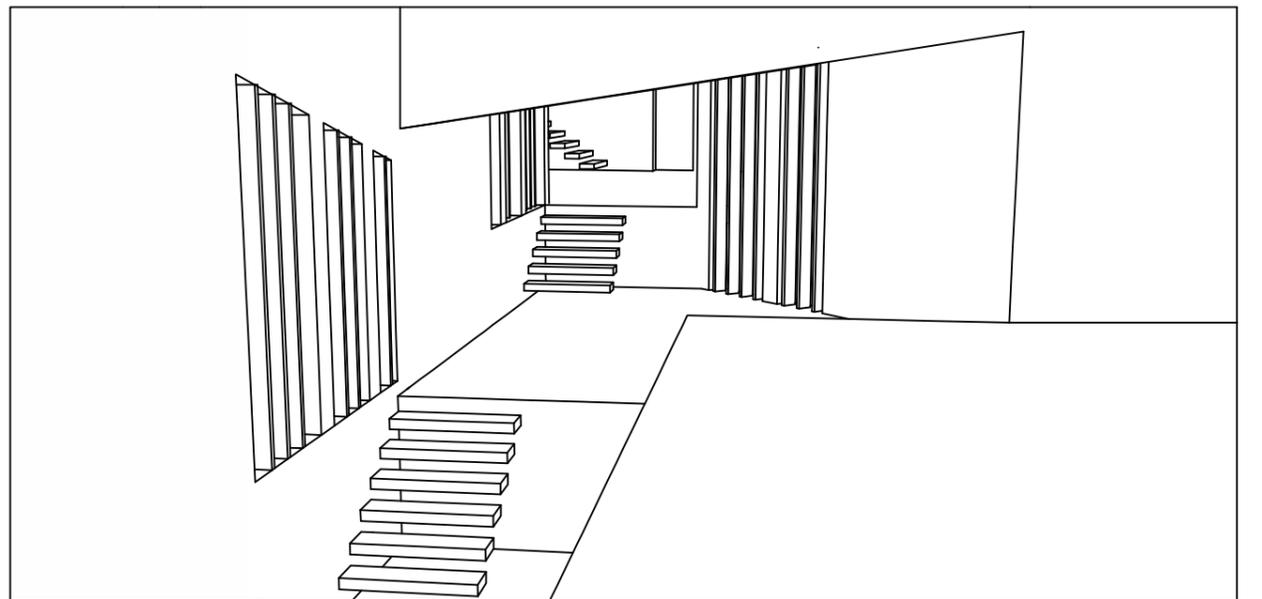
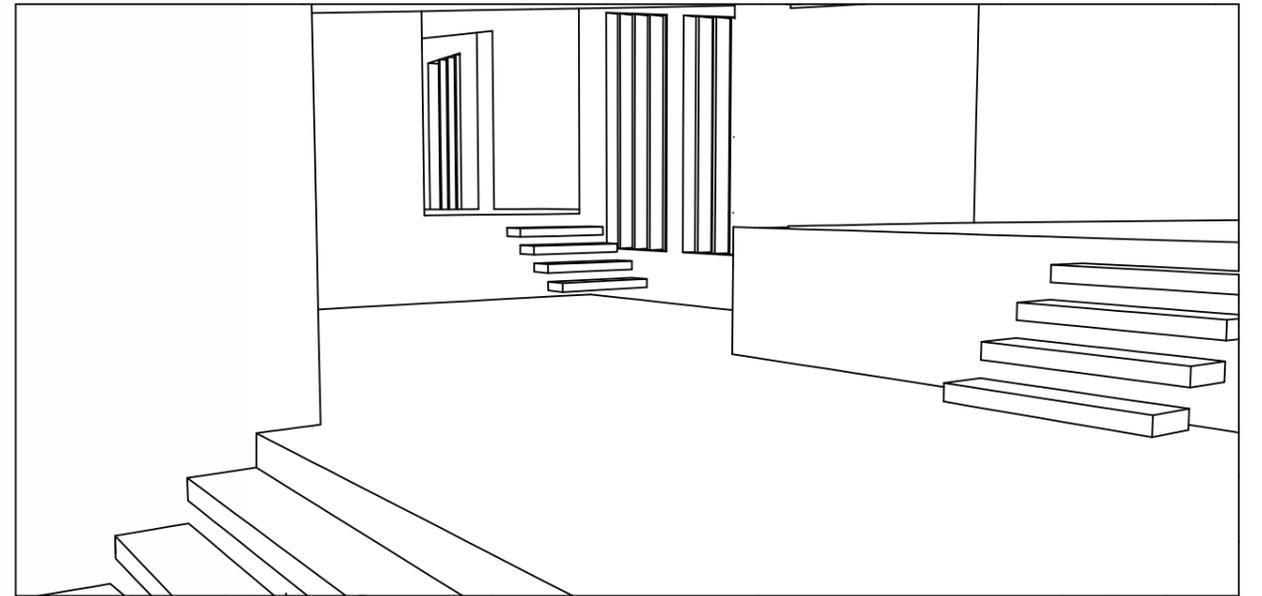
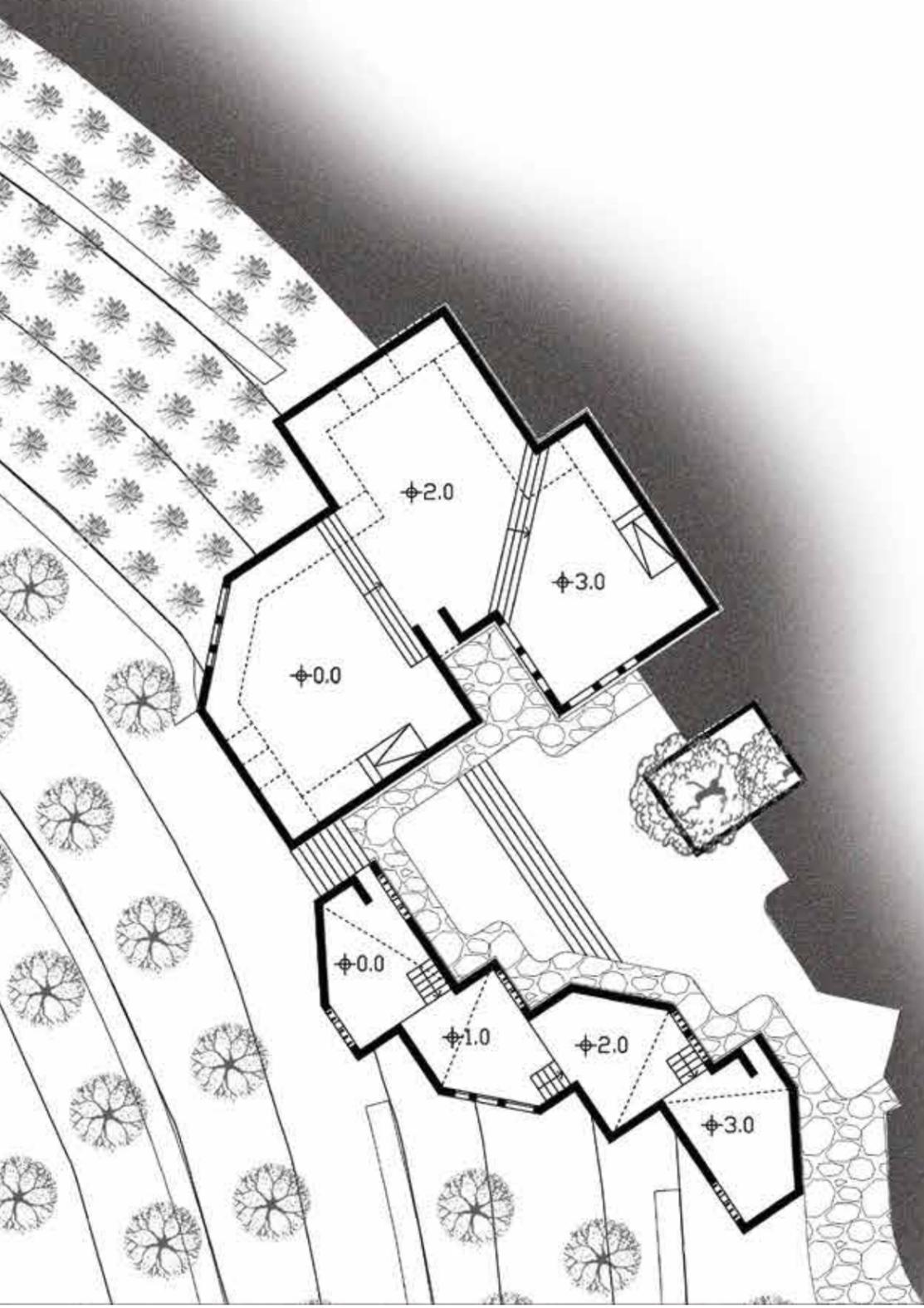
The multi-use facility has **direct access to the agriculture fields** to be used for agriculture seminars.

The goat shed is open to the public courtyard for a space where **goats can be released inside the courtyard.**





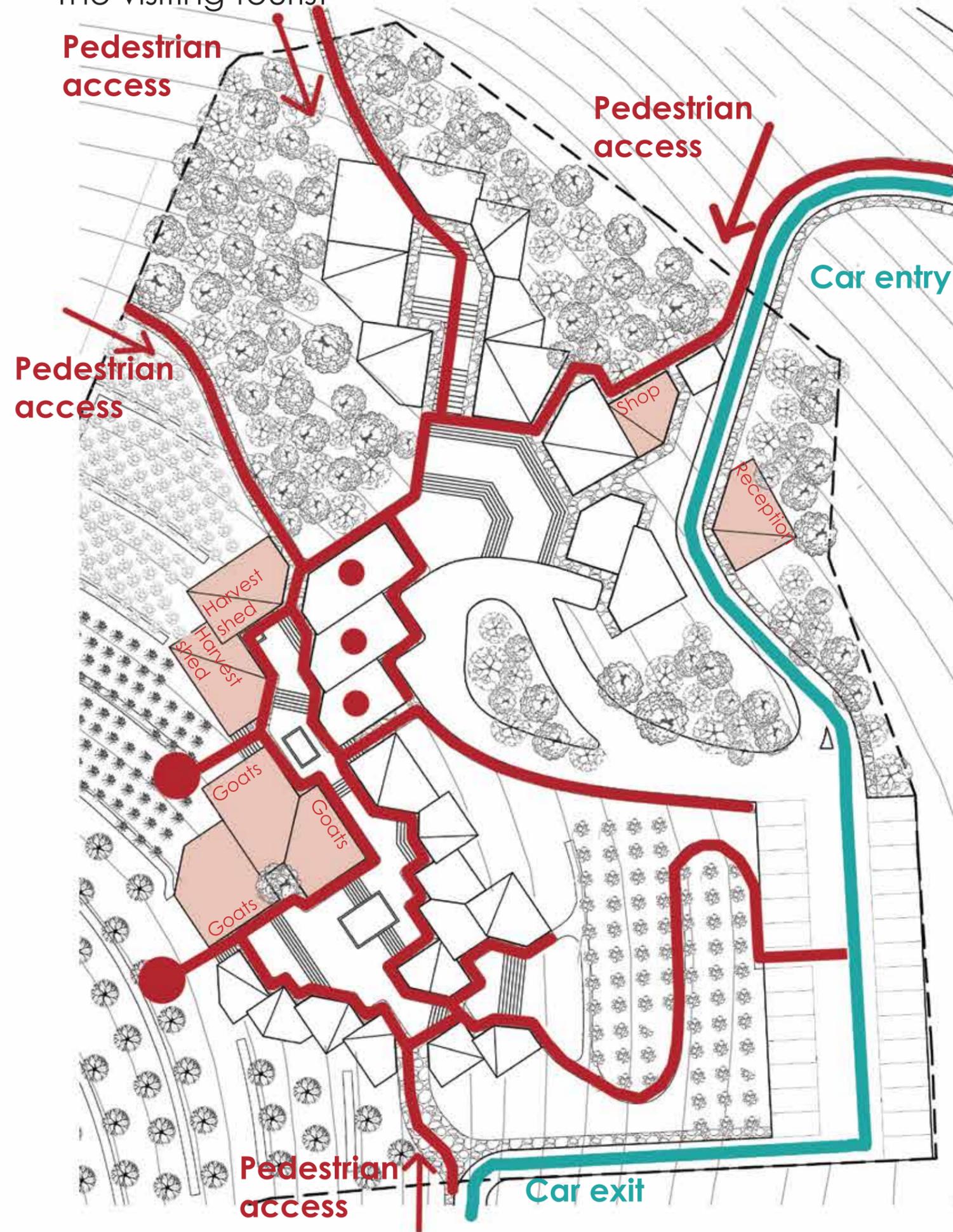
Goat shed interior



Multifunctional space interior

Circulation and User Cycle

The visiting tourist



Tourists visiting Bcharre can enter the project through several pedestrian access points that **lead directly to the village main road.**

Visitors can spend time **harvesting crops** at the agriculture fields and **learning how to milk goats** at the goat shed.

Tourism

Information according to 2019 records

500,000 tourists / year in Bcharre district

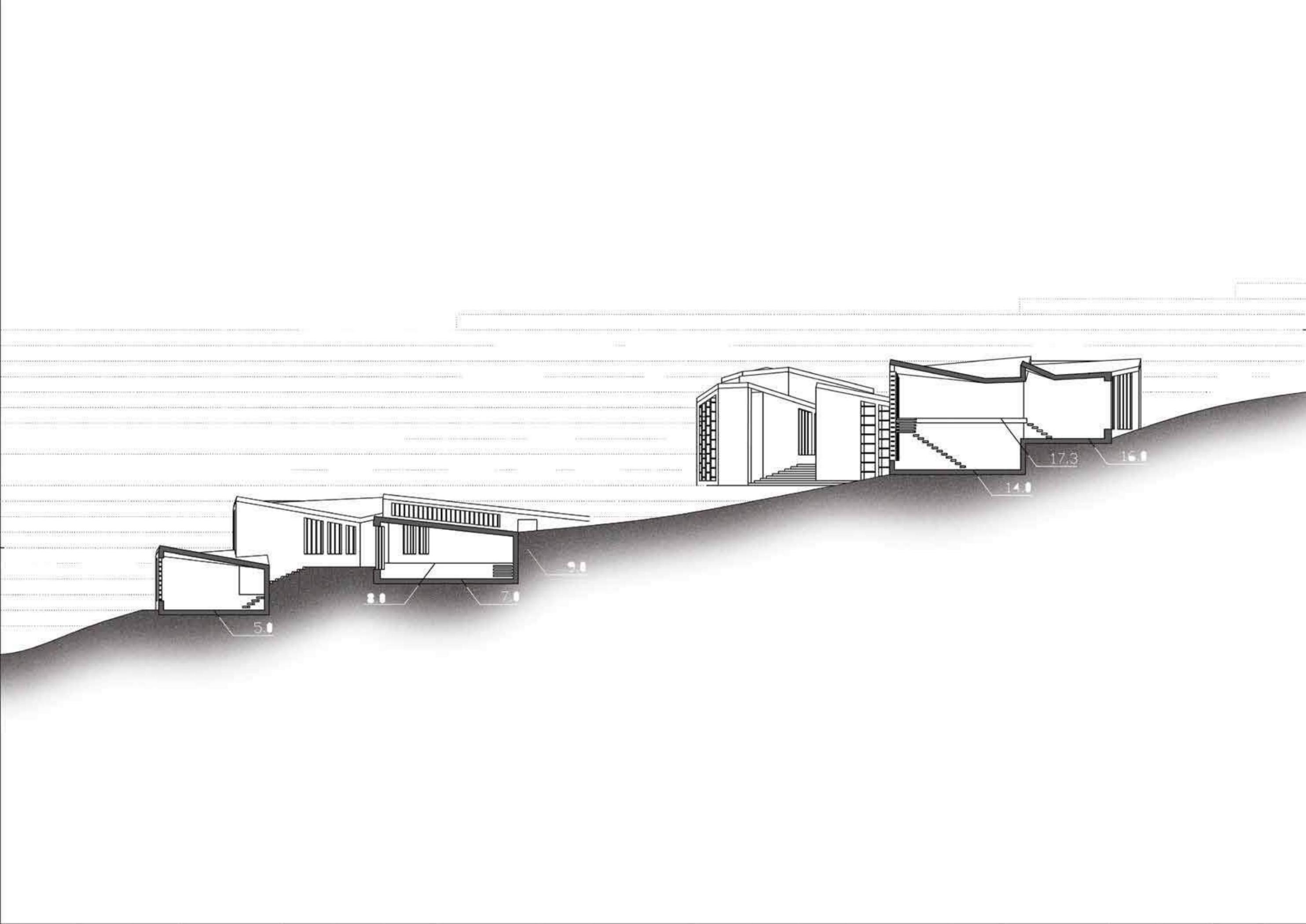


250,000 to the town of Bcharre, Cedars Forest, and Kadisha Valley

Forest of God	80,000
Gibran Khalil Gibran Museum	40,000
Mountain top (jered)	15,000
Kadisha Grotto	20,000
Valley	160,000



6-10 million / year





Roof functions



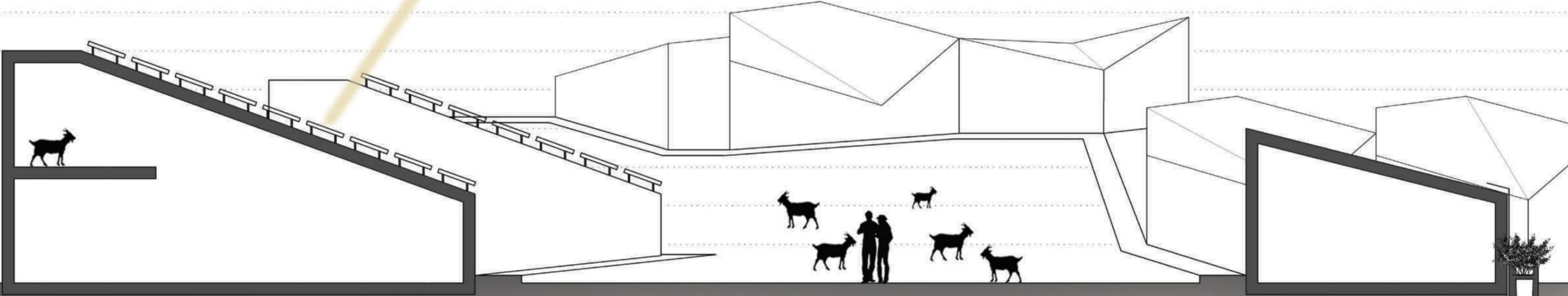
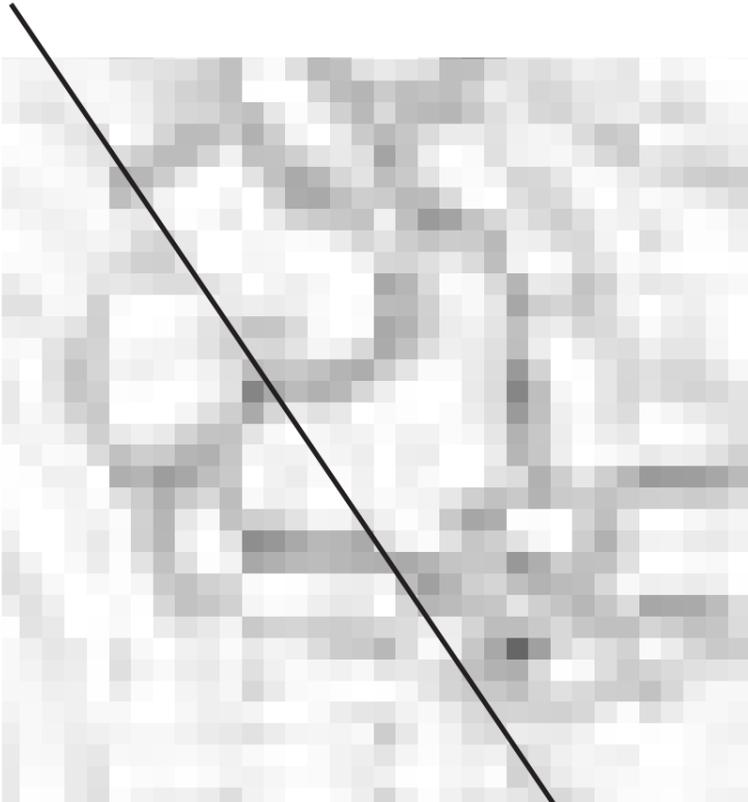
 PV roofs

 Rainwater collection roofs

 Accessible roofs
(geothermal heating of storage facilities)

Sustainable Strategies

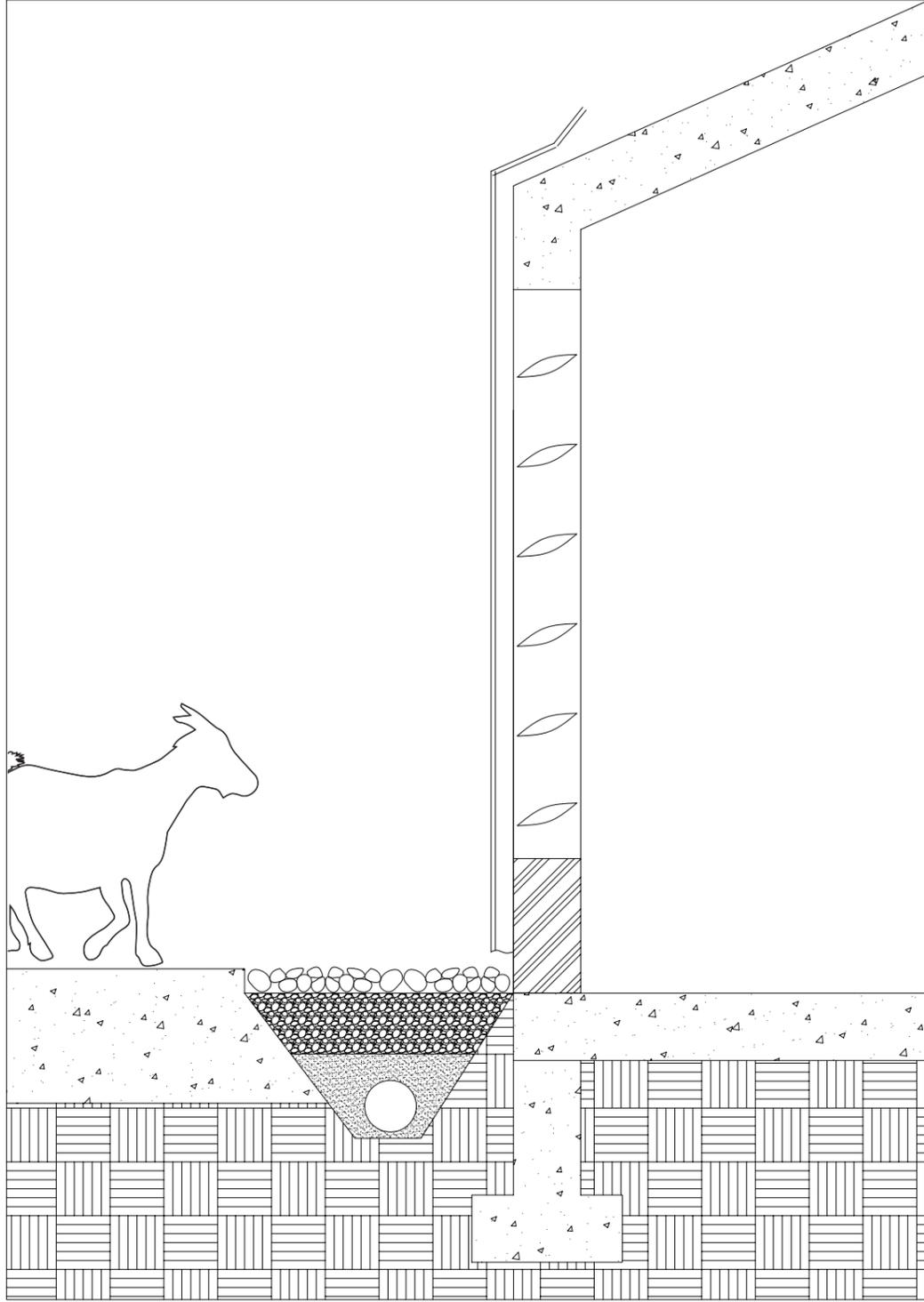
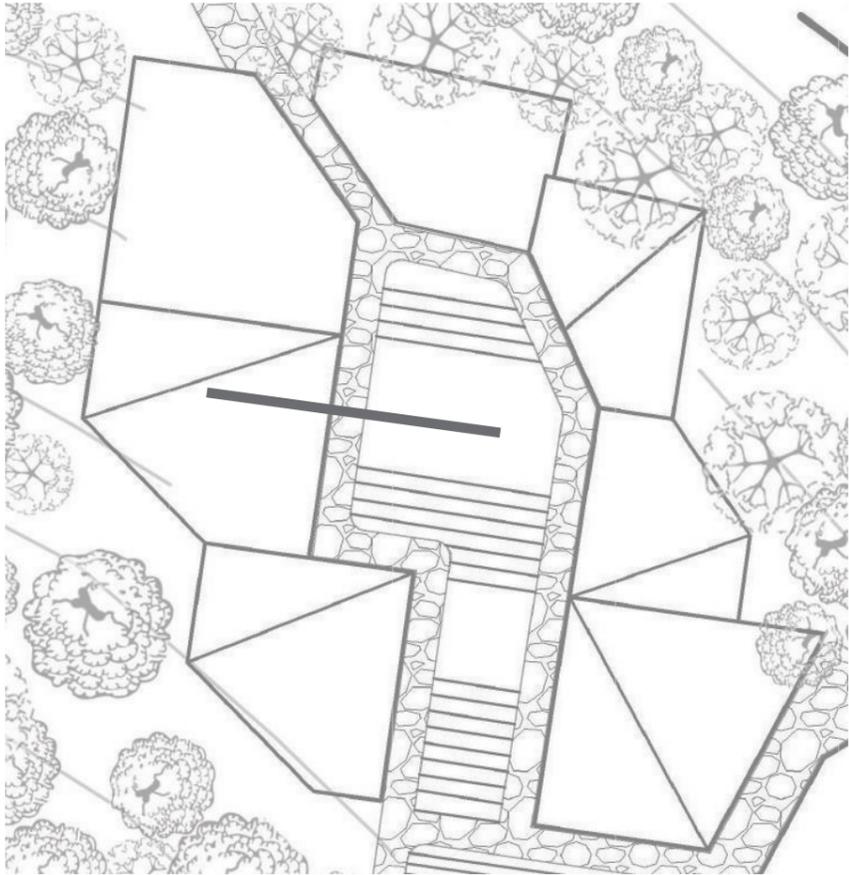
1. Roof functions: PV roofs



South facing roofs used for photovoltaic panels
30 degree slope

Sustainable Strategies

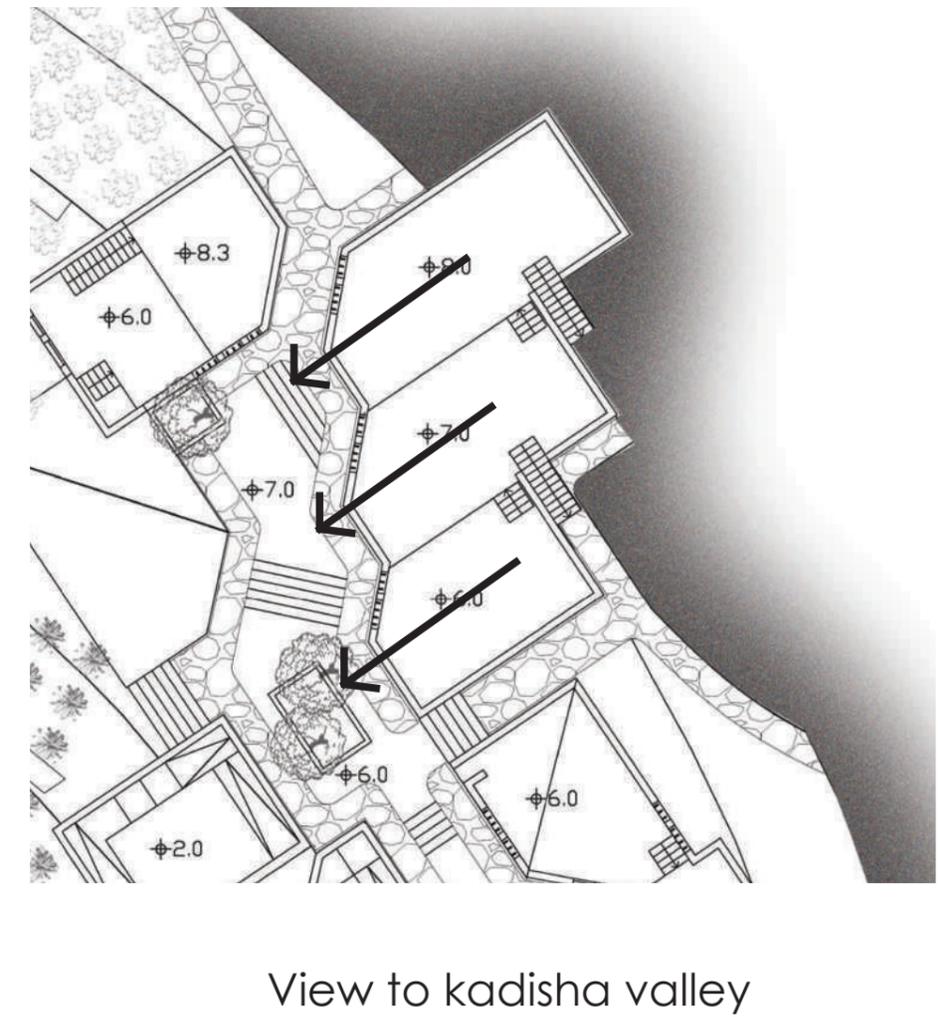
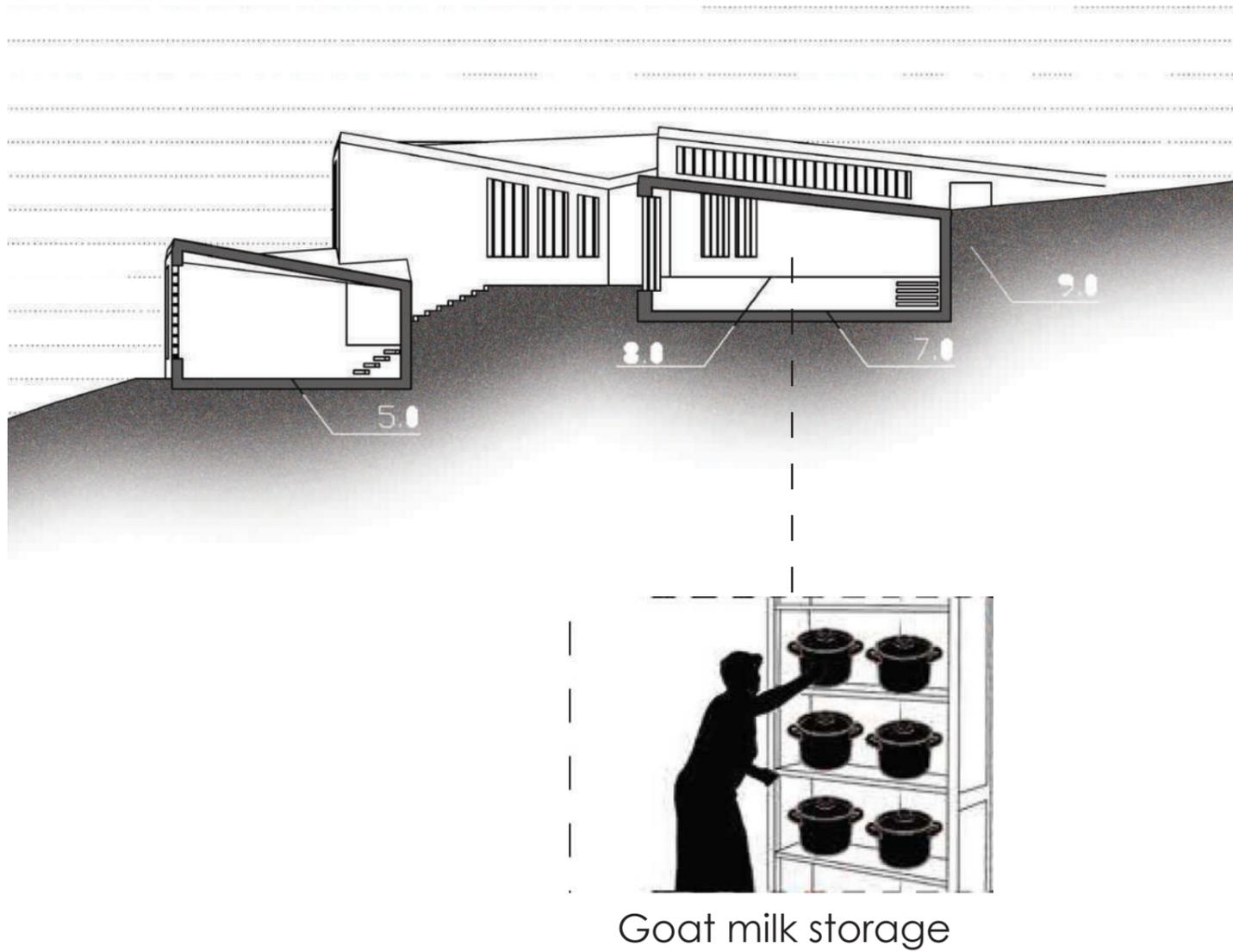
2. Roof functions: Rainwater collection



Sloped roofs used for rainwater collection are gathered by the gutter, through gravel pathway, and to rainwater reservoirs located under the concrete courtyards.

Sustainable Strategies

3. Roof functions: Accessible roofs Geothermal heating

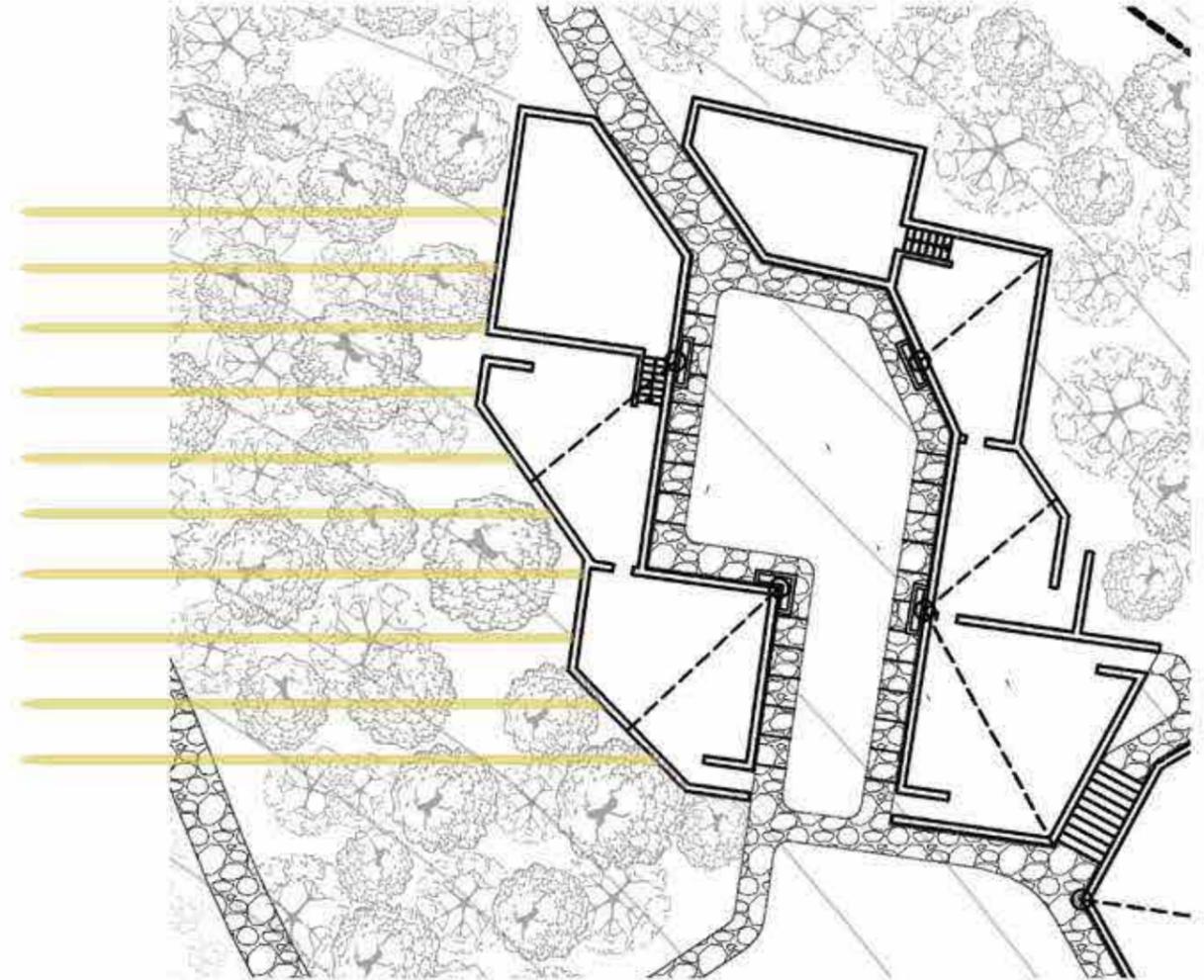


Storage facilities benefit from geothermal heating while allowing accessible roofs.



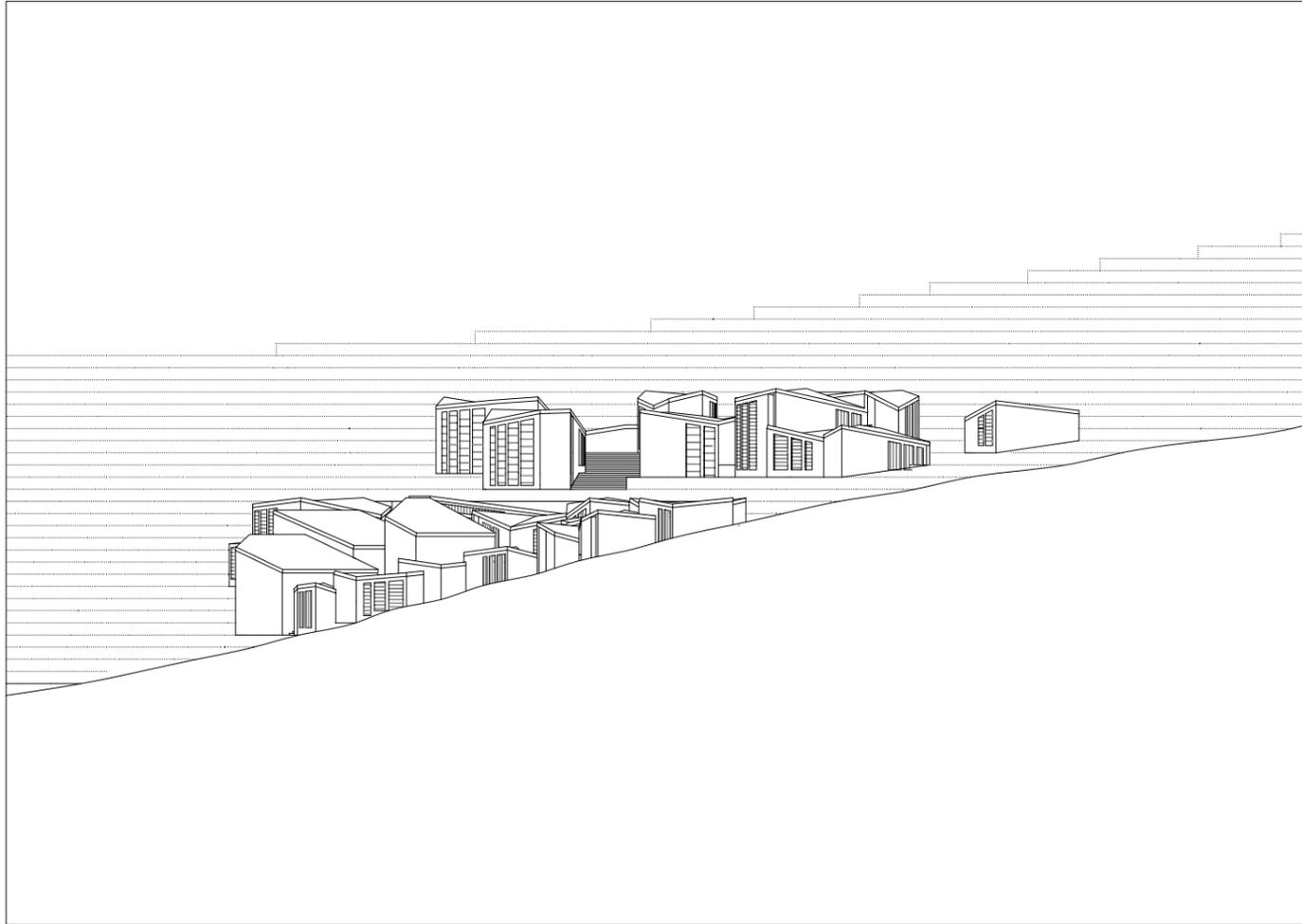
Sustainable Strategies

4. Massing and orientation

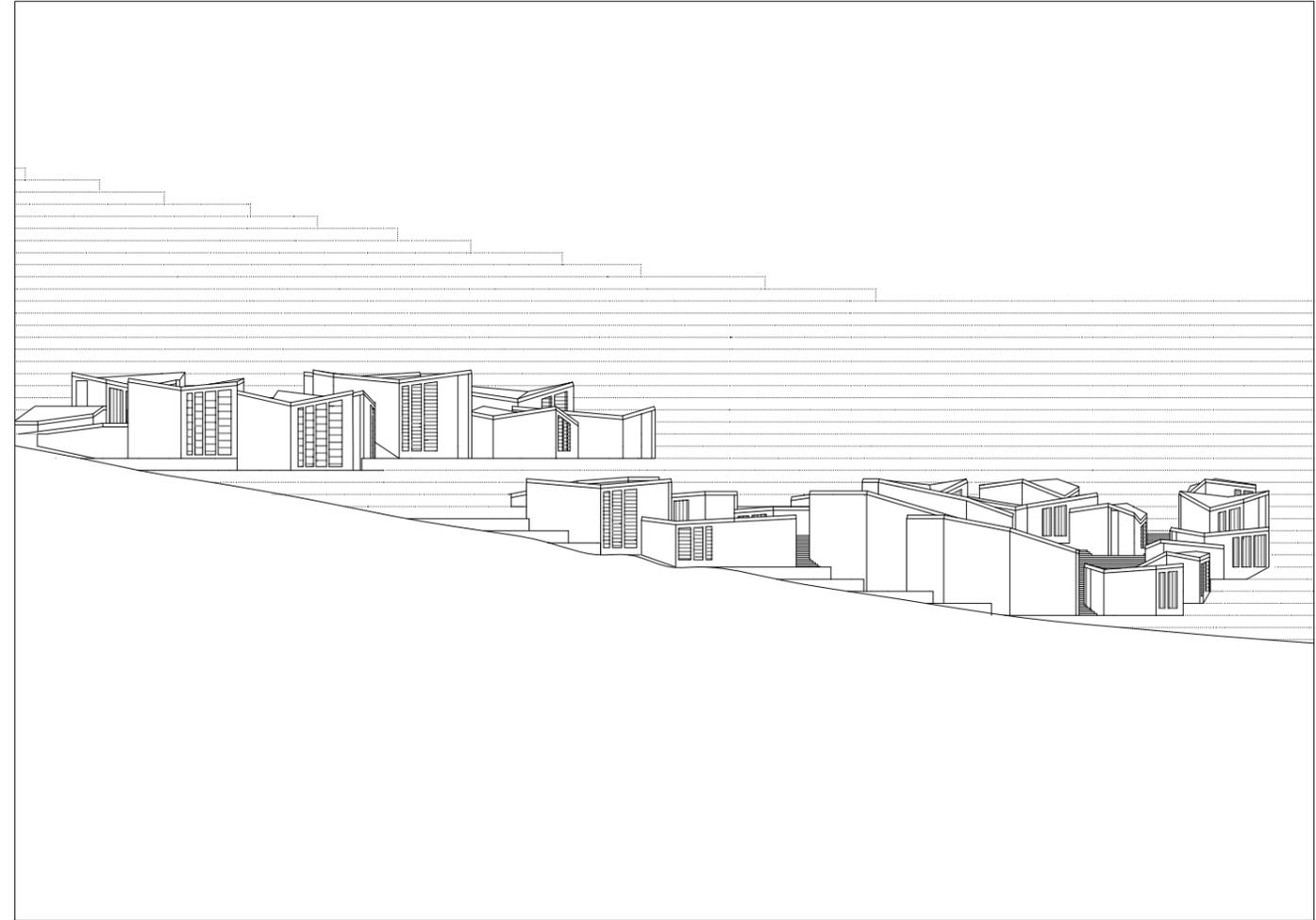


Masses tilt away from the West to protect from perpendicular western afternoon sun.

5. Fenestration placement and louvres



South elevation



West elevation

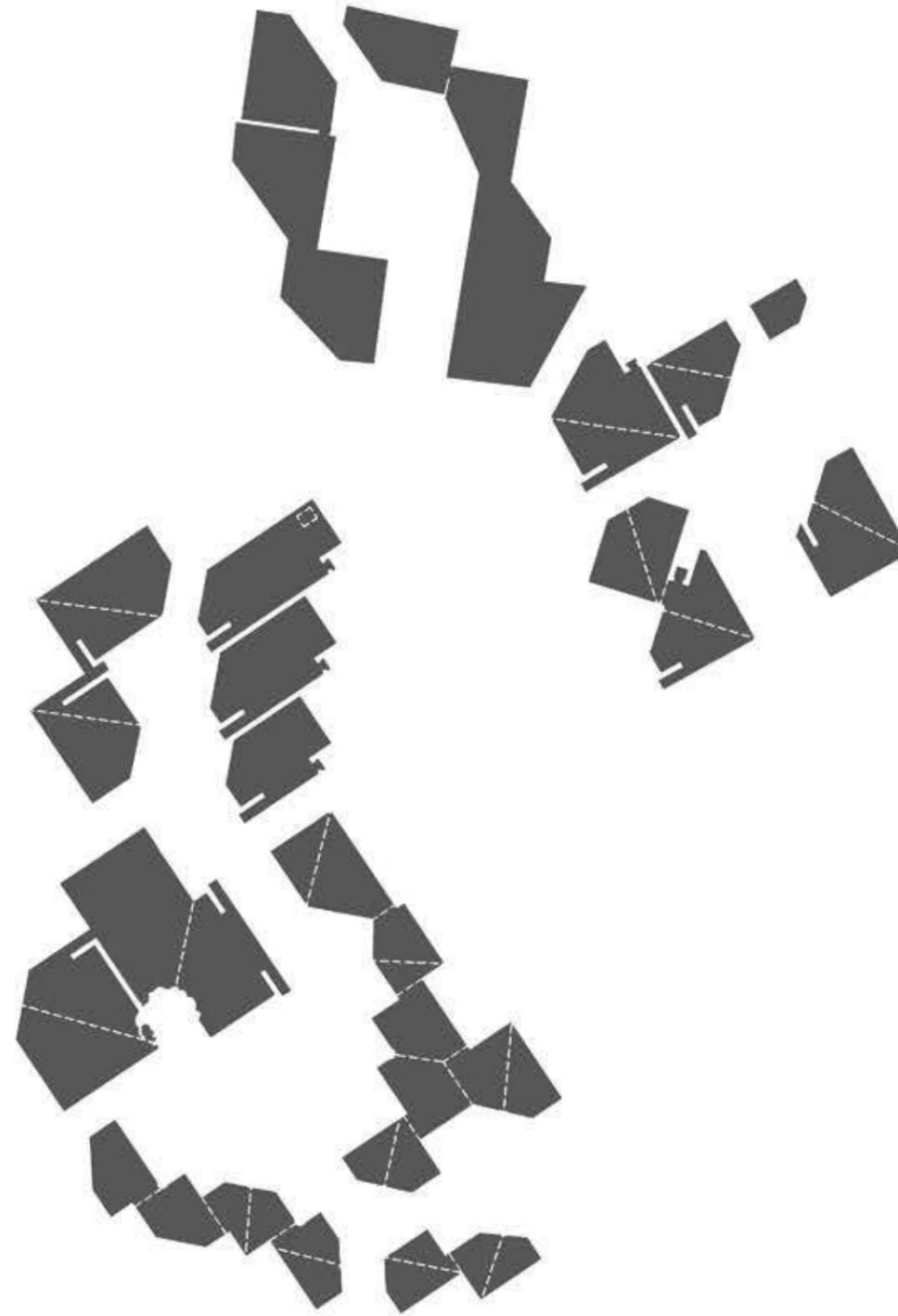
Minimize East and west sun exposure while maximizing North and South sun exposure

Mazimize South facade windows for maximum daylight

Horizontal shading devices on the South façade. Vertical shading devices on East and West facades.

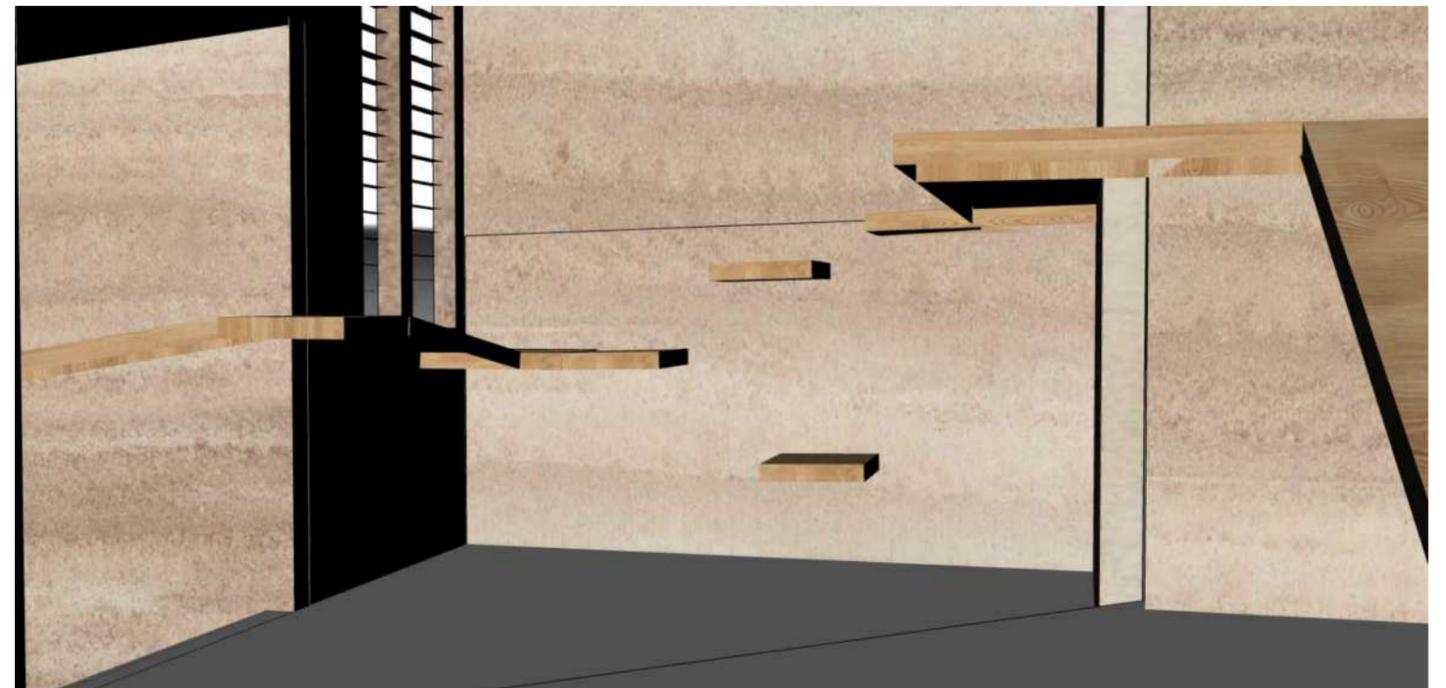
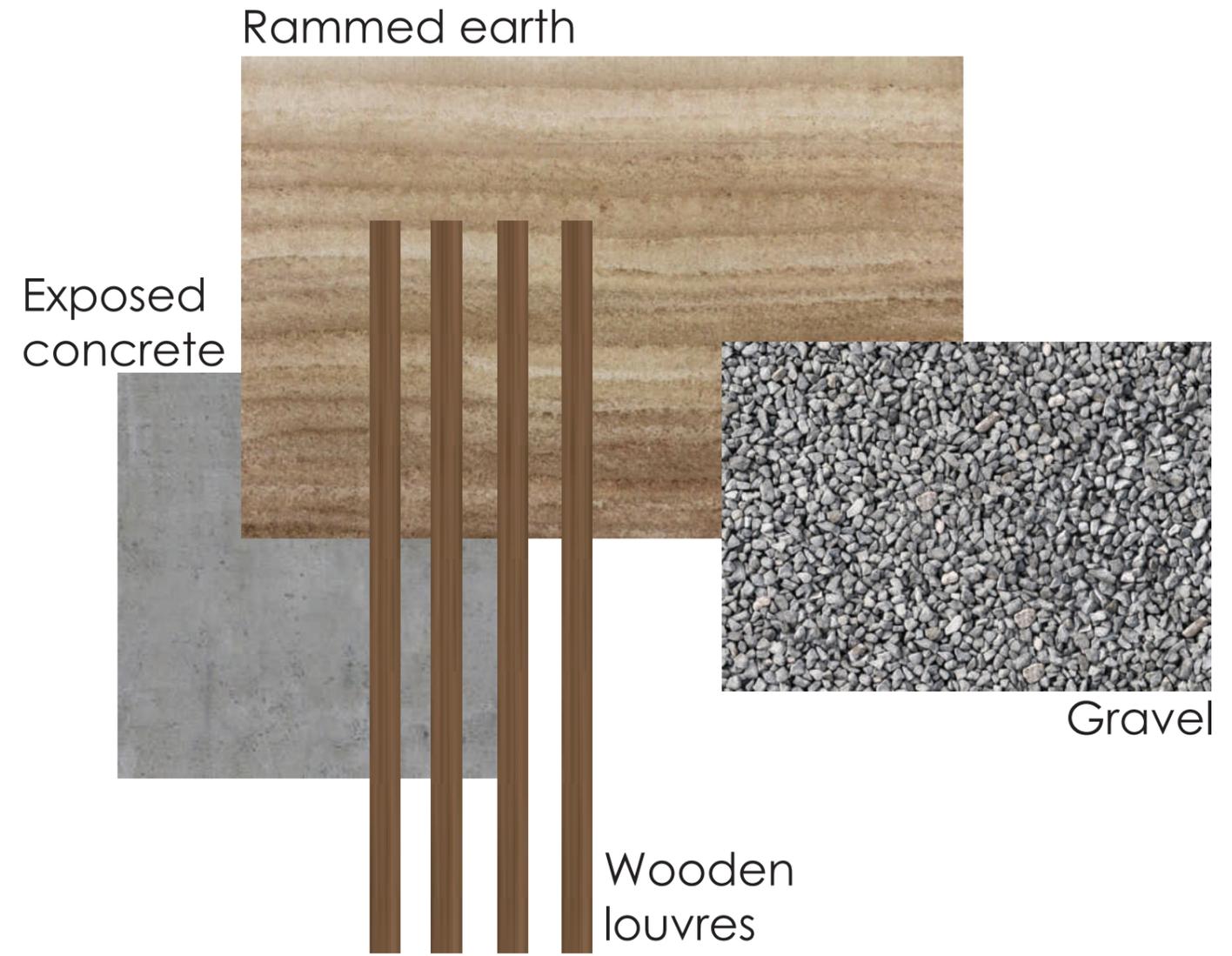
Open windows for wind flow from South West to North East

6. Compact typology



Compact buildings reduces heat loss in cold climate

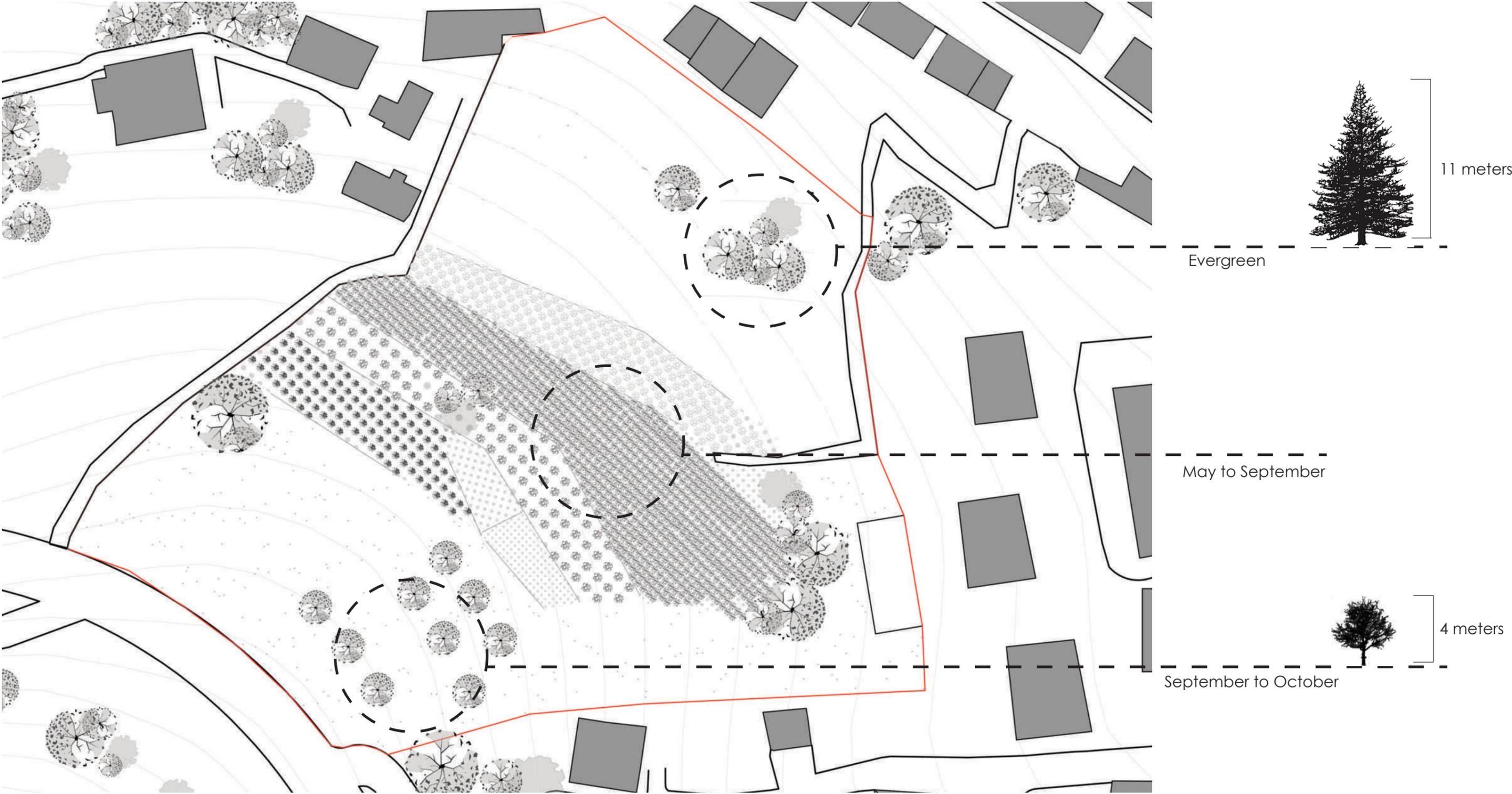
Materials



Goat house decking is made from recycled project construction formwork wood

Landscape Treatment: Vegetation Zones

Existing landscape scenario



Landscape Treatment: Vegetation Zones

Proposed vegetation distribution



-  Pine trees
-  Agriculture fields
-  Apple trees

Landscape Treatment: Vegetation Zones

Proposed vegetation distribution



Accessible to goats

Building or road barrier

BIBLIOGRAPHY

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<https://www.raconteur.net/sustainability/top-5-tech-innovations-in-agriculture>

<https://medium.com/sciforce/smart-farming-or-the-future-of-agriculture-359f0089df69>