



Finally, A Good Night!!

Written by Eman Salah Alshuwaikh

1- Character: <https://www.vectorstock.com/royalty-free-vector/cute-boy-waving-hand-on-transparent-background-vector-15093636>

2- Background: [https://www.shutterstock.com/es/search/boy room vector?image_type=illustration](https://www.shutterstock.com/es/search/boy%20room%20vector?image_type=illustration)

Father



Mother



Mohammad

1- Mother and Father: https://www.vippng.com/preview/xJiowm_parent-and-child-png-clipart-saying-goodbye-to/

2- Home: <https://www.shutterstock.com/es/search/cartoon-house>



Isa

Layal

Emily

1- School: <https://depositphotos.com/295558418/stock-illustration-school-day-knowledge-funny-cartoon.html>

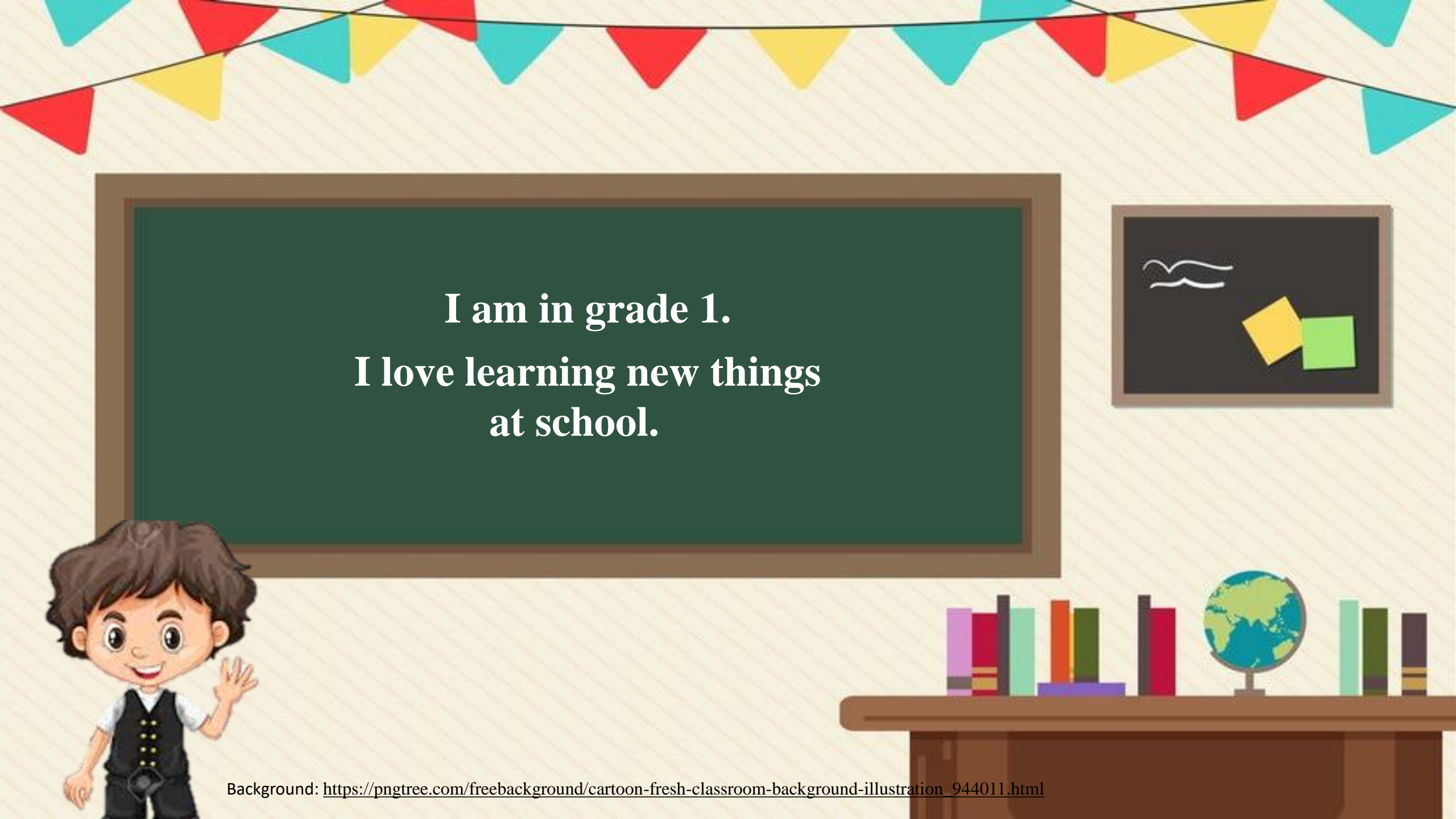
2- Isa: <https://www.hiclipart.com/free-transparent-background-png-clipart-zkwqx>

3-Layal: <https://www.pngguru.com/free-transparent-background-png-clipart-ngehy>

4-Emily: <https://www.pngguru.com/free-transparent-background-png-clipart-byodw>



Hello! My name is Mohammad. I am 6 years old. I will be taking you, my friend, to experience an interesting part of my life. Before that, I need to tell you some things about for us to become friends .



**I am in grade 1.
I love learning new things
at school.**





My favorite hobby is football .

Reading is another hobby of mine. I learn a lot of new things when I read. The last book I read is about dolphins. Did you know that dolphins are huge?

1- field: <https://wallpapersafari.com/w/Ak5BGh>

2- Library: <https://www.clipart.email/clipart/background-clipart-library-173736.html>

**Now, you are my new
friend. You will know
more about me.**



Today is Monday. I am getting ready to go to school.



“Mohammad!
Come eat your
breakfast,” shouted
my mom.

I quickly answered:
“Okay mom!
I am coming.”



My father asked: “Mohammad! Do you remember when your mother and I told you yesterday that we have some news to share with you??”



“Yeaahh! I do.”



**“Your new
room
furniture
will be here
today and...”**

**I didn't let my
father continue
and shouted
“Horrayyy!!!”**

My mom smiled “and you will start sleeping in your own room”.

“But,” I sighed, “I will still be able to sleep with you at night . Right?”

My father smiled warmly, “darling, you are big enough to be sleeping alone now.”



Beep

Beep!!

I heard the bus. It was time to leave for school. I kissed my father and mother on their cheeks, took my bag and mom walked me to the bus.



1-Bus: https://www.kindpng.com/imgv/iTmbbTh_school-bus-png-transparent-background-cartoon-bus-clipart/

2-Backpack: <https://www.kissclipart.com/backpack-for-coloring-clipart-backpack-coloring-bo-7vqnpj/>

3-Background: <https://www.clipart.email/clipart/background-clipart-road-173593.html>



After a while, the bell rang for the break to start . I saw Isa, Layal and Emily sitting next to the window, waving for me to join.



1- table: https://www.clipartmax.com/middle/m2H7H7d3Z5G6Z5m2_dining-table_cliparts-cartoon-dining-table/

2-floor : https://pngtree.com/freepng/hand-drawn-cartoon-wooden-dark-floor-free-buckle-element_4552340.html

3- window: <https://www.dreamstime.com/stock-illustration-generic-room-nightstand-cartoon-background-large-windows-image43240985>



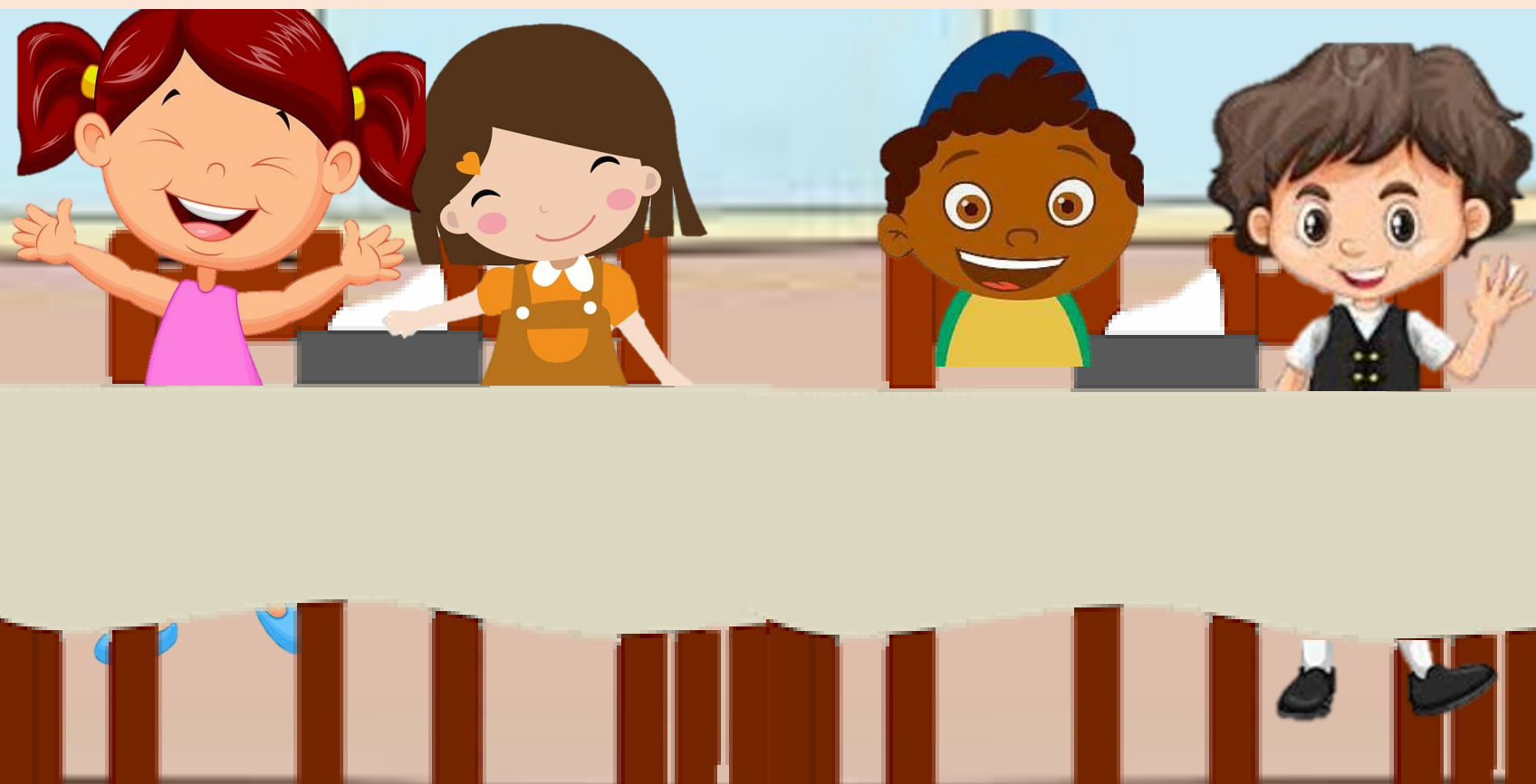
Isa is my best friend since kindergarten. Layal and Emily became my friends the first day in grade 1. I joined them and started eating quietly.



Suddenly, they all looked at me and said all together “What’s wrong?!”

“I am moving to my own room ,” I replied.

Isa said: “What’s wrong with that?”



**“Honestly, I get nightmares . It scares
me.”**

**Loyal looked worried and asked “What
is a nightmare?”**

**Emily explained “It is a bad dream that
can be scary or sad.”**

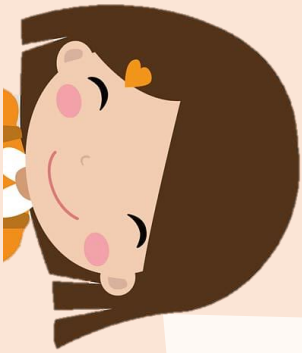
**Loyal looked at me and said: “I have
nightmares as well.”**

“Yes, we all do,” Isa agreed.



I added, “Is it normal? Do all people have nightmares? Anyway, how can I sleep alone when I get scared in the middle of the night? Tell me now.”





“I have a good dream catcher and my older sister sleeps with me.”

“I still sleep with my parents, but you can read a nice book before you sleep and never watch scary movies.”



“I sleep with the lights on, and the door is always open.”

“I see. I will ask my mom to buy me the dream catcher, leave the lights on and read a good book.”




After a couple of hours, I was home from school. Normally, we all sit in the living room at 4:00 in the afternoon and share what happened during the day.



So, today by 4 o'clock, we all sat together and I asked my mom for the good dream catcher.



Background: <https://www.clipart.email/clipart/background-clipart-living-room-355322.html>



**She said: “baby,
you don’t have to
worry. You will be
able to come join
us whenever you
wake up scared.”**

**I screamed
happily
“Yayy!!”**

From that night onwards, I started reading bedtime stories, keeping the lights on and the door open. Whenever I am too scared to sleep, I go to my parents.



Also, I realized that a cup of water can calm me down and get back to sleep without joining my parents.





Now, I don't see a lot of nightmares.

I started having good dreams more.

Citation

1- Kitchen

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2- Ground Floor pg 13

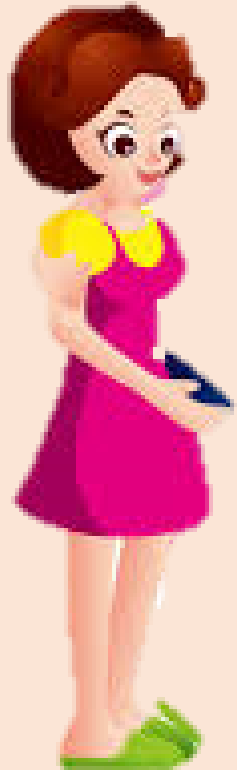
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3- Backpack pg 12

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Citation

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