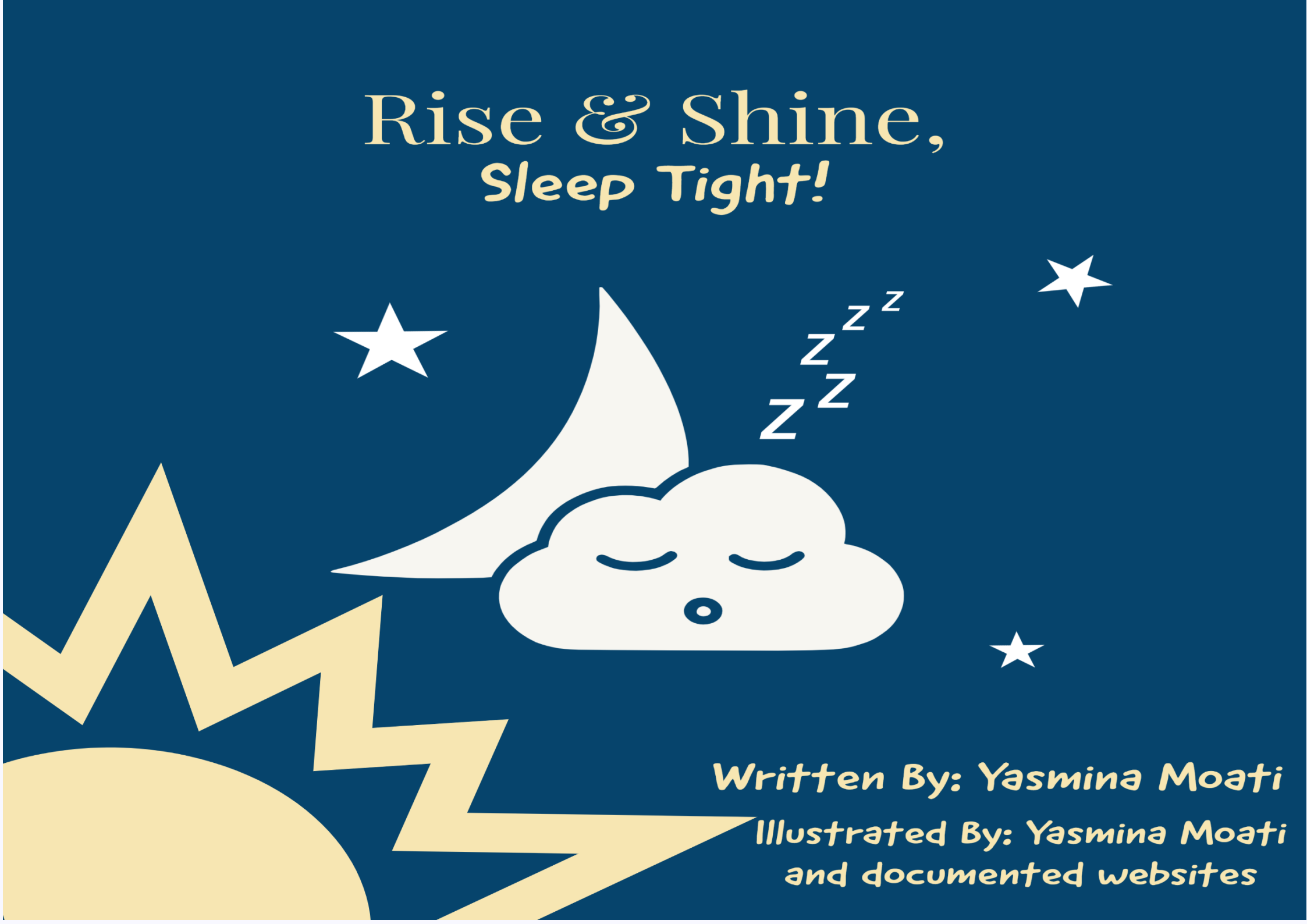
Rise & Shine,
Sleep Tight!



Written By: Yasmina Moati

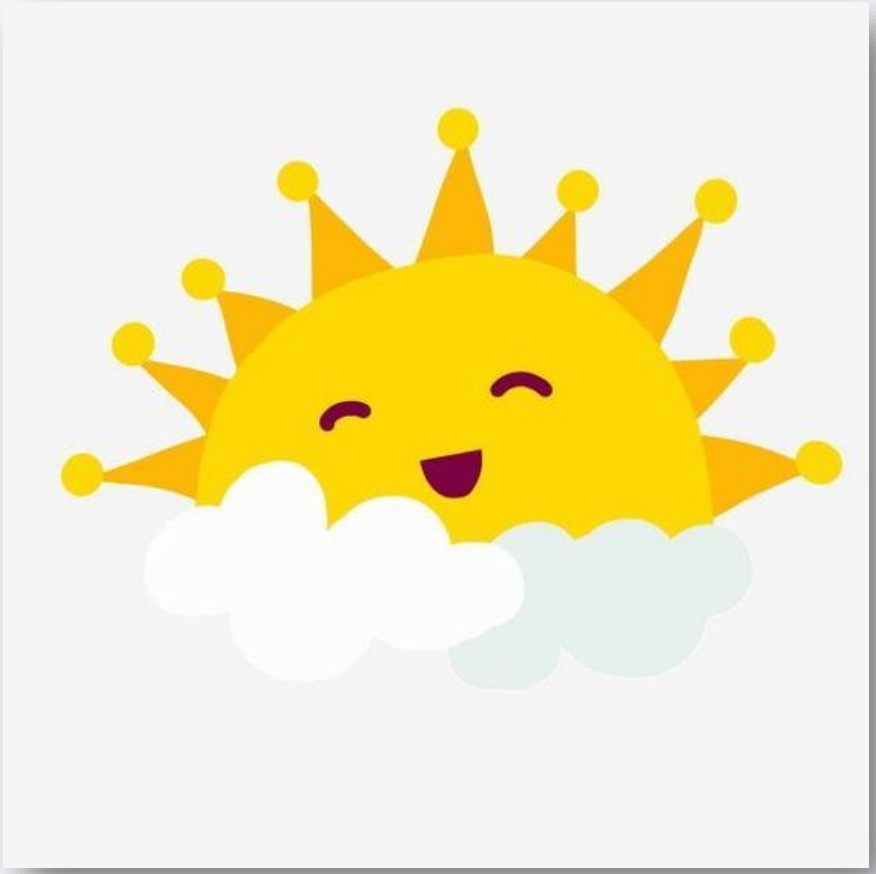
Illustrated By: Yasmina Moati
and documented websites

Hello everyone, this cute boy you see is Karim.

He is a boy with high self-esteem.

He likes to always make friends.

shorturl.at/dehs8



"Good morning sun!"

"Good morning clouds!"

That is the first thing he says before going out of bed.

https://www.pinterest.com/pin/791226228273596978/

"Good night moon!"

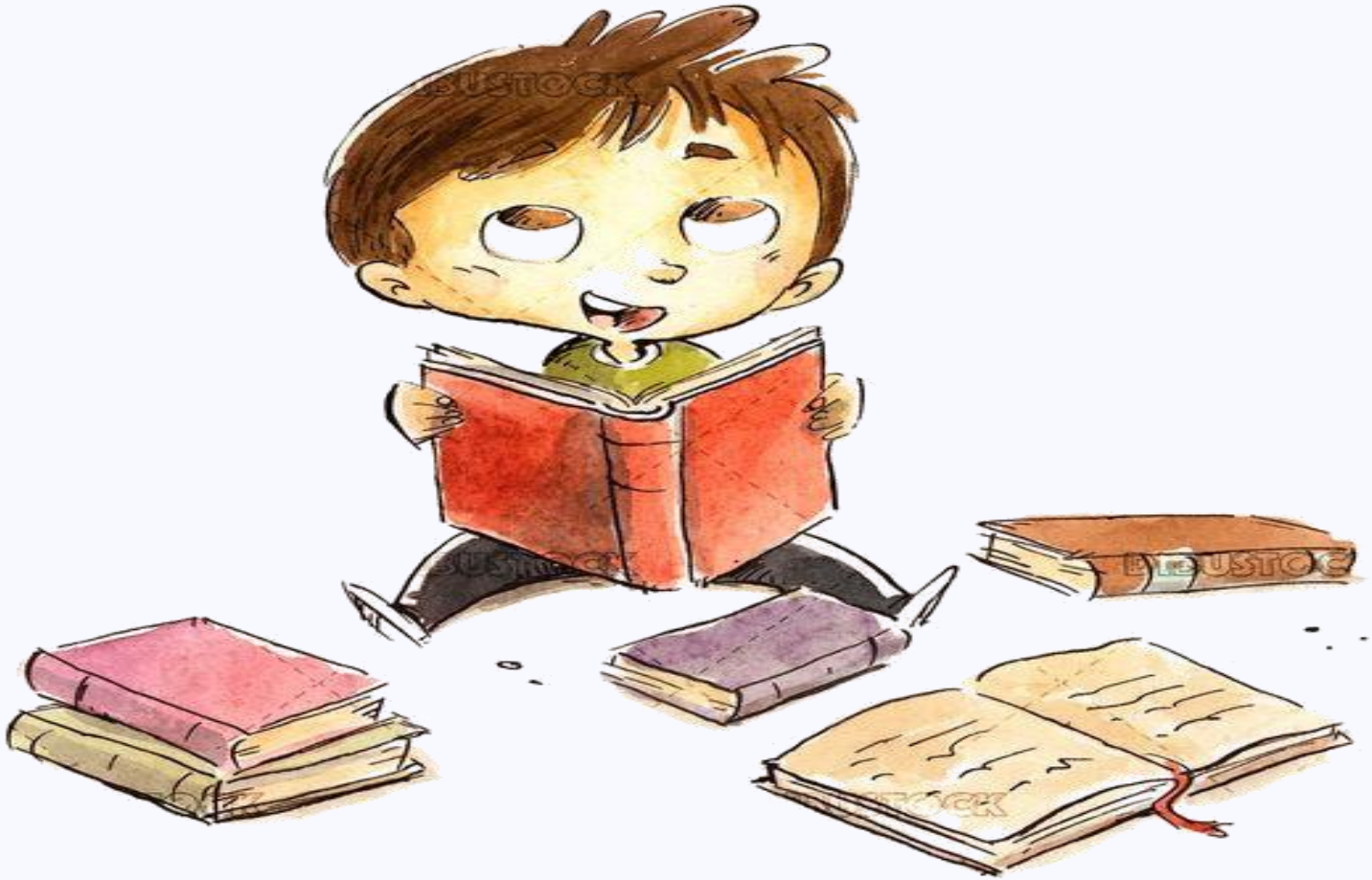
"Good night stars!"

That's what he says before going to bed.

https://www.pinterest.com/pin/701365341955004534/

Soon they all became best friends.

shorturl.at/ouFZ1



One day Karim decided to surprise his friends, so he searched for new ways to say good morning and good night to them.

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shorturl.at/crFHR

So, for three days he didn't say good morning to the sun and clouds.

shorturl.at/wGQRZ

Nor did he say good night to the moon and stars.

Soon the sun got worried, and so did the stars, clouds, and moon.

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They thought that Karim is no longer speaking to them because he no longer wanted to be their friend.

https://www.pinterest.com/pin/701

“Is my sunshine not enough?” sobbed the sun.

shorturl.at/mtFGS

"Wasn't it the one that helped his flowers bloom?"

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“Did he get upset by me?” sighed the moon.

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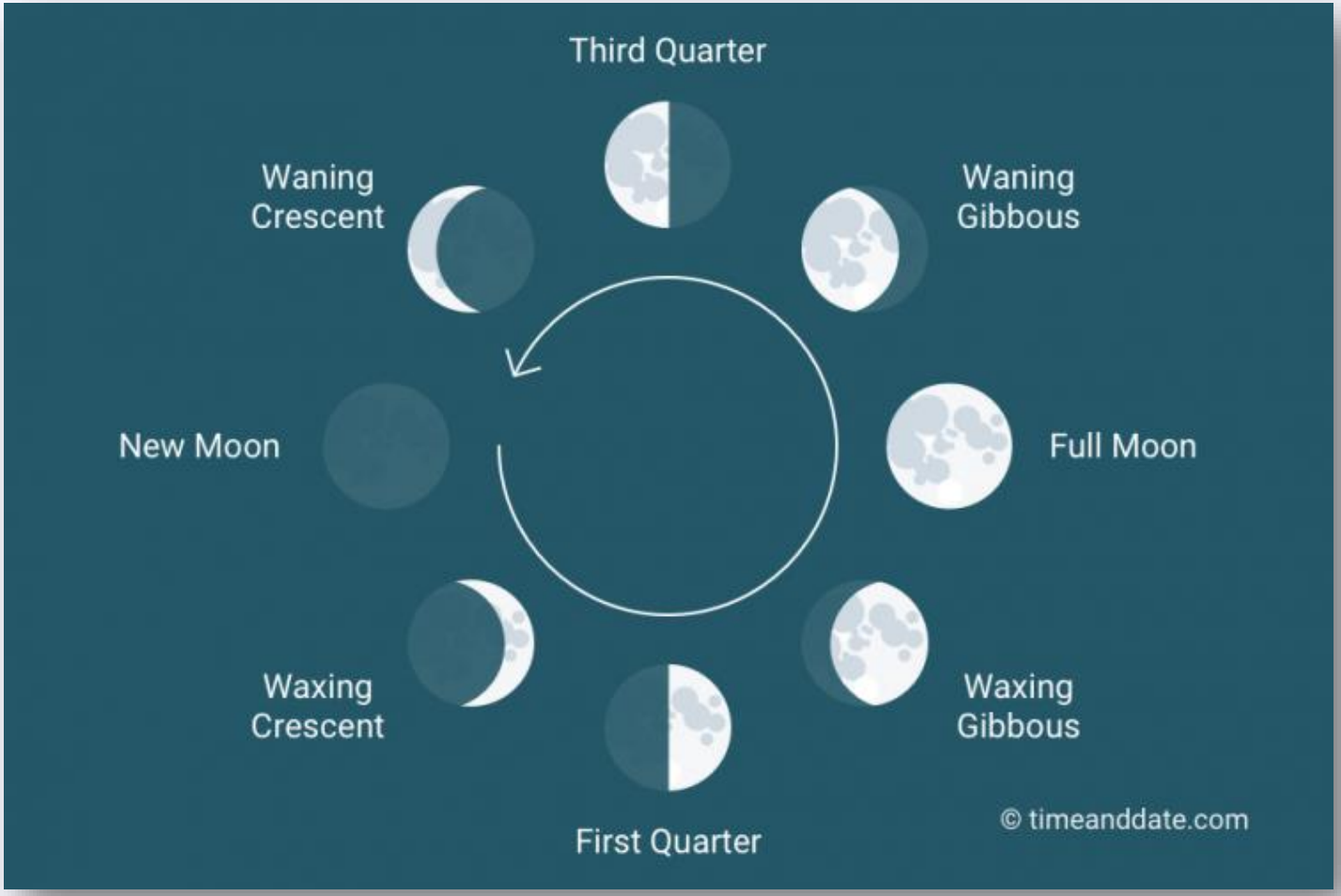
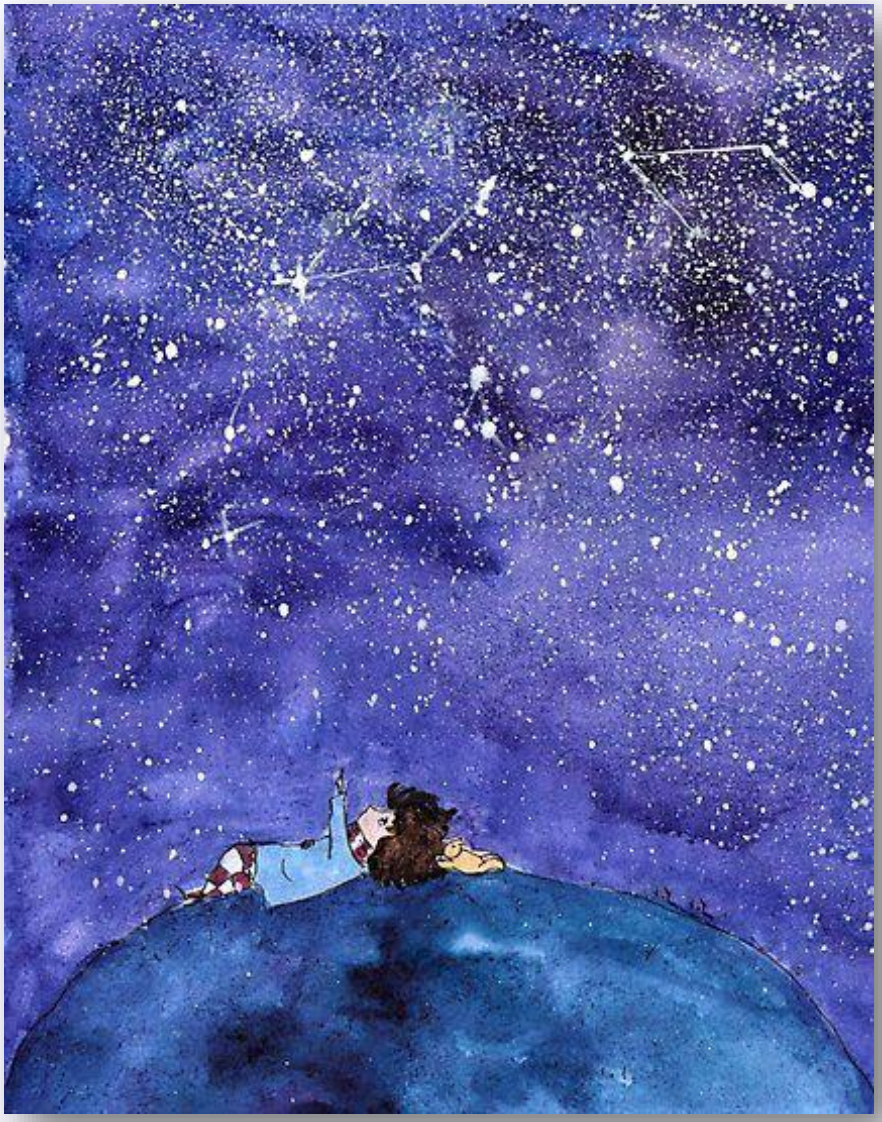


“My wonderful phases can’t possibly be the reason for his gloom!”

shorturl.at/btL02



"I've always sparkled and twinkled to light his nights. He can't possibly want me and my constellations out of sight!" exclaimed the stars.

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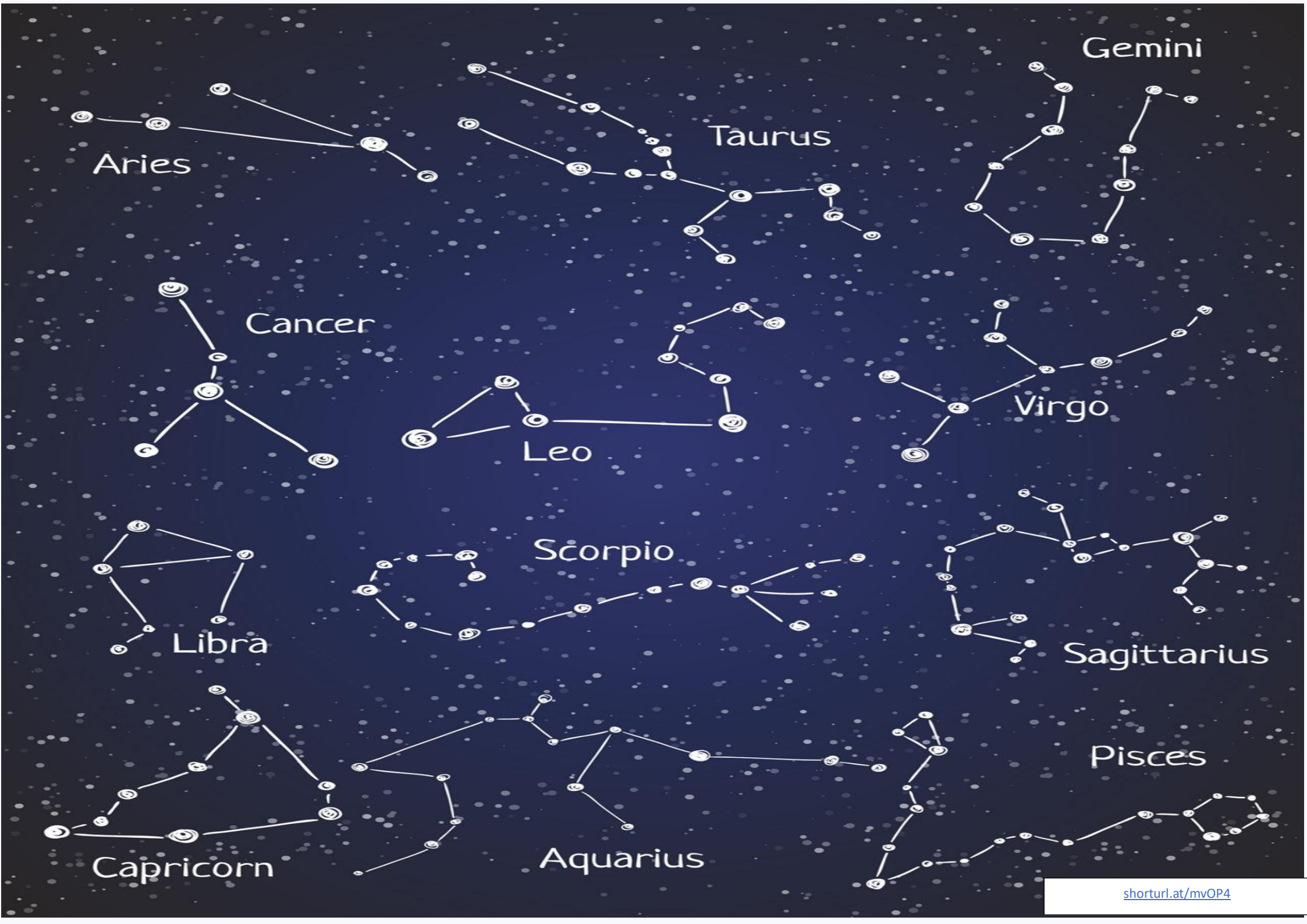


shorturl.at/mvOP4

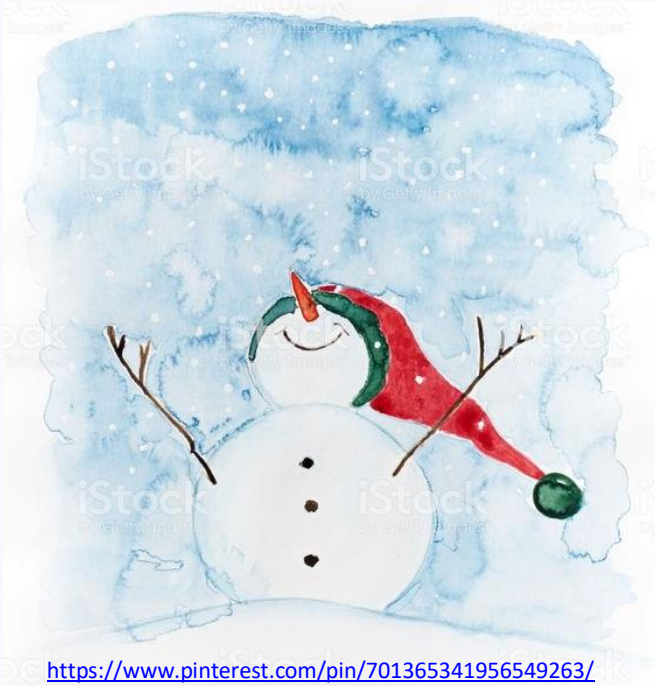
shorturl.at/ekpsC

"Sometimes I rained"

shorturl.at/dxyTU

"sometimes I snowed"

cried the cloud,



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shorturl.at/bjoCV

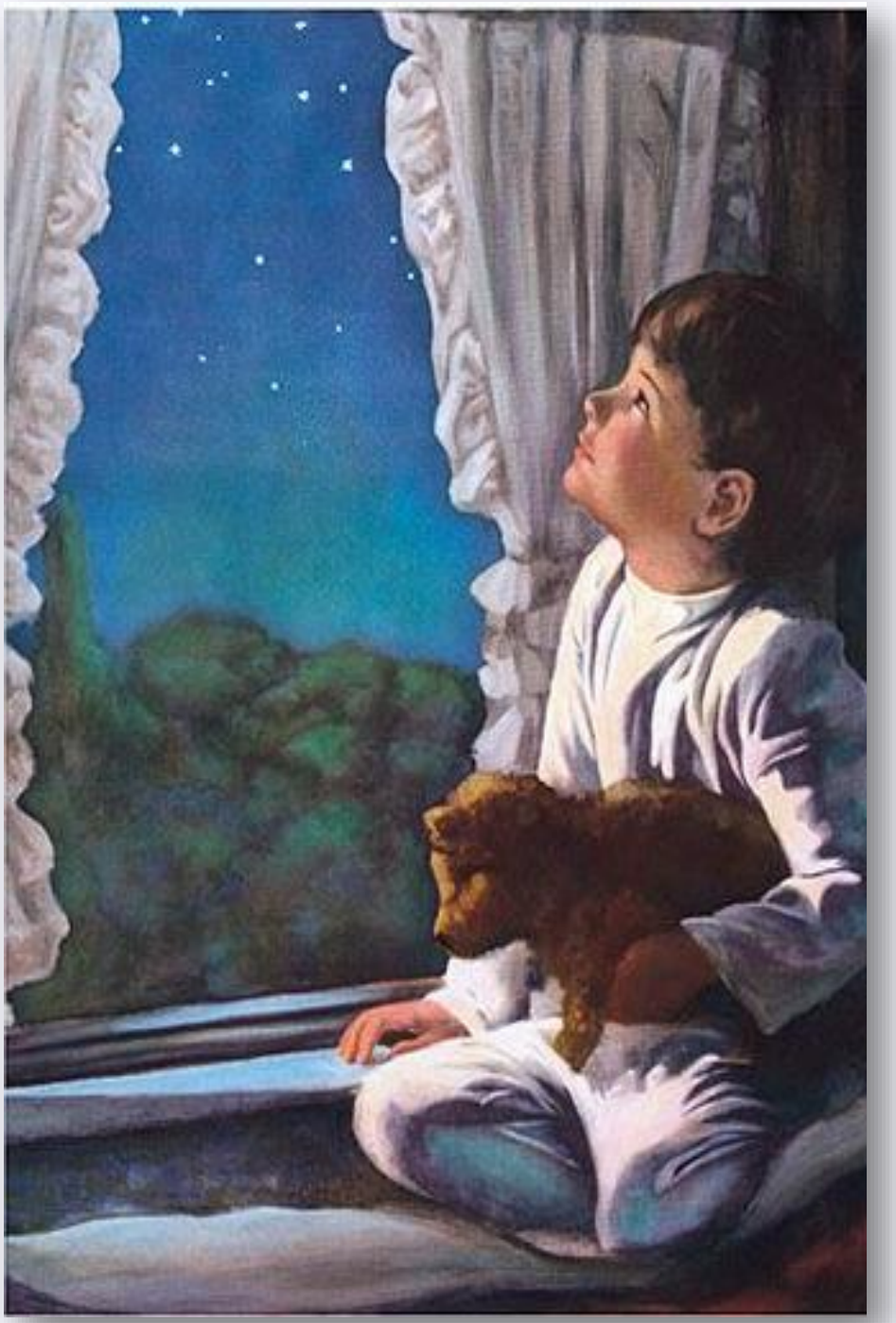
“I even became white for him to fly his kite”.

https://www.pinterest.com/pin/701365341956548443/

Karim was soon awakened by the noise of their talk.

He looked out the window with his sleepy eyes and confused he surely became.

“The sun, the moon, the stars and the clouds, what are you all doing right now?” yawned Karim.



shorturl.at/imCI5

"Oh dear Karim may you please explain who's to blame behind your dismay?" they all exclaimed.

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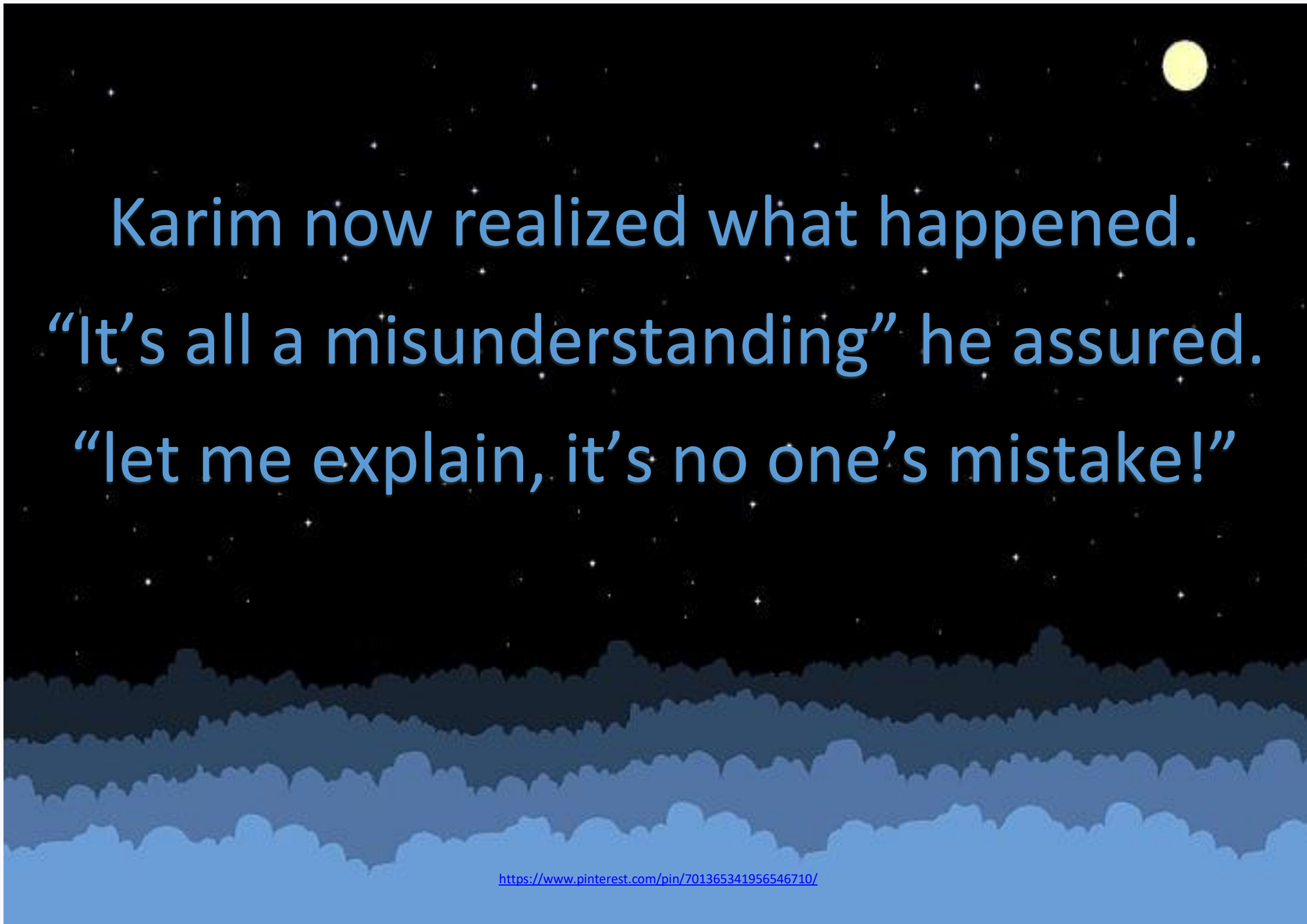
Karim now realized what happened.

“It’s all a misunderstanding” he assured.

“let me explain, it’s no one’s mistake!”



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“I love you all from the bottom of my heart, so I wanted to surprise you and change my repetitive talk”

shorturl.at/fmKT1

shorturl.at/ahqD6

“My dear sun and clouds instead of wishing a good morning to you:

top of the morning to you

bonjour

And rise and shine is what I’ll now say to you!”

shorturl.at/fmKT1

“My dear moon and stars, sweet dreams you always upon me bestow.
Instead of wishing a goodnight to you:

Nighty Night

Sleep tight

Sleep snug as a bug in a rug

Is what I’ll now say to you!”

shorturl.at/iquw2

shorturl.at/bnKP8

shorturl.at/ahim8

The sun, clouds, moon, and stars were relieved and thanked Karim.

They were all now pleased.

shorturl.at/aruTU

https://www.pinterest.com/pin/701365341955004548/

shorturl.at/aqwEL

shorturl.at/fvQX7

And so, the friends reconciled and promised to always talk things out instead of jumping into conclusions.

shorturl.at/dQST9

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Riddle Time

FILL IN THE BLANKS

- I'M AS HEAVY AS 100 ELEPHANTS YET I HAVE ALWAYS ROSE LIKE FLYING COTTON BALLS: I'M THE _____

- THE SKY HE SCANNED HAD MORE_____THAN THE GRAINS OF SAND.

- SOMETIMES I'M FULL, SOMETIMES HALF OF, SOMETIMES I'M CRESCENT OR IT LOOKS LIKE I'M GONE. I'M THE _____

- I SHINE SO BRIGHT WITH MY RAYS OF GOLD TO MAKE SURE THAT YOU NEVER FEEL COLD. I'M THE_____

RISE & SHINE,SLEEP TIGHT!

My Goodnight List

THIS CHART BELONGS TO: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
◯ Pack away toys	◯ Pack away toys	◯ Pack away toys	◯ Pack away toys	◯ Pack away toys
◯ Fix schoolbag	◯ Fix schoolbag	◯ Fix schoolbag	◯ Fix schoolbag	◯ Fix schoolbag
◯ Wash my face	◯ Wash my face	◯ Wash my face	◯ Wash my face	◯ Wash my face
◯ Brush my teeth	◯ Brush my teeth	◯ Brush my teeth	◯ Brush my teeth	◯ Brush my teeth
◯ Say a prayer	◯ Say a prayer	◯ Say a prayer	◯ Say a prayer	◯ Say a prayer

IF I DO ALL THE TASKS, I:

Rise & Shine,Sleep Tight!

SOURCES

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Sleep Tight!

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Illustrated By: Yasmina Moati
and documented websites