

*Magic
Words
Can Heal*

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MAGIC WORDS CAN HEAL

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<https://www.vecteezy.com/free-vector/public-domain>

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Once upon a time, in Lebanon, there was a group of friends who enjoyed playing together in a tiny playground full of trees, flowers, and birds. These Friends used to hang around and do various hobbies together, but then there came Lara.





Lara was going around the playground when she noticed these buddies playing together and decided to ask them if she could join the group because she was new to town and didn't have any friends.

**Lara is a shy girl, and she is a little bit overweight,
so it took some effort for her to approach them and ask
if they could be friends, but she took the courage and
asked them if she could join.**



The buddies accepted Lara's request, and they greeted her and introduced themselves as Noah, Jad, Reine, and Ola but because Lara was a little overweight, Reine wasn't thrilled to have her join the group. Lara was having so much fun playing with this group that one day they decided to go on a picnic.



Everyone bought some snacks and shared them, but Reine didn't want to share them, so immediately she took her snacks away from Lara and told her

“I don't want to share my snacks with you because you are fat.”

This made Lara sad and anxious because she was always teased about her weight, and Reine's actions reminded Lara of all the bullying she has suffered in the past, the other buddies in the group got shocked by what Reine did, they were worried about Lara.



While this was happening, Lara left the group and started walking away. While moving away from the group, she noticed a large tree with well-grown roots.



Lara lied down on the tree roots and began to cry. Suddenly the tree branches leaned down and asked "Why you are crying, sweet girl?" Lara told the tree everything that had happened to her and how her new friend Reine bullied her about her weight.



The tree then pulled out a very beautiful necklace from the trunk and gave it to Lara.
This necklace will work only if you say these three magical charms "I am confident, "I am strong," and "I am beautiful." Said the tree. Lara was amazed by the magical necklace. "Thank you for your kindness. I will do as you told me".

She wore the necklace and repeated the magical words to herself every time she felt insecure or scared. Soon enough, she started to feel more confident and empowered.





Meanwhile, the rest of the group spoke to Reine about how her bad behavior, how bullying hurts, and how bad a person can turn out to be if they bully others. They said we have” learned to accept everyone regardless of their appearance or background. We are all the same and will always be friends.” Reine felt ashamed of her actions and realized the importance of treating others with kindness and respect. She apologized to her friends and promised to change her behavior toward others.



Reine kept searching for Lara until she found her, then she told her I am sorry for what I did earlier.

I hope you can forgive me and come back to have some snacks.”

Lara hesitated for a moment, but then she smiled and said, "Of course, Reine. I forgive you. Let's go get some snacks together.”

The two friends walked off to the playground, chatting and laughing along the way. Lara accepted Reine's apology because the magical words healed her, and she knew that forgiveness has power.

They arrived at the playground and ran towards the swings, enjoying the fresh air and sunshine as they played together.



Lara felt grateful for Reine's sincere apology and was happy to have her friends back. The buddies were so happy for Lara and Reine, and they returned together as a group, playing together every day in this small playground.

Both Reine and Lara learned a lesson.

What do you think this lesson is?

The End.

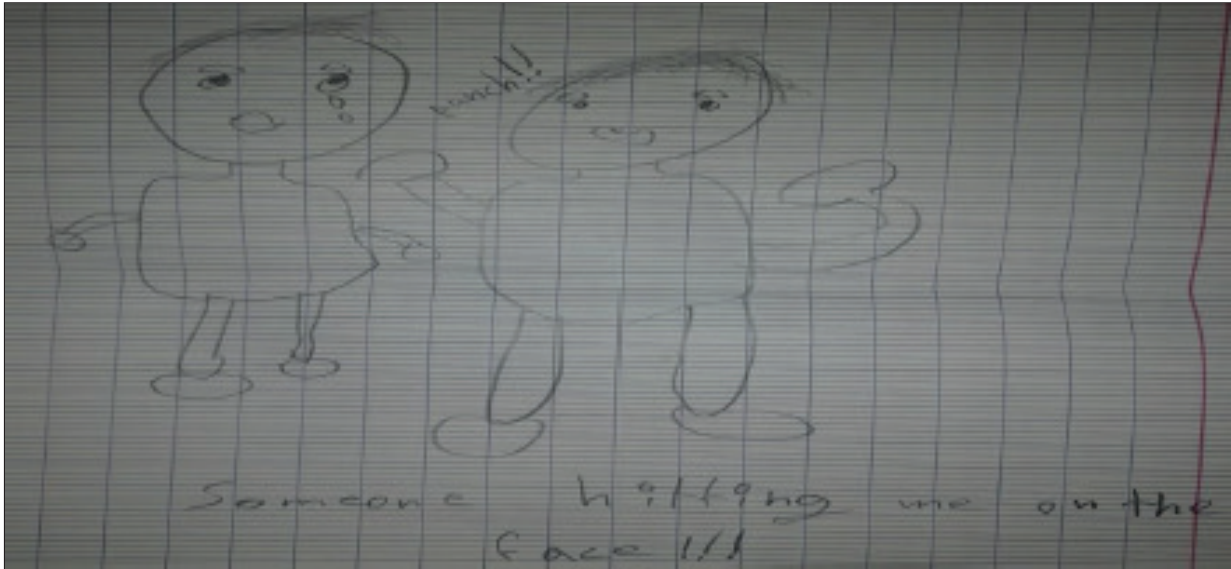


Bullying is a serious issue that, in my experience, can cause a lot of suffering for the victim. Children, you represent the next generation. Speak up for the bullied, and if you know anyone who is being bullied, encourage them to seek out adult assistance.

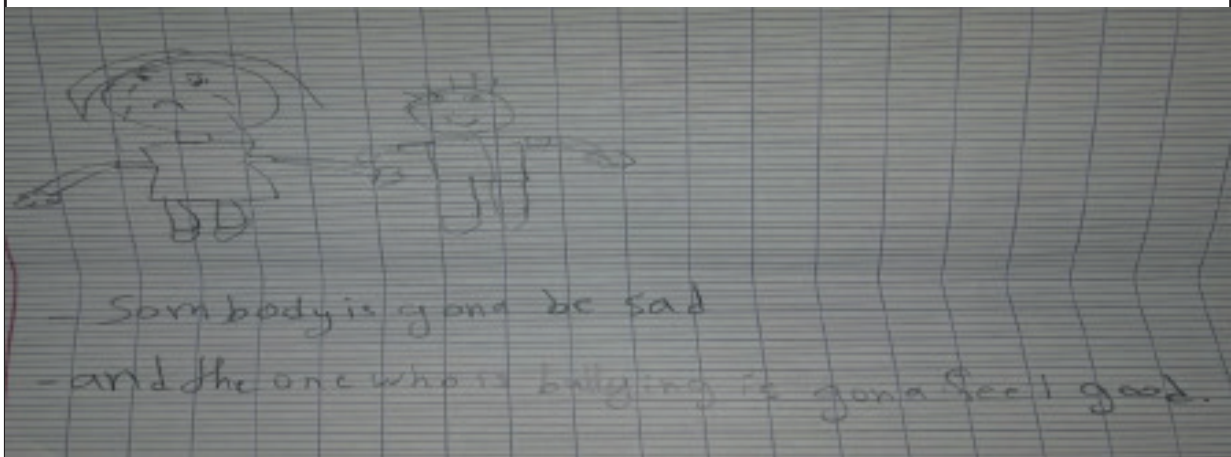
The illustrations below show bullying victims and their feelings as represented in their drawings.

Illustrations were done by (Tahwita Modern School) grade two students.





Think twice before bullying others.



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