



American University of Beirut  
School of Nursing

# Annual Report 2006-07

School of Nursing  
American University of Beirut

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School of Nursing

# Annual Report 2006-07

## Preface

The academic year 2006-07 marked an important milestone in the history of the School of Nursing at AUB. The accreditation site-visit took place in May 2007 after having been cancelled by the Commission on Collegiate Nursing Education (CCNE) because of the July 2006 war and the recent events in Lebanon. The CCNE evaluation report was very positive; the SON met all standards for the bachelor of science in nursing and the master of science in nursing (BSN and MSN) degree program accreditation. The CCNE Board during its meeting on October 13, 2007 granted the BSN and MSN programs of the School of Nursing accreditation for a five-year term, which is the maximum term given by CCNE for initial accreditation. The AUB School of Nursing is the first school of nursing outside the US territories to be accredited by CCNE; thus an important recognition and a true milestone for AUB and the School of Nursing were achieved.

The faculty had a number of achievements to celebrate this year as well: the promotion of Samar Nouredine and Mary Arevian to the ranks of associate professor and clinical associate professor respectively, the awarding of the AUB Teaching Excellence Award to Nuhad Dumit, the Suad Sabbah recognition award given to Laila Farhood, and the election of Huda Abu-Saad Huijer to the World Wide Alumni Association of AUB are but a few of the noteworthy events. In addition, the faculty has been actively involved in research and scholarly productivity as evidenced by the number of funded research and development projects and scientific publications.

The SON academic programs have also witnessed some changes. A Comprehensive Evaluation Plan has been developed in line with the SON strategic goals and initiatives and is currently being implemented. A number of surveys have been developed and piloted for regular use in the future. They include BSN and MSN exit surveys, BSN and MSN satisfaction surveys, a curriculum evaluation survey, an alumni satisfaction survey, and an employer satisfaction survey. Our course and clinical evaluation methods have undergone extensive scrutiny. Clinical evaluation tools for all nursing courses were developed and approved for implementation

effective AY 2007-08. Additionally, a two-day faculty retreat in August 2007 was devoted to evaluation methods and included among others emphasis on designing exam questions. Our curriculum has witnessed some changes as well; at the BSN level the faculty approved combining theory and clinical courses and at the MSN level a new psychiatry and mental health track and a new MSN/MBA dual-degree were approved.

The SON continued to put emphasis on marketing the SON in Lebanon and the Middle East and on student recruitment. A number of activities took place and included designing materials for electronic distribution on all SON academic programs, distributing informational booklets and posters to high schools in Lebanon and at the AUB Fair, electronic distribution of information and Frequently Asked Questions (FAQ) documents to all hospitals, ministries of health, and schools and colleges of nursing in Lebanon and the region as well as to all nurses in Lebanon and nursing alumni in the region.

We are proud as a result of our accomplishments this past year. This annual report covers in more detail the activities of the School of Nursing in the areas mentioned above. Emphasis is placed in particular on the achievements of the faculty in education, research, and public and professional service.

Huda Abu-Saad Huijer, RN, PhD, FEANS

Director, School of Nursing

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## 1. Organization of the School of Nursing

## A. Faculty and Staff

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### Director of the School of Nursing from January, 2003

Huda Abu-Saad Huijjer, RN, PhD, FEANS, Professor

### Faculty Members

Marina Adra, RN, MS Physiology, Clinical Assistant Professor

Mary Arevian, RN, MPH, Clinical Assistant Professor, Clinical Associate Professor

Nuhad Azoury, RN, MSN, Clinical Assistant Professor

Sossy Balian, RN, MPH, Clinical Assistant Professor

Jouhayna Bejjani-Gebara, RN, MSN, Clinical Instructor

Hani Dimassi, PhD, Assistant Professor

Myrna Doumit, PhD, RN, BSN, TD, MPH, Assistant Professor

Nuhad Dumit, RN, BSN, MA Education, Clinical Assistant Professor, RN-BSN  
Coordinator

Laila Farhood, PhD, CS, RN, Professor and Clinical Associate, Psychiatry  
Department, Faculty of Medicine, MSN Coordinator

Dr. Jane Kelley, RN, PhD. Visiting Professor from September 2004 to February  
2006

May Khoury, RN, BSN, MSN, Clinical Assistant Professor

Sana Marini, RN, BS, BSN, MPH, Clinical Assistant Professor

Samar Noureddine, PhD, RN, CNS, Assistant Professor, BSN Coordinator

Dina Madi Shehab, RN, BSN, MA Education, Clinical Instructor

### Faculty Academic Promotions

Mary Arevian, from clinical assistant professor to clinical associate professor

Samar Noureddine, from assistant professor to associate professor

### Visiting Faculty

Erika Froelicher, RN, MA, MPH, PhD, FAAN; Professor of Nursing, University of  
California San Francisco.

Keith Cash, PhD, MSc, BA, RGN, RMN, Professor of Nursing, WHO

### Research Assistant

Sarah Abboud, RN

### Research Assistants on Grants

Rayyan Al Merhi, RN

Imtithal Kiserwan, RN

### Clinical Preceptors

Ghassan Afram, RN, MPH

Sarah Abboud, RN

Sana Daouk, RN

Roula Ghadban, RN, MSN

Reine Nicodene, RN

### Graduate Assistants

Sarah Abboud

Mira Abi Saad

Nour Alayan

Farah Alwan

Monita Al-Darazi

Wahid Al-Kaissi

Fatima Al-Sayah

Hisham Bawadi

Rana Chedid  
 Rebecca El-Asmar  
 Rida Gharzeddine  
 Rasha Hamzeh  
 Janane Hanna  
 Angala Massouh  
 Samar Nassif  
 Farah Salha

### **Administrative Staff**

Ghassan Afram, Executive Officer  
 Lynn Berbary, Student Services, Recruitment, and Career Planning Officer (from  
 September 1, 2007)  
 Suzy Garabedian, Secretary  
 Ilham Rustom, Clerk/Stenographer  
 Jeanette Zeinati, Clerk/Stenographer  
 Rabih Daher, Clerk/Messenger

## **B. Committees 2006-07**

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### **Standing Committees**

#### **Academic and Curriculum Committee**

Huda Abu-Saad Huijer (chair)  
 Nuhad Dumit (acting chair)  
 Myrna Doumit  
 Sana Marini  
 Jouhayna Bejjani-Gebara (appointed)  
 Jane Kelley (appointed)  
 Samar Noureddine (ex-officio)  
 Rola Yasmine BSN IV (student representative)

#### **Admission and Recruitment Committee**

Nuhad Azoury (chair)  
 May Khoury (SON Representative on AUB Joint Admissions Committee)  
 Dina Madi Shehab  
 Jouhayna Bejjani-Gebara (appointed)  
 Huda Abu-Saad Huijer (ex-officio)

#### **Advisory Committee**

Huda Abu-Saad Huijer (chair)  
 Myrna Doumit  
 Laila Farhood  
 Nuhad Dumit



### Graduate Studies Committee

Laila Farhood (chair)  
 Hani Dimassi  
 Jane Kelley  
 Samar Nouredine  
 Huda Huijjer (ex-officio)  
 Angala Massouh MSN (student representative)

### Research and Continuing Education Committee

Samar Nouredine (chair, appointed)  
 Mary Arevian  
 Hani Dimassi  
 Laila Farhood  
 Huda Abu-Saad Huijjer (ex-officio)

### Student Affairs Committee

Mary Arevian, class adviser BSN IV (chair)  
 Marina Adra, class adviser BSN III  
 May Khoury, BSN II  
 Dina Madi Shehab, NSS adviser  
 Dina Mahmassani, BSN III (student representative)

### Task Force on Accreditation

Jane Kelley (chair until February 1, 2007)  
 Huda Abu-Saad Huijjer (cochair)  
 Nuhad Dumit (RN-BSN coordinator)  
 Laila Farhood (MSN coordinator)  
 Samar Nouredine (BSN coordinator)  
 Sarah Abboud (GA)

### Strategic Planning Management Committee

Huda Abu-Saad Huijjer (chair)  
 Ghassan Afram (coordinator)  
 Others: Nuhad Dumit (RN-BSN coordinator), Laila Farhood (MSN coordinator)  
 Samar Nouredine (BSN coordinator)

### Archives Committee

Sossy Balian (chair)  
 Mary Arevian  
 May Khoury

### Public Relations Liaison for the School of Nursing

Sossy Balian

### Final Year Project Task Force

Mary Arevian (chair)  
 Nuhad Dumit  
 Jouhayna Bejjani-Gebara

### Social Committee

Myrna Doumit (chair)  
 Sossy Balian  
 Dina Madi Shehab

### Catalogue Committee

Nuhad Dumit, RN-BSN coordinator (chair)  
 Laila Farhood, MSN coordinator  
 Samar Nouredine, BSN coordinator

## Third International Nursing Conference

### Scientific Committee

Samar Nouredine (chair)  
 Mary Arevian  
 Jouhayna Bejjani-Gebara  
 Keith Cash  
 Hani Dimassi  
 Myrna Doumit  
 Sana Marini  
 Huda Abu-Saad Huijjer (ex-officio)

### Organizing Committee

Myrna Doumit (chair)  
 Marina Adra  
 Nuhad Azoury  
 Sossy Balian  
 May Khoury  
 Samar Nouredine  
 Dina Shehab  
 Huda Abu-Saad Huijjer (ex-officio)

### Social Committee

May Khoury (chair)  
 Nisreen Sidani (cochair)  
 Myrna Doumit  
 Dina Shehab

## Representatives on University, Faculty of Medicine (FM), and Nursing Service Committees

Commencement: Sossy Balian  
 Senate: Huda Abu-Saad Huijjer, Laila Farhood  
 University Unified Admissions Committee: May Khoury  
 New Student Orientation Program Committee: Sana Marini  
 FM Research Committee: Hani Dimassi  
 IRB: Samar Nouredine  
 FM Graduate Studies: Laila Farhood  
 Nursing Service Documentation Committee: Marina Adra  
 Nursing Service Quality Committee: Nuhad Dumit  
 Joint Committee SON/Nursing Service: Nuhad Azoury and Samar Nouredine  
 Retention Strategy Committee-Recruitment Subcommittee, Nursing Service:  
 Sossy Balian  
 Staff Education Committee, Nursing Service: May Khoury  
 Standards of Care Committee, Nursing Service: Myrna Doumit  
 SON Webmaster: Sana Marini

### Other AUB Committees

#### Huda Abu-Saad Huijjer

Faculty Senate  
 Medical Affairs Committee  
 WAAAB Council (elected)

#### Myrna Doumit

Accreditation Working Group 1, mission, goals and integrity

#### Nuhad Dumit

Nurses' Chapter of the AUB Alumni Association, President  
 AUB Alumni Association Council

Accreditation Working Group 8, Institutional Assessment and Student Learning  
Assessment  
AUB University Learning Outcomes Coordinating Committee

**May Khoury**

Health Care Ethics Committee

**Samar Nouredine**

Professional Development Committee, Nurses Chapter, AUB Alumni  
Critical Care Journal Club, Nursing Services, AUBMC, Consultant  
Evidence-based Health Care Group, FM  
Evidence-based Practice Committee, Nursing Services, AUBMC

All faculty members are members of the AUB Alumni Association.

**Non AUB Committees**

**Marina Adra**

Order of Nurses in Lebanon Financial Committee

**Mary Arevian**

Public Health Committee, Boulgherdgian Socio-Medical Centre (chair)  
Armenian Relief Cross in Lebanon

**Nuhad Azoury**

YWCA Board (president)  
YWCA Vocational Committee (chair)  
YWCA Community Services  
Baabda Women's Prison Health Care Issues  
Lebanese Health Management Association

**Sossy Balian**

UNICEF: Children's Rights in Lebanon  
Lebanon Family Planning Association  
National Breast Feeding Committee, Representative of Lebanese Nurses' Federation

Armenian Relief Cross

Karageuzian Mother and Child Welfare Organization (executive secretary)

Armenian Evangelical Educational Board (chair)

Armenian Evangelical Educational Council in Lebanon (vice chair)

Lebanese Osteoporosis Prevention Society

**Jouhayna Bejjani-Gebara**

Order of Nurses in Lebanon

**Myrna Doumit**

Order of Nurses in Lebanon Public Relations and Publicity Sub-Committee

Lebanese Osteoporosis Prevention Society

Pain Relief and Palliative Care Group

**Nuhad Dumit**

Order of Nurses in Lebanon

Examining Committee for applicants to the position of nursing director for the  
Rafik Hariri University Hospital by the Council of Civil Service (chair)

**Laila Farhood**

Board of Trustees, Marjayoun National College

Advisory Board NOUR. Book: *Mental Health: A Guide to Arab Women*

Order of Nurses in Lebanon

Mental Health Coordinator for the IDP (Internally Displaced Persons), appointed  
by WHO to coordinate mental health activities and propose a National Mental  
Health Plan

**Huda Abu-Saad Huijjer**

Lebanese Society for the Study of Pain (elected board member and president elect)

Lebanese Society for the Study of Pain Scientific Committee (chair)

Pain Relief and Palliative Care Group

National Nursing Development Project, Ministry of Public Health Steering  
Committee, Appointed Member by Minister of Health

Lebanese Society of Family Medicine Advisory Board

Order of Nurses in Lebanon

**May Khoury**

Pain Relief and Palliative Care Group  
Order of Nurses in Lebanon

**Samar Nouredine**

Order of Nurses in Lebanon (elected council member and Scientific Committee  
Chair)

**Sana Marini**

Order of Nurses in Lebanon  
Lebanese Healthcare Management Association

**Dina Madi Shehab**

Lebanese Health Association Board  
Lebanese Osteoporosis Prevention Society  
AUB Alumni Nurses Chapter (corresponding secretary)  
Order of Nurses in Lebanon

**International Committees****Mary Arevian**

Sigma Theta Tau International, Lambda PI Chapter

**Sossy Balian**

Haigazian University Board of Trustees Secretary until December 31, 2006  
La Leche League International  
International Council of Women's Health Issues, networking in the Middle East  
region

**Jouhayna Bejjani-Gebara**

US Board Certified as Adult Psychiatric/Mental Health Clinical Nurse Specialist  
Active RN license in Maine, USA  
Active APRN certification to practice in Maine, USA  
Active RN license in California, USA

**Hani Dimassi**

American Statistical Association (ASA)  
Delta Chapter of Alpha Epsilon Lambda Society

**Myrna Doumit**

Arab Forum for Social Sciences and Health  
Sigma Theta Tau International, Epsilon Phi Chapter  
SIDIEF (Secrétariat International des Infirmières et Infirmiers de l'Espace  
Francophone), Canada  
Network of women trainers for the development of women's training in the  
Mediterranean basin in the fields of science and biotechnology

**Nuhad Dumit**

Sigma Theta Tau International Alpha Kappa  
Sigma Theta Tau International, Alpha Chapter  
Arab Forum for Social Sciences and Health

**Huda Abu-Saad Huijjer**

Research Network, European Association for Palliative Care (EAPC)  
European Association for Palliative Care (EAPC) Task Force on Pediatric Palliative  
Care (chair)  
Scientific Organizing Committee, 9th Congress of the European Association for  
Palliative Care (EAPC), Aachen, Germany  
Scientific Organizing Committee, 4th Research Forum of the European Association  
for Palliative Care (EAPC), Venice, Italy  
Research Committee, International Association for the Study of Pain (IASP)  
Education and PR Committee, International Association for the Study of Pain  
(IASP)  
Curriculum Committee, International Association for the Study of Pain (IASP)  
Member  
Special Interest Group on Pediatric Pain, International Association for the Study of Pain (IASP)  
European Academy of Nursing Science (EANS), Fellow and Founding Member

Worldwide Alumni Association AUB (WAAAUB) Council  
Sigma Theta Tau International, Phi Kappa Phi Chapter

**Jane Kelley**

American Nurses Association (Mississippi Nurses Association)  
North American Nursing Diagnosis Association (NANDA)  
Transcultural Nursing Society  
Sigma Theta Tau International, Theta Beta Chapter  
American Holistic Nurses Association  
Phi Kappa Phi  
American Society for Quality  
ASQ Healthcare Section

**Sana Marini**

Capital Area Roundtable on Informatics in Nursing “CARING” Network  
Arab Forum for Social Sciences and Health  
Emergency Nurses Association (ENA)

**Samar Noureddine**

Sigma Theta Tau International, RhO Chapter Midwest Nursing Research Society  
American Association of Critical Care Nurses  
European Working Group on Cardiovascular Nursing

**Dina Madi Shehab**

Secrétariat International des Infirmières et Infirmiers de l’Espace Francophone  
(SIDIIEF), Montreal, Quebec, Canada  
Sigma Theta Tau International, Xi Pi Chapter

## II. Faculty Activities

## A. Teaching Assignments

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### Marina Adra

Fall.....NURS 400 Critical Care Nursing Theory, 3 cr., Co-coordinator  
                   NURS 401 Critical Care Nursing Practicum, 3 cr. (2 sections)  
 Spring.....NURS 302 Nursing Care of Adults II, 3 cr., Co-coordinator  
                   NURS 303 Nursing Care of Adults II Practicum, 3 cr. (2 sections)  
 Summer.....NURS 310 Pathophysiology, 2 cr., Coordinator

### Mary Arevian

Fall.....NURS 407 Community Health Nursing Theory, 3cr., Coordinator  
                   NURS 408 Community Health Nursing, Clinical, 3cr., Coordinator  
                   NURS 314 Community Health Nursing for RN-BSN  
 Spring.....NURS 407 Community Health Nursing Theory, 3cr., Coordinator  
                   NURS 408 Community Health Nursing, Clinical, 3cr., Coordinator  
 Summer.....NURS 202 Health Assessment Practicum, 1 cr.

### Nuhad Azoury

Fall..... NURS 300 Nursing Care of Adults I, Theory, 3 cr. Co-coordinator  
                   NURS 301 Nursing Care of Adults I, Practicum, 3 cr. (Two sections)  
 Spring..... NURS 302 Nursing Care of Adults II. Theory, 3 cr. Coordinator  
                   NURS 303 Nursing Care of Adults II, Practicum, 3 cr. (Two sections)  
 Summer.... NURS 202, Health Assessment, 2 cr. Co-coordinator.

### Sossy Balian

Fall.....NURS 200 Introduction to Nursing, 2 cr., Co-coordinator  
                   NURS 304 Nursing Care of the Expectant Family, 3 cr., Coordinator  
                   NURS 305 Nursing Care of the Expectant Family Practicum, 3 cr.,  
                   Coordinator  
 Spring.....NURS 306 Nursing Care of Children, 3 cr., Co-coordinator  
                   NURS 307 Nursing Care of Children Practicum, 3 cr. (2 sections)  
 Summer.....NURS 202 Health Assessment Practicum, 1 cr.

### Jouhayna Bejjani-Gebara

Fall.....NURS 402 Mental Health and Psychiatric Nursing Theory, 3 cr., Co-  
                   coordinator  
                   NURS 403 Mental Health and Psychiatric Nursing Practicum, 3 cr.  
 Spring.....NURS 402 Mental Health and Psychiatric Nursing Theory, 3 cr., Co-  
                   coordinator  
                   NURS 403 Mental Health and Psychiatric Nursing, Practicum, 3 cr.  
 Summer.....NURS 511K Stress Management, 1cr., Co-coordinator  
                   NURS 202 Health Assessment Practicum, 1 cr.

### Hani Dimassi

Fall.....NURS 406 Nursing Research, 3 cr., Coordinator  
                   NURS 511C Sample Size Calculations and Procedures, 1 cr.,  
                   Coordinator  
                   NURS 521 Advanced Statistics for Nurses, 2 cr., Coordinator  
 Spring.....NURS 502 Advanced Nursing Research, 4 cr., Co-coordinator  
                   NURS 203 Biostatistics for Nurses, 3 cr., Coordinator  
                   NURS 520 Managing Quality with Teams  
 Summer: .....NURS 511E Special Topics: Survey Methods, 1 cr.  
                   Mellon Fellowship Leave

### Myrna Doumit

Fall.....NURS 200 Introduction to Nursing, 2 cr., Coordinator  
                   NURS 300 Nursing Care of Adults I, 3 cr., Coordinator  
                   NURS 301 Nursing Care of Adults I Practicum, 3 cr., Coordinator  
 Spring.....NURS 409 Leadership and Management in Nursing, 3 cr., Co-  
                   coordinator  
                   NURS 410 Leadership and Management in Nursing Practicum, 3 cr.  
                   NURS 520 Managing Quality with Teams, 3 cr., Coordinator  
                   NURS 313 Leadership and Management in Nursing for RN-BSN, Co-  
                   coordinator  
 Summer.....Maternity Leave

**Nuhad Dumit**

Fall.....NURS 400 Critical Care Nursing Theory, 3 cr., Coordinator  
 NURS 401 Critical Care Nursing Practicum, 3 cr., Coordinator  
 NURS 405 Critical Care Nursing for RN-BSN, 2 cr., Coordinator  
 Spring.....NURS 409 Leadership and Management in Nursing Theory, 3 cr.,  
 Coordinator  
 NURS 410 Leadership and Management in Nursing Practicum, 3 cr.,  
 Coordinator  
 NURS 313 Leadership and Management in Nursing for RN-BSN  
 NURS 509 Role Development in Nursing Education, 3 cr., Coordinator  
 Summer.....NURS 205 Foundations of Professional Nursing, 2 cr., Coordinator  
 PhD work

**Laila F. Farhood**

Fall.....NURS 402 Mental Health and Psychiatric Nursing Theory, 3 cr.,  
 Coordinator  
 NURS 403 Mental Health and Psychiatric Nursing Practicum, 3 cr.,  
 Coordinator  
 NURS 501 Foundations of Advanced Nursing Practice, 3 cr.,  
 Coordinator  
 Spring.....NURS 402 Mental Health and Psychiatric Nursing Theory, 3 cr.,  
 Coordinator  
 NURS 403 Mental Health and Psychiatric Nursing Practicum, 3 cr.,  
 Coordinator  
 Summer.....NURS 511K Stress Management, 1 cr., Coordinator

**Huda Abu-Saad Huijer**

Fall.....NURS 508 Nursing Administration Practicum, 5 cr.  
 NURS 598 Project in Nursing Administration, 3 cr.  
 Spring.....NURS 508 Nursing Administration Practicum, 5 cr.  
 NURS 598 Project in Nursing Administration, 3 cr.  
 Summer.....NURS 508 Nursing Administration Practicum, 5 cr.  
 NURS 598 Project in Nursing Administration, 3 cr.

**May Khoury**

Fall.....NURS 304 Nursing Care of the Expectant Family Theory, 3 cr., Co-  
 Coordinator  
 NURS 305 Nursing Care of the Expectant Family Practicum, 3 cr., (2 sections)  
 Spring.....NURS 306 Nursing Care of Children Theory, 3 cr., Coordinator  
 NURS 307 Nursing Care of Children Practicum, 3 cr., Coordinator  
 NURS 307 Nursing Care of Children Practicum, 3 cr. (2 sections)  
 Summer.....NURS 202 Health Assessment Practicum, 1 cr.

**Jane Kelley**

Fall.....NURS 500 Nursing Theories, 2 cr., Coordinator  
 NURS 507 Role Development in Nursing Administration, 4 cr.,  
 Coordinator  
 NURS 508 Nursing Administration Practicum, 5 cr.  
 NURS 598 Project in Nursing Administration, 3 cr.

**Sana D. Marini**

Fall.....NURS 404 Nursing Informatics, 2 cr., Coordinator  
 NURS 401 Critical Care Nursing Practicum, 3 cr. (2 sections)  
 Spring.....NURS 201 Introduction to Nursing Practice Theory, 2 cr., Coordinator  
 NURS 201 Introduction to Nursing Practice Practicum, 1 cr.  
 NURS 410 Leadership and Management in Nursing Practicum, 3 cr.  
 Summer.....NURS 202 Health Assessment Practicum, 1 cr.  
 NURS 308V Nursing Care of Adults Theory and Practicum, 6 cr.

**Samar Nouredine**

Fall.....NURS 503 Advanced Health Assessment, 3 cr., Coordinator  
 NURS 504 Advanced Practice in Adult Care I, 4 cr., Coordinator  
 Spring.....NURS 502 Advanced Nursing Research, 4 cr., Coordinator  
 NURS 505 Advanced Practice in Adult Care II, 4 cr., Coordinator  
 NURS 506 Advanced Practice in Adult Care III, 4 cr., Coordinator  
 Summer.....NURS 506 Advanced Practice in Adult Care III, 4 cr., Coordinator

**Dina Madi Shehab**

Fall.....NURS 305 Nursing Care of the Expectant Family Practicum, 3 cr. (2 sections)

Spring.....NURS 307 Nursing Care of Children Practicum, 3 cr.

NURS 201 Introduction to Nursing Practice Theory, 2 cr., Co-coordinator

NURS 201 Introduction to Nursing Practice Practicum, 1 cr.

Summer.....NURS 202 Health Assessment, 2 cr., Coordinator

**Courses Taught by Visiting Professors****Erika Froelicher**

Fall.....N511G Special Topics: Research Utilization

**Keith Cash**

Spring.....N5111 Special Topics: Health Care Ethics

**B. Faculty Development**

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- Nuhad Dumit is working towards her PhD at the University of Colorado, USA.
- Sana Marini started PhD work at the University of Amsterdam, the Netherlands.
- Dina Shehab was accepted for PhD study at the University of Manchester, UK.
- Marina Adra was accepted for PhD study at the University of Manchester, UK.
- Dr. Hani Dimassi participated in the 2007 Mellon Summer Seminar.
- The SON organized a faculty retreat on evaluation methods August 16-17, 2007.

**C. Faculty Recruitment**

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- A total of 28 applicants, 23 for full time and five for part-time positions were reviewed by the search committee. Eight applicants did not qualify, 12 were invited for a teleconference interview, six of which took place, three at AUB and three using teleconferencing facilities. One offer made for a full-time academic position was accepted.
- A number of positions are still under negotiation.
- Thirteen applicants either deferred application or accepted positions elsewhere because of the July 2006 war and the current situation in Lebanon.





### **III. Educational Activities**

## A. Education Programs

---

### BSN

1. A Comprehensive Evaluation Plan was put in place.
2. Theory and clinical nursing courses were combined.
3. Standardized Clinical Evaluation Tools were developed and approved.
4. Content on “communication” was integrated in theory and clinical components of all nursing courses.

### RN-BSN

1. The first six RN-BSN students graduated in June 2007.
2. An RN-BSN curriculum evaluation questionnaire was administered in June 2007; the results were analyzed and used for RN-BSN program and course revisions.
3. One Kuwaiti student enrolled in fall 2007.
4. A recruitment plan was developed to enhance RN-BSN enrollment.

### MSN

1. Eight students did clinical residencies in the USA, six at Johns Hopkins University School of Nursing, one at MD Anderson, and one at St. Jude Children’s Cancer Center.
2. A proposal for the Nurse Executive Track, MSN/MBA is approaching completion and was submitted for review in fall 2007.
3. The Psychiatric Mental Health Track was approved and launched in AY 2007-08.

## B. Student Enrollment

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### Student Statistics AY 2006-07

|     | Applied | Accepted | Enrolled | Yield  | Total SON |
|-----|---------|----------|----------|--------|-----------|
| BSN | 134     | 95       | 34       | 35.79% | 126       |
| MSN | 20      | 19       | 9        | 47.37% | 36        |
|     |         |          |          |        | 174       |

## C. Student Recruitment Strategy

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- Two graduate assistants aided SON in implementing SON marketing and student recruitment strategy.
- Different SON documents for the BSN, RN-BSN, and MSN programs were developed for electronic dissemination in Lebanon to high schools, hospital and nursing service administrators, schools of nursing, vocational and technical nursing programs, and to all nurses registered in the Order of Nurses in Lebanon.
- Similar documents were developed for electronic dissemination to ministries of health, hospitals, schools of nursing, and alumni in the region.
- SON posters, brochures, and Frequently Asked Questions documents were sent to all high schools in Lebanon.
- SON posters, brochures, and Frequently Asked Questions documents were distributed to potential students during the AUB Fair in March and April.
- In June all students accepted to the BSN program were invited to attend an open house at which an SON film was shown and information given on all academic programs.

## V. Accreditation

## A. CCNE accreditation

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- The Commission on Collegiate Nursing Education (CCNE) approved extending the eligibility period for initial accreditation of the SON to June 2007 due to the recent war events in Lebanon.
- The CCNE site-visit took place May 21-23, 2007; the evaluation team included four international nursing scholars and a CCNE staff member as observer. The briefing of the three-day meeting was very positive.
- The report of the CCNE Evaluation Team was received in June. The AUB School of Nursing met all standards for BSN and MSN accreditation. The only compliance issue was related to offering the MSN pharmacology and pathophysiology courses as two independent courses instead of integrated as currently offered. The School of Nursing responded to the site-visit team report on June 18, 2007 in a letter correcting errors and addressing compliance concerns. The syllabus of the new MSN pharmacology course was also submitted.
- The CCNE Board during its meeting on October 13, 2007 granted the BSN and MSN programs of the School of Nursing accreditation for a five-year term, which is the maximum term given by CCNE for initial accreditation. The board felt that the master's program's response to the compliance concern had been satisfactorily addressed in the response, and so there were no remaining concerns. The accreditation decision was effective as of October 13, 2007. The BSN and MSN programs at AUB are the first CCNE accredited nursing programs outside the US territories.

## B. Strategic Planning

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- A Strategic Planning Management Review Team chaired by the director and assisted by executive officer monitors the implementation of initiatives based on KPIs on a six-monthly basis.

- Data on students and graduates is being collected and entered into the system on a regular basis.
- Survey tools were developed and pilot-tested in June. They include BSN Exit Survey, BSN Satisfaction Survey, MSN Exit Survey, Alumni Satisfaction Survey, and Employer Satisfaction Survey. A peer evaluation tool is being developed and will be tested in the near future.

## VI. Research and Scholarly Activities

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Current programs of research in the School of Nursing include

- Stress Research. Lead researcher Dr. L. Farhood
- Pain Management and Palliative Care. Lead researcher Dr. H. Abu-Saad Huijjer
- Health Beliefs and Behavior: Health-seeking Behavior among the Chronically Ill. Lead researcher Dr. S. Nouredine

## A. Current SON Faculty Research

| Name of Investigator | Title of Study  | Funding Sources | Status   |         |           |
|----------------------|---|-----------------|----------|---------|-----------|
|                      |   |                 | Starting | Ongoing | Completed |
| Marina Adra          | Factors Associated with Pain and Depression in Institutionalized Elderly.<br><br>Other researchers: Dr. H. Abu-Saad Huijjer, Dr. S. Nouredine, Dr. L. Farhood |                 |          | X       |           |
| Mary Arevian         | Reproductive Tract Infections (RTIs) among Young People: "A Social Franchising Approach to Prevention."<br><br>Other researcher: A. B. Chadarevian            | UNFPA           |          | X       |           |

| Name of Investigator | Title of Study   | Funding Sources                        | Status   |         |           |
|----------------------|--|--|----------|---------|-----------|
|                      |  |  | Starting | Ongoing | Completed |
| Mary Arevian         | Levels of Knowledge, Attitudes, and Practices among Lebanese/Armenian Women following an Educational Program.<br><br>Other researchers: Dr. S. Nouredine, Mrs. T. Kabakian |  |          |         | X         |
| Mary Arevian         | Beliefs about Breast Cancer, Breast Self Exam, and Mammography among Lebanese/Armenian Women.<br><br>Other researcher: Dr. S. Nouredine                                    | Armenian Relief Cross in Lebanon (ARC) |          | X       |           |
| Mary Arevian         | Perception of Health-Related Quality of Life and Adherence to Therapeutic Regimen of Diabetics.<br><br>Other researcher: T. Bakalian                                       | ARC                                    |          | X       |           |
| Sossy Balian         | Nursing in Lebanon and the Middle East: An Historical Perspective.<br><br>Other researcher: Dr. H. Abu-Saad Huijjer  |  | X        |         |           |

| Name of Investigator        | Title of Study  | Funding Sources | Status   |         |               |
|-----------------------------|---|-----------------|----------|---------|---------------|
|                             |   |                 | Starting | Ongoing | Completed     |
| Jouhayna Bejjani-Gebara     | When Religions Speak of Life and Death: the Perspective of Muslims and Christians in Lebanon.<br><br>Other researcher: H. Tashjian                    |                 |          | X       |               |
| Hani Dimassi                | Evaluation of Medication for Mental Health Illness. Cross Sectional Study.<br><br>Other researchers: Dr. S. Nasser and others                         | WHO             |          | X       |               |
| Hani Dimassi, Laila Farhood | CVD Risk Factors and PTSD Symptoms. Cross Sectional Observational Study.  | URB             |          | X       |               |
| Myrna Doumit                | The Lived Experience of Lebanese Oncology Patients Receiving Palliative Care. Phenomenological Study.<br><br>Other researcher: Dr. H. Abu-Saad Huijer |                 |          |         | PhD completed |

| Name of Investigator                       | Title of Study   | Funding Sources | Status   |         |           |
|--|--|-----------------|----------|---------|-----------|
|  |  |                 | Starting | Ongoing | Completed |
| Myrna Doumit                               | The Lived Experience of Caregivers of Cancer Patients.<br><br>Other researchers: Dr. H. Abu-Saad Huijer, Dr. J. Kelley, N. Nassar. |                 |          | X       |           |
| Myrna Doumit                               | Lebanese Cancer Patients: Communication and Truth Telling.<br><br>Other researcher: Dr. Huda Abu-Saad Huijer                       |                 |          |         | X         |
| Nuhad Dumit                                | Perceptions of Cardiac Self-Care among Lebanese Patients, Families, and Care Providers. PhD proposal                               |                 |          | X       |           |
| Fadi Jardali, Nuhad Dumit                  | Towards a Better Understanding of the Magnitude and Predictors of Nurse Migration out of Lebanon.                                  | WHO             |          | X       |           |
| Fadi El-Jardali, Gladys Mouro, Nuhad Dumit | Developing Country-Specific Retention Strategies for Lebanese Nurses.  | WHO             | X        |         |           |

| Name of Investigator  | Title of Study  | Funding Sources                        | Status   |         |           |
|-----------------------|---|--|----------|---------|-----------|
|                       |   |  | Starting | Ongoing | Completed |
| Laila Farhood         | PTSD, Anxiety, and Depression among Civilian Population in South Lebanon.<br><br>Other researcher: Dr. H. Dimassi   | URB and USAMRAA No W 81 X WH-05-1-0320 |          |         | X         |
| Laila Farhood         | Psychiatric Morbidity in South Lebanon Post July 2006 War: Community Assessment and Cognitive Behavioral Therapy: Randomized Group Intervention.<br><br>Other researchers: Co-PIs-Dr. H. Dimassi, J. Bejjani-Gebara   | WHO                                    | X        |         |           |
| Huda Abu-Saad Huijjer | Chronic Pain in Lebanon: a Population-Based Epidemiological Study among Adults and Children.<br><br>Other researchers: Dr. H. Dimassi, Dr. G. Kanazi (AUBMC), Dr. G. Page (JHU USA), Dr. H. Breivik (University of Oslo, Norway), Dr. J. Passchier (Erasmus University, NL) | Submitted to NIH                       | X        |         |           |

| Name of Investigator  | Title of Study   | Funding Sources                          | Status   |         |           |
|-----------------------|--|--|----------|---------|-----------|
|                       |  |  | Starting | Ongoing | Completed |
| Huda Abu-Saad Huijjer | Palliative Care in Lebanon: Needs Assessment for Palliative Care Services for Children and Adults.<br><br>Other researcher: Dr. H. Dimassi | MPP and URB grant                        |          |         | X         |
| Huda Abu-Saad Huijjer | Pain Assessment in the Elderly.<br><br>Other researchers: S. Zwakhalen, Dr. J. Hamers, Dr. M. Berger                                       | Dutch Foundation for Scientific Research |          | X       |           |
| Huda Abu-Saad Huijjer | Stress Prevention in Children.<br><br>Other researchers: G. Kraag, Dr. G. Kok  | Dutch Organization for Care Research     |          |         | X         |
| Huda Abu-Saad Huijjer | Pain Assessment in the Critically Ill Child.<br><br>Other researchers: A.S. Ramelet, Dr. N. Rees, Dr. S. MacDonald                         | University Funding<br><br>Australia      |          |         | X         |
| Huda Abu-Saad Huijjer | Fatigue in Breast Cancer Patients.<br><br>Other researchers: N. de Jong, Dr. A. Courtens, Dr. H. Schouten                                  | Dutch Cancer Foundation                  |          |         | X         |



| Name of Investigator  | Title of Study  | Funding Sources                          | Status   |         |           |
|---|---|--|----------|---------|-----------|
|   |   |  | Starting | Ongoing | Completed |
| Huda Abu-Saad Huijer  | The Role of Nurses in Euthanasia and Assisted Suicide in the Netherlands. Other researchers: A. van der Bruchem, Dr. A. van der Arend, Dr. R. ter Meulen      | Ministry of Health, Netherlands          |          | X       |           |
| Imad El-Hajj (investigator), Huda Abu-Saad Huijer (Co-Investigator) | Design and Implementation of an Autonomous Multi-sensory Intervention Device.   | URB                                      | X        |         |           |
| Jane Kelley   | End-of-Life Decision-Making: An Algorithm.  |  |          | X       |           |
| May Khoury  | Continuing Education on Palliative and End-of-Life Care: Evaluation study. Proposal submitted for funding.  | Help the Hospices<br>International Grant | X        |         |           |
| May Khoury  | Family Perspectives on the Quality of Palliative Care Services of Children with Cancer in Lebanon. Other researchers: Dr. Huda Abu-Saad Huijer, Dr. M. Doumit |  | X        |         |           |

| Name of Investigator | Title of Study  | Funding Sources                        | Status       |         |           |
|----------------------|---|--|--------------|---------|-----------|
|                      |   |  | Starting     | Ongoing | Completed |
| Sana Marini          | Impact of Bar Code Medication Administration System on Medication Error. Other researchers: Dr. H. Abu-Saad Huijer, Dr. A. Hasman, Dr. J. Kelley, Dr. H. Dimassi  |  | PhD proposal | X       |           |
| Samar Nouredine      | Factors Associated with Delay in Seeking Health Care among Persons Experiencing Symptoms of Acute Coronary Syndromes. Other SON faculty members involved: N. Dumit, M. Adra, M. Arevian, and D. Shehab  | URB and MPP funding                    |              | X       |           |
| Samar Nouredine      | Illness Representations and Potential Responses to Acute Coronary Syndrome Symptoms in a Lebanese Community Sample. Other researchers: Dr. E. Froelicher, Dr. A. Sibai, Dr. H. Dakik, H. and Dr. H. Abu-Saad Huijer. Data collection in progress. | Funding will be sought from MPP or URB |              | X       |           |

| Name of Investigator   | Title of Study   | Funding Sources | Status   |         |           |
|--|--|-----------------|----------|---------|-----------|
|  |  |                 | Starting | Ongoing | Completed |
| Samar Nouredine  | In-hospital Cardiopulmonary Resuscitation at AUBMC: A retrospective review. Other researchers: Dr. G. Jamaledine and H. Tashjian<br>Approval secured from IRB  |                 | X        |         |           |
| El Zein, H., Nasrallah, M., Safadi, B., Soueid, A., Sibai, A., Nouredine, S., Heath, R., Mahfoud, Z. | Integrated Management of Obesity with/without Ddiabetes in Multi-setting Clinics. Proposal submitted to NIH for funding. Preliminary studies in progress, including chart abstractions on obese patients' demographic and health profiles from the Family Medicine and Dietary Department at AUBMC and Rafik Hariri University Hospital. Also pilot testing of instruments in progress in a prospective study at the outpatient department, AUBMC. | NIH R01         | X        |         |           |

| Name of Investigator   | Title of Study  | Funding Sources | Status   |         |           |
|--|---|-----------------|----------|---------|-----------|
|  |   |                 | Starting | Ongoing | Completed |
| El Zein, H., Nabulsi, M., Ghaddar, M., Nouredine, S., Najjar, D., and Barhoumi, A. | Pediatric Obesity: Integrated School Intervention and Clinical Management.                  | NIH R01         | X        |         |           |
| Dina Shehab  | Pain in Children with Cancer. Proposal writing.<br>Other researcher: Dr. H. Abu-Saad Huijer |                 | X        |         |           |

## B. Scholarly Publications

- Abu-Saad Huijjer, H., Dimassi, H. (2007). Palliative care in Lebanon: knowledge, attitudes, and practices of physicians and nurses. *Lebanese Medical Journal*, 55(3), 121-128.
- Abu-Saad Huijjer, H. (Ed.). (2006). [Special Issue on Nursing in the Middle East]. 100 years of nursing education at AUB. *Journal of Transcultural Nursing*, 17 (4), October.
- Abu-Saad Huijjer, H. (2006). [Editorial]. 100 years of nursing education at the American University of Beirut (AUB): A milestone in international nursing. *Journal of Transcultural Nursing*, 17 (4), 325-326.
- Abu-Saad Huijjer, H., Balian, S. & Arevian, M. (2006). Cherishing the past: Hundred years of nursing education at American University of Beirut. *Journal of Transcultural Nursing*, 17(4), 327-332.
- Arevian, M., Noureddine, S., & Kabakian, T. (2006). Raising awareness and providing free screening improves cervical cancer screening among Lebanese/Armenian women. *Journal of Transcultural Nursing*, 17, 357-364.
- Bruchem-van de Scheur, G. G., van der Arend, A. J. G., Huijjer Abu-Saad, H., Spreeuwenberg, C., van Wijmen, F. C. B., ter Meulen, R. H. J. (accepted). The role of nurses in euthanasia and assisted suicide in the Netherlands. *Journal of Medical Ethics*.
- Bruchem-van de Scheur, G. G., van der Arend, A.J.G., Spreeuwenberg, C., Huijjer Abu-Saad, H., & ter Meulen, R. H. J. Euthanasia and physician-assisted suicide in the Dutch homecare sector: The role of the district nurse. *Journal of Advanced Nursing*, 58(1), 44-52.
- Craig, F., Abu-Saad Huijjer, H., Benini, F., Kuttner, L., Wood, C., Cornaglia, P., & Zernikow, B. (2007). IMPaCCT: standards for paediatric palliative care in Europe. *European Journal of Palliative Care*, 14(3), 109-114.
- De Jong, N., Kester, A. D. M., Schouten, H. C., Huijjer Abu-Saad, H., Courtens, A. M. (2006). Course of fatigue between two cycles of adjuvant chemotherapy in breast cancer patients. *Cancer Nursing*, 29(6), 467-477.
- De Jong, N., Kester, A. C., Huijjer Abu-Saad, H., Courtens, A. M. (2007). Course

- of fatigue between two cycles of adjuvant chemotherapy in breast cancer patients. (Dutch). *Oncologica*, 3, 26-39.
- Doumit, M. A. A., Abu-Saad Huijjer, H., Kelley, J. H. (2007). The lived experience of Lebanese oncology patients receiving palliative care. *European Journal of Oncology Nursing*, 11, 309-319. Available online 7 May 2007. <http://www.sciencedirect.com/science>
- Farhood, L., Dimassi, H., Lehtinen, T. (2006). Exposure to war related traumatic events, prevalence of PTSD and general psychiatric morbidity in a civilian population from southern Lebanon. *Journal of Transcultural Nursing*, 17(4), 333-340.
- Gebara, J. & Tashjian, H. (2006). End-of-life practices at a Lebanese hospital: Courage or knowledge? *Journal of Transcultural Nursing*, 17(4), 381-388.
- Ghaddar S., Dimassi H., & Bank L. (2006). Dietary calcium intake of 1,200 mg/dl may have negative correlation on percent body fat: A cross sectional study. *Topics in Clinical Nutrition*, 21( 4): 284-292.
- Goldsteen, M., Houtepen, R., Proot, I. M., Huijjer Abu-Saad, H., Spreeuwenberg, C., Widdershoven, G. (2006). What is a good death? Terminally ill patients dealing with normative expectations around death and dying. *Patient Education and Counseling*, 54, 378-386 <http://dx.doi.org/10.1016/j.pec.2006.04.008>
- Jamali, F. R., Soweid, A. M., Dimassi, H., Bailey, C., Leroy, J., Marescaux, J., (accepted). Evaluating the difficulty of colorectal surgery. *Archives of Surgery*.
- Kraag, G., van Breukelen, G., Lamberts, P., Vugts, O., Kok, G., Fekkes, M., Huijjer Abu-Saad, H. (2007). Process evaluation of "Learn young, learn fair"; a stress management programme for 5th and 6th graders. *School Psychology International*, 28(2), 206-219.
- Kurdahi-Badr, L., Abdallah, B., Balian, S., Tamim, H., Hawani, M. (2007). The chasm in neonatal outcomes in relation to time of birth in Lebanon. *Journal of Neonatal Nursing*, 26(2), 97-102.
- Noureddine, S., Arevian, M., Adra, M., Puzantian, H. (in press). Do Lebanese men and women differ in their response to ACS symptoms? *American Journal of Critical Care*.

- Peters, M., Vydelingum, V., Abu-Saad Huijjer, H., Dowson, A. (2007). Migraine and chronic daily headache management: implications for primary care practitioners. *Journal of Nursing and Healthcare of Chronic Illness*, in association with *Journal of Clinical Nursing*, 16, 7B, 159–167.
- Proot, I. M., ter Meulen, R. J., Huijjer Abu-Saad, H., & Crebolder, F. J. M. (2007). Supporting stroke patients' autonomy during rehabilitation. *Nursing Ethics*, 14 (2): 229-241. <http://dx.doi.org/10.1177/0969733007073705>
- Ramelet, A. S., Rees, N., McDonald, S., Bulsara, M. K., Huijjer Abu-Saad, H. (2006). Development and preliminary testing of the Multidimensional Assessment of Pain Scale: MAPS. *Pediatric Anesthesia*, 1-8.

## Reports

- Arevian, M., Chadarevian, A. B., El Roueiheb, Z. (2006). *Knowledge, perceptions, and practices of young people in Borj Hammoud community regarding reproductive tract infections*. Published in a special report by UNFPA.
- Dumit, N. (2006). *School book content analysis of reproductive and sexual health*. Educational Center for Research and Development (ECRD) and UNFPA.
- Elie G. Karam, John A. Fayyad, Mariana M. Salamoun, Maya M. Debs, Caroline C. Tabet, Youmna Cassir, Mira Dimashkieh, Hani Dimassi, Lynn Farah, Rania Hajjar, Aimee N. Karam, Lara Mekhael, Nathalie Siriani, Lea Sawaya, Christine Tanios, Marina Tcheurekjian, and Zeina Mneimneh. (August 2007). *Assessment study of psychosocial status of children and adolescents in the south of Lebanon and southern suburbs of Beirut after the July '06 war (SSSS)*. Report submitted to Handicap International/ ECHO/ EU/ IDRAAC.

## C. Completed PhD Dissertations supervised

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### Huda Abu-Saad Huijjer

- Nynke de Jong. *Fatigue in breast cancer patients receiving adjuvant chemotherapy*. University of Maastricht, the Netherlands, 2007. (Chair/

Promotor).

- Gerda Kraag. *Learn young, learn—development and evaluation of a stress management programme for Fifth and Sixth Graders*. University of Maastricht, the Netherlands. Defended September 2006. (Chair/Promotor).
- Anne-Sylvie Ramelet. *The development of a multidimensional pain assessment scale for critically ill preverbal children*. School of Nursing and Midwifery-Curtin University of Technology, Australia, October 2006.

## D. Editorial Positions

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### Mary Arevian

2006–present Reviewer, *Journal of Transcultural Nursing*  
 2006 Reviewer, *Journal of Interprofessional Care*

### Myrna Doumit

2007 Reviewer, *Collegian Journal*  
 2007 Reviewer, *European Journal of Oncology Nursing*

### Laila Farhood

2000–present Reviewer for *Dirasat*, a scientific publication of Jordan University  
 2006–present Reviewer, *Journal of Transcultural Nursing*  
 2006–present Reviewer, *Journal of Interprofessional Care*  
 2007 Reviewer, *Journal of Clinical Practice and Epidemiology in Mental Health*

### Huda Abu-Saad Huijjer

1994–present Member of Advisory Board, *International Journal of Nursing Studies*  
 1999–present Member of the Advisory Board, *Journal of Transcultural Nursing*  
 2000–present Member, Editorial Board, *Scandinavian Journal of Caring Science*  
 2002–present Member of Editorial Board, *The Suffering Child*  
 2003–present Member of Editorial Board, *Journal of Supportive Palliative and*

*Cancer Care*

- 2005-present Member of Editorial Board, *Journal of Nursing Scholarship*  
 2006-present Member of Editorial Board, Japanese Journal of Nursing Science  
 1995-present Reviewer, Clinical Journal of Pain  
 1998-present Reviewer, Social Science and Medicine  
 1998-present Reviewer, Clinical Nursing Research  
 2002-present Reviewer, Pain  
 2005-present Reviewer, Journal of Interprofessional Care  
 2005-present Reviewer, Lancet

**Jane Kelley**

- 1990-present Editorial Review Committee, *Nursing Diagnosis*, 1990-95.  
 1995-present Editorial Advisory Board, *Nursing Diagnosis* (title changed 2000 to *Journal of Nursing Language and Classification*. Journal changed name in 2002 to *International Journal of Nursing Languages and Classifications*)  
 1993-present Editorial Advisory Board, *Journal of Holistic Nursing*  
 2006-present Reviewer, *Journal of Transcultural Nursing*

**Samar Nouredine**

- 2006-present Reviewer, *Journal of Transcultural Nursing*  
 2004-present Editor, *Order of Nurses Newsletter*

**E. Scientific and Research Grant Reviews**

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**Huda Abu-Saad Huijer**

- 2006-07 Reviewer, Dutch Organization for Scientific Research, NWO, the Netherlands  
 2006-07 Reviewer, Austrian Science Fund  
 2006-present Reviewer of International Association for the Study of Pain (IASP) Collaborative Research and other Grants: John J.

- Bonica Trainee Fellowship, Scan/Design Bruun Foundation Fellowship,. Patrick D. Wall Young Investigator Award (for Basic Science), Ulf Lindblom Young Investigator Award (for Clinical Science), Ronald Dubner Research Prize  
 2007 International reviewer, Marsden Fund, New Zealand  
 2006-07 External Assessor, Personal Chair, Dr. Julie Taylor; School of Nursing and Midwifery, University of Dundee, Scotland, UK

**Hani Dimassi**

- 2007 Reviewer of research proposals, Faculty of Medicine Research Committee and Faculty of Health Sciences, AUB

**Myrna Doumit**

- 2007 Reviewer of research proposals, URB, AUB

**Samar Nouredine**

- 2007 Reviewer of research proposals from Faculty of Engineering and Architecture and Faculty of Agricultural and Food Sciences, AUB.

**F. Scientific Lectures**

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**Mary Arevian**

- Arevian, M. *Ethical dilemmas challenging the health care team members in dealing with adolescents related to sex practices and STIs*. Presented at the workshop for health providers, How to Approach Reproductive Tract Infections in Young People, organized by UNFPA, Lebanese Ministry of Public Health, and ARCL. Beirut, Lebanon, May 11-12, 2007.
- Arevian, M. *Governing an organization*. Presented at the workshop for preparing volunteer women for the Armenian Relief Cross in Lebanon (ARCL), organized by the Regional Executive Committee of the ARCL, Beirut, Lebanon, May 18, 2007.

- Arevian, M. *Reproductive tract infections (RTIs) among young people: A social franchising approach to prevention*. Paper presented at the 18th International Nursing Research Congress, organized by the Honor Society of Nursing Sigma Theta Tau International, Vienna, Austria, July 11-14, 2007.

#### Myrna Doumit

- Doumit, M. *The lived experience of Lebanese oncology patients receiving palliative care*. Paper prepared for the workshop organized by the Pain Relief and Palliative Care Workgroup under the auspices of the Lebanese Cancer Society, June 16, 2007, Beirut, Lebanon. (Postponed).

#### Hani Dimassi

- Karam, E. G., Fayyad, J., Karam, A. N., Cordahi Tabet, C., Mneimneh, Z., Dimassi, H., and Melhem N. *Effects of war on mental health of Lebanese children and adolescents: Prospective outcome and treatment*. Presented at the European Society of Child and Adolescent Psychiatry (ESCAP) Congress. Florence, Italy, August 2007.
- Karam, E. G., Mneimneh, N. M., Nasser, S. C., Dimassi, H., Helbaoui, M. M., Fayyad, J. A. & Karam, A. N. *Pharmacotherapy use in mental health disorders in Lebanon*. Paper presented at ACCP, June 2006.
- Dimassi, H. *Role of statistics in research*. Presented at El Iman Hospital, Riyadh, KSA, June 2007.

#### Laila Farhood

- Farhood, L. *Depression and anxiety and their impact on the family*. Presented at the Center for Women Empowerment, Beirut, Lebanon, March 16, 2007.
- Farhood, L. *Psycho-social support for cancer patients*. Presented at 3rd congress organized by the Lebanese Order of Physicians-Tripoli entitled Palliative and Supportive Care for Cancer Patients, March 31, 2007.
- Farhood, L. *Interventions in situ during and after the July war: the WHO experience*. Presented at the Annual Epidemiological Society meeting. Beirut, Lebanon, November 2006 and Psychosocial care of citizens affected by the war. Presented to the Lebanese Psychiatric Society, Dec 9, 2006.

- Farhood, L. *Mental health in emergencies: Emergency mental health first aid*. Presented at the World Health Organization (WHO) Conference on emergency preparedness course-Lebanon. Beirut, Lebanon, July 23-28, 2007, Beirut, Lebanon.
- Farhood, L. *Psychiatric morbidity in South Lebanon: PTSD and depression*. Presented at the International Congress of Psychosomatic Medicine, Canada, August 25-31, 2007.
- Farhood, L. *Research studies on war trauma—impact on civilian population*. Presented at the International Society for Traumatic Stress Studies, 23rd Annual Meeting, Baltimore, Maryland, November 2007.

#### Huda Abu-Saad Huijjer

- Huijjer Abu-Saad, H., (Chair). Invitational Meeting, Pediatric Palliative Care. Maruzza Le Febvre D'Ovidio Foundation, Rome, Italy, October 16-17, 2006.
- Huijjer Abu-Saad, H. *Interprofessional education in pediatric palliative care: A must*. Pediatric Palliative Care Conference, Milan, Italy, November 7-8, 2006.
- Huijjer Abu-Saad, H. (Keynote Speaker). King Fahd Medical City, Riyadh, Saudi Arabia, March 4-5, 2007.
- Huijjer Abu-Saad, H. *Symptom prevalence in pediatric palliative care*. International Pediatric Nursing Symposium, King Fahd Medical City, Riyadh, Saudi Arabia, March 4-5, 2007. (Invited).
- Huijjer Abu-Saad, H. *Evidence-based palliative care in children*. Presented at conference on Palliative and Supportive Care for Cancer Patients organized by Lebanese Order of Physicians, Tripoli, Lebanon, March 31, 2007. (Invited).
- Huijjer Abu-Saad, H. *Palliative care in Lebanon: knowledge, attitudes, and practices of physicians and nurses*. Presented at Faculty of Health Sciences Research Seminars, AUB, Beirut, Lebanon, April 12, 2007.
- Huijjer Abu-Saad, H. (Chair). Task Force on Pediatric Palliative Care in Europe. Symposium organized at the European Association for Palliative Care Congress, Budapest, Hungary, May 6-10, 2007.
- Huijjer Abu-Saad, H. *Palliative care in Lebanon*. For presentation at workshop organized by the Pain Relief and Palliative Care Workgroup under the auspices

of the Lebanese Cancer Society, Beirut, Lebanon, June 16, 2007. (Postponed).

#### May Khoury

- Khoury, M. *Zooming into medical ethics group. Teaching ethics: What movies offer.* Presented at the 18<sup>th</sup> Wonca World Conference: Genomics and Family Medicine, Singapore, July 24-27, 2007. Represented by Dr. Bassem Saab. The group is made up of the following societies and departments at AUB: the Family Medicine Department, the Nursing Services Department (AUBMC), the School of Nursing represented by May Khoury, the Lebanese Medical Students International Committee, the Nursing Student Society, the Resident Staff Organization, the Internal Medicine Residents Society, and the Internal Medicine Residents Society-Cine Club.
- Khoury, M. *Education of palliative care at nursing schools.* Prepared for presentation at the Workshop on Pain Relief and Palliative Care Originally planned for June 16, 2007. (Postponed).

#### Samar Nouredine

- Nouredine, S. *Response to symptoms of acute coronary syndromes: The influence of past experience in a sample of Lebanese patients.* Presented at the 39<sup>th</sup> Biennial convention of the Sigma Theta Tau Honor Society in Baltimore, Maryland, November 3-7, 2007.
- Nouredine, S. *Dealing with bereaved families in the ER: The nurse's role.* Presented at the first nursing conference in Southern Mount Lebanon, Nursing Care in the Emergency Room, in Baaklin, Chouf, Lebanon, May 26, 2007.
- Puzantian, H. and Nouredine, S. (2006). *The need for structured nursing care in clinical trials.* Paper presented by the first author at the 7<sup>th</sup> Interdisciplinary Research Conference: Transforming Health Care through Research, Education and Technology at the University of Dublin, Trinity College, Ireland, November 8-10, 2006.

## VII. Professional Practice/Service



### Mary Arevian

- Prevention of Substance abuse: Train the Trainers, program development, Oxfam Quebec Fund for Social Development, Canada.
- Reproductive tract infections among young people, UNFPA. Wrote final report.
- Chaired the organizing committee of the workshop for health professionals, How to Approach Reproductive Tract Infections among Young People.
- Prepared a module for the Lebanese Ministry of Public Health on measles immunization.

### Jouhayna Bejjani-Gebara

- Clinical Expert, Department of Psychiatry, April-September 2007. Activities included the preparation of self-study modules for nurses who will be involved in the psychiatry unit.
- Mental health trainer, WHO, Lebanon, October 2006 and April/May 2007. The primary purpose of the WHO project was to train primary care physicians and health workers in the south of Lebanon in psychosocial interventions for war victims. This project came in response to the recent war in Lebanon that took place in July 2006. Main responsibilities included preparing and presenting sections about caring for one's own emotional well-being during times of war as well as the psychosocial interventions for post-war populations. Currently, this endeavor has extended to other parts of Lebanon (the Beqa'a, Tripoli...etc.); however, it has been postponed due to the recent conflict in the north of Lebanon.
- Basic Life Support (BLS) provider.

### Laila Farhood

- Clinical Associate, Department of Psychiatry, FM (one day per week). Clinical activities include psychiatric assessment and psychotherapy (individual, couple, and family therapy).
- Involved in organizing workshops on mental health relief to internally displaced individuals (IDP) and families. The aim was to help mental health workers (psychologists, medical students, residents, and nurses) help IDP (train the trainers) September-October 2006. AUBMC Psychiatry Department.
- Mental health coordinator for Lebanon (WHO) July 2006 to May 2007;

coordinated the mental health relief efforts in Lebanon: "Mental Health and Psychosocial Care of Citizens Affected by the War."

- Reappointed to WHO expert advisory panel on nursing, 2007-09.

### Myrna Doumit

- Initiator of a cancer patients' support group at AUBMC. Activity will start September 2007.
- Member of the organizing committee of the 2008 Marathon for Breast Cancer Patients in Lebanon.

### Nuhad Dumit

- Served on the Colloquium Examining Committee, June 2006
- Lead investigator in the school book content analysis for reproductive and sexual health, Center for Educational Research and Development, Ministry of Education, supported by the UNFDP.
- Consultant to the Syrian Ministry of Health; designing nursing curriculum to be proposed to the Syrian Ministry of Higher Education. Funded by WHO.
- Development of a proposal for a hybrid RN-BSN program for the King Fahd Medical City (KFMC).

### Huda Abu Saad Huijjer

- Chair of scientific committee of Lebanese Society for the Study of Pain. Organized a scientific conference, Update on Pain Management in Lebanon, November 2006 (postponed).
- Co-organizer of the Workshop on Palliative Care in Lebanon, Pain Relief and Palliative Care Working Group, under the auspices of the Lebanese Cancer Society (postponed).
- Development of the Mohammad Almana' College of Health Sciences in close collaboration with faculty members from SON, FM, FAS, and the REP Office. Meetings and consultations ongoing.
- Development of a proposal for a school of nursing in Abu-Dhabi in close collaboration with REP.
- Development of a proposal for a school of nursing in Dubai.



- Development of a collaborative proposal with KFMC, Riyadh, Saudi Arabia, and a proposal for a hybrid RN-BSN program for KFMC.
- Cochair, Steering Committee, Pediatric Palliative Care in Europe, funded by the Maruzza LeFebvre Foundation.
- Appointed by the Minister of Health to serve on the Steering Committee of the National Nursing Development Project (NNDP). Contributed to the development of the National Nursing Plan, the Scope of Nursing Practice, the law governing the practice of nursing in Lebanon, and to the development of the nursing competencies for the assistant nurse, nurse, and advanced practice nurse.

#### Jane Kelley

- Nursing Services Department (AUBMC) Communication Task Force. Consultant and facilitator for team-based initiative until January 2007.

#### May Khoury

- Zooming into Medical Ethics. Teaching Ethics: What movies offer. Member of a multidisciplinary group at AUB coordinating this effort.

#### Samar Nouredine

- Served as member of the examining committee of applicants to the position of nursing director for the Rafik Hariri University Hospital by the Council of Civil Service. Twelve applicants interviewed and their files reviewed, June 18 and 19, 2007.
- Acted as president of the first nursing conference in Southern Mount Lebanon entitled Nursing Care in the Emergency Room, May 26, 2007.
- Developed and pilot tested a survey for the National Nursing Development Program, Ministry of Public Health on the profile, working conditions, continuing education needs, and job satisfaction of nurses at government hospitals; gave a training session for data collectors, March through May, 2007.
- Served on the Colloquium Examining Committee, June 2006.
- Elected council member, Order of Nurses in Lebanon and Chair, Scientific Committee, Order of Nurses in Lebanon until April 2007. The major achievement was developing the Scope of Practice Document in English and Arabic.

## VIII. Third International Nursing Conference

- The Third International Nursing Conference, “Bridging Cultures: Developing the Capacity of Nursing,” is planned to take place June 18-20, 2008 at the American University of Beirut, Lebanon.
- This conference is planned with a number of objectives in mind. We believe nursing is at the core of the health care professions, and its key role in health care is increasingly being recognized by other disciplines and policy makers in Lebanon, in the region, and internationally. The nursing shortage and the migration of nurses have a number of global ramifications which span the economic, social, educational, and health systems in developing and developed countries.
- The conference aims to address the current global issues in nursing and discuss culturally relevant ways to develop the capacity of nursing. We aim to have a forum where speakers from various continents discuss their perspective and experiences on the pivotal position of nursing. The main issues to be addressed include
  1. The impact of migration of the nursing workforce on the economics of both exporting and importing countries.
  2. The impact of nursing shortage and migration on health care, including patient outcomes and cultural differences between health providers and care recipients.
  3. The impact of nurses’ migration on the families of nurses, who are mostly women.
  4. The policy and educational ramifications of nursing shortage and migration.
  5. The experience of various cultures in developing the capacity of nursing and strategic implications.

## IX. REP/Gulf Activities

- The Mohammad Almana' College of Health Sciences (MACHS) project in Al-Khobar, KSA, which includes Divisions of Nursing, Pharmacy, and Medical Laboratory Technology, is ongoing. Activities included consultations on the orientation year, assistance with faculty recruitment and selection, assistance with program development, and other logistics. A number of meetings took place in Beirut with Dr. Aisha Almana' and the project team. A follow-up proposal was funded for three years.
- A full proposal was submitted to the Institute of Applied Technology (IAT), Abu-Dhabi, UAE, responding to an RFP to develop a school of nursing in the UAE.
- Follow-up contacts were made with the Saudi Institute for Health Services (SIHS) in Jeddah to plan collaborative projects with AUB SON.
- A proposal was submitted to establish a college of nursing in Dubai.
- A proposal was submitted to the King Fahd Medical City elaborating possible collaborative plans including a college of nursing and a hybrid RN-BSN program. A follow up conference call to discuss collaborative efforts took place in July 2007.
- The AUB SON was visited by a number of delegations from the Ministry of Health, Kuwait, and King Bin Abdul Aziz University, Riyadh Saudi Arabia.

## X. Honors, Awards, and Recognitions

- Nuhad Dumit received the AUB Teaching Excellence Award.
- Dr. Laila Farhood received the Suad Sabbah Recognition for distinguished research from the AUB Alumni Association.
- Dr. Huda Abu-Saad Huijer was Honorary Visiting Professor, Maastricht University, the Netherlands, until 2007.
- Dr. Huda Abu-Saad Huijer became adjunct professor, Johns Hopkins University School of Nursing, USA, effective 2006.
- Dr. Samar Noureddine became adjunct assistant professor, Johns Hopkins University School of Nursing, USA, effective 2006.
- Dr. Laila Farhood was featured in three TV programs on stress, anxiety, and coping after the July war, October/November 2006 and April 2007.
- Dr. Huda Abu Saad Huijer was featured in three TV programs on pain management.

## XI. MSN STUDENTS PROJECTS AND THESIS

| Name             | Type    | Title  | Committee Members   | Defense Date      |
|------------------|---------|--|---|-------------------|
| Lina Younan      | Project | The Administrative Nursing Process   | Dr. Jane Kelley (chair)<br>Dr. Huda Abu-Saad Huijjer (second reader)  | January 25, 2006  |
| Cheryl El-Sadr   | Project | Development of a Self-Learning Module: "Pharmacological Management of Cancer-Related Pain in Adults"   | Dr. Jane Kelley (chair)<br>Dr. Samar Nouredine (second reader)  | June 15, 2006     |
| Rafika Zaatari   | Project | Weaning of Mechanical Ventilation: A Proposed Protocol   | Dr. Samar Nouredine (chair)<br>Dr. Myrna Doumit (second reader)   | February 5, 2007  |
| Rida Gharzeddine | Thesis  | Prevalence of Cardiovascular Risk Factors and Their Relation to PTSD Symptoms among Civilian Population Exposed to Israeli Occupation in South Lebanon | Dr. Hani Dimassi (chair)<br>Dr. Samar Nouredine,<br>Dr. Bassem Saab, Dr. Laila Farhood, (committee members) | February 23, 2007 |

| Name               | Type    | Title   | Committee Members   | Defense Date |
|--------------------|---------|---|---|--------------|
| Amani Bayrakdar    | Thesis  | Quality of Life of Lebanese Youths with Type 1 Diabetes: CSII vs. MDI   | Dr. Samar Nouredine (chair)<br>Dr. Laila Farhood,<br>Dr. Mona Nasrallah (members) | May 10, 2007 |
| Nada Nassar        | Project | Assessment of Nurse Management Team Competencies at AUBMC: A Step Towards Leadership Development in Succession Planning | Dr. Huda Abu-Saad Huijjer (chair)<br>Dr. Hani Dimassi (second reader)             | May 24, 2007 |
| Sana Abou Mikdashi | Project | A Wound Care Center: Review and Recommendations   | Dr. Samar Nouredine (chair)<br>Dr. Myrna Doumit (second reader)                   | May 28, 2007 |
| Christiane Firzli  | Project | The Role of Nurses in Patient Education in a Hospital Setting: Instrument Development                                   | Dr. Huda Abu-Saad Huijjer (chair)<br>Dr. Keith Cash (second reader)               | May 29, 2007 |

| Name          | Type    | Title  | Committee Members   | Defense Date |
|---------------|---------|--|---|--------------|
| Kathia Kozman | Project | Residency for the Advanced Beginner Nurse: Curriculum Development Process                                | Dr. Huda Abu-Saad Huijer (chair)<br>Dr. Laila Farhood (second reader) | May 29, 2007 |
| Mohamad Fakih | Project | Needs Assessment and Marketing Plan for Establishing a Home Care Department at Makassed General Hospital | Dr. Huda Abu-Saad Huijer (chair)<br>Dr. Hani Dimassi (second reader)  | May 30, 2007 |
| Dina Wanna    | Project | Retaining Employees Through Motivation   | Dr. Huda Abu-Saad Huijer (chair)<br>Dr. Hani Dimassi (second reader)  | May 30, 2007 |
| Rima Jabbour  | Project | Exploring the Use of Flexible Scheduling to Improve Staffing at the Emergency Unit                       | Dr. Laila Farhood (chair)<br>Dr. Hani Dimassi (second reader)         | June 5, 2007 |

| Name              | Type    | Title  | Committee Members  | Defense Date     |
|-------------------|---------|--|--|------------------|
| Grace Khatcherian | Project | Elderly Fall Assessment and Prevention Protocol in a Hospital Setting                              | Dr. Samar Nouredine (chair)<br>Dr. Huda Abu-Saad Huijer (second reader)        | June 5, 2007     |
| Suha Ballout      | Thesis  | Psychometric Evaluation of the Arabic Brief Pain Inventory on a Sample of Lebanese Cancer Patients | Dr. Samar Nouredine (chair)<br>Dr. Huda Abu-Saad Huijer,<br>Dr. Ghassan Kanazi | October 24, 2007 |
| Nina El-Khatib    | Thesis  | Self-Care in a Sample of Lebanese Heart Failure Patients   | Dr. Samar Nouredine (chair)<br>Dr. Huda Abu-Saad Huijer,<br>Dr. Samir Arnaout  | October 29, 2007 |

| Name                | Type    | Title  | Committee Members  | Defense Date     |
|---------------------|---------|--|--|------------------|
| Sarah Abboud        | Thesis  | Quality of Life in HIV/AIDS Patients in Lebanon                  | Dr. Samar Nouredine (chair)<br>Dr. Huda Abu-Saad Huijjer,<br>Dr. Jocelyn De Jong | October 30, 2007 |
| Nariman Iskandarani | Project | Nurses Readiness for E-Learning in Continuing Education at AUBMC | Dr. Laila Farhood (Chair)<br>Mrs. Nuhad Dumit (second reader)                    | October 31, 2007 |